

**Curriculum Vitae
Part I**

PERSONAL DATA

Name: Martha Abshire Saylor, PhD, RN, FHFSA, FAHA

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School of Nursing
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EDUCATION

Year	Degree	Institution	Location
2017	Doctor of Philosophy	The Johns Hopkins University, School of Nursing	Baltimore, MD
2006	Master of Science	University of Maryland, Baltimore School of Nursing	Baltimore, MD
1998	Bachelor of Arts	University Maryland Baltimore County	Baltimore, MD

CURRENT LICENSES

Year	Source	Type
2007-Present	State of Maryland Board of Nursing	RN

PROFESSIONAL EXPERIENCE

Year	Position	Institution	Location
2025 – Present	Associate Professor	Johns Hopkins University School of Nursing	Baltimore, MD
2017-2025	Assistant Professor	Johns Hopkins University School of Nursing	Baltimore, MD
2016-2017	PRN LVAD Coordinator	Johns Hopkins Hospital	Baltimore, MD
2013-2016	PRN RN, CVPCU	Johns Hopkins Hospital	Baltimore, MD
2013-2017	Instructor	The Johns Hopkins University School of Nursing	Baltimore, MD
2012-2013	PRN RN, ICU	Johns Hopkins Hospital IntraStaff	Baltimore, MD
2012	Travel RN, BMT ICU	Johns Hopkins Hospital	Baltimore, MD
2012	Travel RN, MICU	Yale New Haven Hospital	New Haven, CT
2009-2012	Staff RN, CCU	University of Maryland Medical Center	Baltimore, MD
2007-2010	Staff RN	Carroll Hospital Center	Westminster, MD
2000-2004	Cryptanalyst	National Security Agency	Ft. Meade, MD

1999-2000 Spanish Teacher Aberdeen High School Aberdeen, MD

HONORS and AWARDS

2025 Excellence in Research Mentoring Award, Johns Hopkins School of Nursing

2024 - present Fellow of the American Heart Association (FAHA)

2023 - 2028 Mary K. Ousley, RN Johns Hopkins Center for Innovative Medicine Scholar, \$250,000

2023 - present Fellow of the Heart Failure Society of America (HFSA)

2023 Excellence in Research Mentoring Award, Johns Hopkins School of Nursing

2021 Martha N. Hill Early Career Investigator Award, Council on Cardiovascular and Stroke Nursing, AHA

2021 Mixed Methods Research Training Program for the Health Sciences Fellowship

2020 Johns Hopkins Alumni Association Excellence in Teaching Award

2019 Isabel Hampton Robb Faculty Fellowship

2017 Maryland Higher Education Commission, New Nurse Faculty Fellowship, \$20,000

2016 Nursing Research Award, 2nd place, and Travel Award, HFSA

2015-2016 Margaret Tyson Scholarship, Nurses Educational Funds

2014-2015 President, Doctoral Student Organization, JH School of Nursing

2014-2015 Professional Development Award, JH School of Nursing

2013-2014 Social Chair, Doctoral Student Organization, JH School of Nursing

2013 Graduate Nursing Faculty Scholarship and Living Expenses Grant

2013 Sigma Theta Tau, the National Nursing Honor Society inducted to Nu Beta chapter

2012 Silver Beacon Award, University of Maryland Medical Center (UMMC)

2009 Daisy Award, Carroll Hospital Center for Extraordinary Nursing Care

2005-2006 University of Maryland Baltimore School of Nursing Academic Scholarship

2003	Award for Contributions made during Operation Iraqi Freedom
1998	Phi Beta Kappa, University of Maryland Baltimore County
1994-1998	Presidential Scholar, Honors College Fellow, Dean's List, Palomares Award for Service and Excellence in Language

RESEARCH

Sponsored Projects

2025-2026	Using Real-world Data to Understand the Intersection of Heart Failure and Cognitive Impairment. Truveta Pilot. Role: PI, \$5,000
2025-2026	Identifying Family Caregivers of 3 Serious Illness Populations in the EMR. Truveta Pilot. Role: PI, \$5,000
2024 - 2029	CTSA Predoctoral T32 at Johns Hopkins (1T32TR004928) PI: Meredith Atkinson, MD, MHS, funded by NIH/NCATS, Total direct cost: \$2,514,475, Role: Program Co-Director (15% effort)
2023 - 2028	<i>Health expectations after acute respiratory failure in survivor-care partner dyads</i> (RO1HL163660) PI: Turnbull, Alison; funded by National Heart Lung and Blood Institute Role: Co-investigator, 20% effort years 3-5
2023 - 2024	Pragmatic Trial to Improve Communication for primary care patients with ADRD. (5R33AG061882) PI: J. Wolff, funded by the National Institute on Aging, Role: Co-I year 5, 20% effort
2023 - 2024	Involving Family to Improve Advance Care Planning for Primary Care Patients with ADRD, the SHARE trial. (5R01AG058671) PI: J. Wolff, funded by the National Institute on Aging, Role: Co-I year 5, 50% effort
2023 - 2024	Best Practices in Advance Care Planning for Persons with ADRD and their Family Caregivers in the SHARE trial: a mixed methods study. PI: Abshire Saylor. Johns Hopkins Catalyst Award, \$75,000
2022-2024	Institute for Clinical and Translational Research (TL-1 component) UL1TR001079 NIH/NCRR. PI: Daniel Ford, MD Role: TL1 Program Co-Director (15% effort), \$10,632,606
2022-2023	Psychosocial needs of Diverse Women in the year after a Cardiac ICU Stay PI: Abshire Saylor, Johns Hopkins School of Nursing Discovery Award, \$10,000
2021-2023	HEROIC – Heart Failure Resilience Intervention for Caregivers PI: Abshire (K12HD085845, PI: D. Ford), Building Interdisciplinary Research in Women's Health, funded by NICHD Office of Women's Health, 75% effort \$200,000
2020-2022	Institute for Clinical and Translational Research (TL-1 component) UL1TR001079 NIH/NCRR. PI: Daniel Ford, MD Role: TL1 Program Associate Director (5% effort) \$10,632,606
2020-2021	Improving Self-efficacy through A Telenovela Intervention for Caregivers of Patients receiving Hospice Care: Feasibility Study. PI: Cruz-Oliver, Dulce. Role: Co-Investigator. Palliative Care Research Cooperative. \$62,000
2018-2023	Hopkins Center to Promote resilience in persons and families living with multiple chronic conditions (the PROMOTE Center). (5P30NR01809303). PI: Szanton, Sarah L. Role: Pilot Investigator, funded by National Institute of Nursing Research. \$100,000

- 2018-2019 Decision Making at the End of Life: A Mixed Methods Study (R01NR014068). Co-PIs: Gallo, JJ & Nolan, MT. Role: Co-Investigator, funded by National Institute of Nursing Research. 5% effort
- 2018-2019 Patient Reported Outcomes investigation following Initiation of Drug therapy with Entresto (Sacubitril/Valsartan) in Heart Failure (PROVIDE-HF) (CLCZ696BUS17). PI: Mentz, R. Role: Co-Investigator, funded by PCORI. 10% effort
- 2018-2019 The Context of VAD Caregiving: A mixed methods, dyadic study. PI: Abshire, Martha A. Principal Investigator. International Society For Heart and Lung. \$12,000
- 2017-2020 Abshire New Nurse Faculty Fellowship. funded by Maryland Higher Education Commission. \$20,000
- 2015-2017 Physiological and Psychological Stress in Left Ventricular Assist Device Patients (1F31NR015179-01A1) PI: Abshire, Martha A. Principal Investigator. National Institute of Health. \$81,411
- 2014-2016 Physiological and Psychological Stress in Left Ventricular Assist Device Patients. PI: Abshire, Martha A. Principal Investigator. Heart Failure Society of America. \$10,000

PRACTICE

- 2019-2020 Faculty Practice, The Johns Hopkins Hospital, 10% effort

SCHOLARSHIP

Publications (h-index 17, citations 1319 as of October 2025 with 19 papers and 1 book chapter under review)

Peer Reviewed (*data-based, #publications with trainees) Journal Articles

1. *#Tenberg A, Bahouth MN, Clair C, Curriero S, Zink EK, **Abshire Saylor M**. Implementing a strengths-based intervention to support stroke care partners: proof of concept. *Journal of Neuroscience Nursing*. 2026. (in press)
2. *#Cruz-Oliver, D. M., Blinka, M. D., Milner, G. E., Nelson, K. E., Bugayong, M., Durkin, N., ... & **Abshire Saylor, M**. (2025). A Mixed-Methods Analysis of Response to NOVELA Among Hospice Family Caregivers. *American Journal of Hospice and Palliative Medicine*®, 10499091251371149.
3. *#**Abshire Saylor, M**, Hanna, V, Sekhon, VK, Zhang, P, Fassinger, A, Cagle, J, Wolff, JL. (2025) Advance Care Planning and Cognitive Impairment: Care Partner-Reported Quality of Communication. *Journal of Pain and Symptom Management (JPSM)*. (in press)
4. *Cruz-Oliver, D. M., Blinka, M. D., Sloan, D. H., **Abshire Saylor, M**, Reyes, J., Akid, I., ... & Phongtankuel, V. (2025). Development, Feasibility, and Acceptability of a Culturally Tailored Telenovela for Puerto Rican Hospice Family Caregivers. *Hispanic Health Care International*, 15404153251407300.
5. *#Bechthold, AC, Wells, RD, McIlvennan, CK, **Abshire Saylor, M**, Matlock, DD, LeJeune, J, Odom, JN. (2025) "He doesn't really know us, and we don't really know him": A mixed methods study exploring patient-clinician engagement in values-centered discussions. *Journal of Cardiovascular Nursing*. (in press)
6. *#Roberts, SJ, **Abshire Saylor, M**, Roberts, SJ, Ivynian, S, DiGiacomo, M. (2025) Data saturation and information power: Sample size in qualitative research – when is enough and how to assess? *European Journal of Cardiovascular Nursing* (in press, invited)
7. #Li, Z, Lu, FY, **Abshire Saylor, M**, Wu, JY, Reynolds, N, Wang, J, Hwang, H, Wang, H,* Wenzel, J (joint senior author). (2025) Characteristics and effectiveness of nurse-led family communication interventions in the ICU: A systematic review and meta-analysis. *Critical Care Medicine* (in press)

8. Schoenborn NL, Beeber AS, Dukhanin VA, Green AR, McDermott CL, Ornstein KA, Sloan CE, Vick JB, **Abshire Saylor M.** (2025) Examining medical interventions in older adults with limited life expectancy – opportunities and challenges for de-implementation. *Sage Open Aging.* (in press)
9. ***#Abshire Saylor, M.,** Taylor, J. L., Liu, Y., Jung, W., Spaulding, E. M., & Ornstein, K. A. (2025). Caregiving activities and activity-limiting pain among African American caregivers. *Journal of Pain and Symptom Management.* (in press)
10. ***#Thai, G. H., Hanna, V., Zhang, P., Green, C. M., Cagle, J., Wolff, J. L., & Abshire Saylor, M.** (2025). Asking Older Adults With Impaired Cognition and Care Partners About Serious Illness Experiences Can Elicit Goals of Care During Advance Care Planning. *American Journal of Hospice and Palliative Medicine®*, 10499091251367337.
11. ***Ballew, S. H., Garcia Morales, E. E., Zhang, W., Abshire Saylor, M., Powell, D. S., Pike, J. R., ... & Ornstein, K. A.** (2025). Mortality and hospitalization among older caregivers: Results from the Atherosclerosis Risk in Communities Study. *The Journals of Gerontology, Series A: Biological Sciences and Medical Sciences*, 80(10), glaf182.
12. ***# Qian, Y., Pomeroy, M. L., Petchler, C. M., Abshire Saylor, M., Cudjoe, T. K., & Ornstein, K. A.** (2025). The epidemiology of social isolation and loneliness among family and unpaid caregivers of older adults: Findings from the National Study of Caregiving. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, gbaf101.
13. ***#Qian, Y., Pomeroy, M. L., Abshire Saylor, M., Petchler, C., Cudjoe, T. K. M., & Ornstein, K. A.** (2025). Together, but isolated: A dyadic study of social isolation in older adults and caregivers. *Journal of Aging and Health*, 08982643251367236.
14. **#Samuel, LJ, Abshire Saylor, M, Lutz, M, Choe, MY, Wright, RS, Kim, B, Szanton, SL, Nkimbeng, M, Mena-Carrasco, F, Austin, R, Perrin, E.** (2025) Financial Strain and Child Health: Measures and Evidence from a Systematic Literature Review. *American Journal of Pediatric Medicine Focus*, 100337.
15. ***Bidwell, J.T., Fauer, A.J., Howe, R.J., Abshire Saylor, M., Lee, C.S., López, J.E., Godden, M., & Hinton, L.** (2025). Older adults with cardiovascular disease and their care partners: An analysis of care needs, care activities, and care partner stress and mental health. *Journal of Cardiovascular Nursing*, 10-1097.
16. **Graven, LJ & Kitko, L (joint first authors), Abshire Saylor, M, Allen, L, Durante, A, Evangelista, LS, Fieldler, A, Kirkpatrick, J, Mixon, L, Wells, R.** (2025) Palliative Care and Advanced Cardiovascular Disease in Adults: Not Just End of Life Care. *Circulation*.
17. ***#Betchold, Abshire Saylor, Wells.** (2025) Lessons Learned from Two Research Studies Enrolling Underrepresented Patients with Ventricular Assist Devices and their Family Caregivers. *Journal of Cardiac Failure.* (in press)
18. ***# Degroot, L., Miller, H., Pavlovic, N. V., & Saylor, M. A.** (2025). Don't Count Them Out: Recruitment Strategies for Older Adults With Heart Failure. *Journal of cardiac failure.*
19. ***#Abshire Saylor, M, Hanna, V, Zhang, P, Thai, GH, Green, CM, Cagle, JG, Wolff, JL.** (2025) Advance Care Planning in Adults Ages 80 Years and Older with Impaired Cognition: Using Actual Conversations to Examine Best Practices. *Alzheimer's & Dementia.* 21(1), e14331.
20. **Buck, H; Durante, A; Howland, C; Aldossary, H; Bidwell, J; Irani, E; Liebzeit, D; Massouh, A; Abshire Saylor, M; Stawnychy, M; Graven, L.** (2025) Examining Heart Failure informal care partners using person and system levels and domains: A meta-synthesis. *Western Journal of Nursing.*, 01939459251314716.
21. **Abshire Saylor, M, Scerpella, D, Chapin, M, Jajodia, A, Kadali, A, Colburn, J, Cotter, V, Wolff, JL.** (2025) Developing archetypes for key roles in a pragmatic trial: implementing human-centered design to promote advance care planning in primary care. *Implementation Science Communications*, 6(1), 3.
22. **Chuzi, S, Abshire Saylor, M, Allen, LA, Desai, AS, Feder, S, Goldstein, NE, Groninger, H, Kirkpatrick, JN, Tulskey, JA, Steiner, JM, Lever, N, Lewis, E, Warraich, HJ.** (2025) Integration of Palliative Care into Heart Failure Care: Consensus-Based Recommendations from the Heart Failure Society of America. *Journal of Cardiac Failure.*
23. ***Wolff, JL; Scerpella, D; Giovanetti, ER; Roth, DL; Hanna, V; Hussain, N; Colburn, JL; Abshire Saylor, M; Boyd, CM; Cotter, V; McGuire, M; Rawlinson, C; Sloan, DH; Richards, TM; Walker, K; Smith, KM; Dy, SM**

- and the SHARING Choices Investigators. (2025) Advance care planning, end-of-life preferences, and burdensome care: a pragmatic cluster randomized clinical trial. *JAMA internal medicine*, 185(2), 162-170.
24. #Samuel, LJ, **Abshire Saylor, M**, Choe, M, Wright, RS; Kim, B ; Nkimbeng, M; Mena-Carrasco, F ; Baek, J ; Szanton, SL. (2024) Financial strain measures and associations with adult health: A systematic literature review. *Social Science & Medicine*, 117531.
 25. *#Fisher, M; Perrin, NA; Crews, DC; Eneanya, ND; Gallo, JJ; Hardy, BE; Nelson, KE; Owusu, L; Petchler, CM; **Abshire Saylor, M**; Nolan, MT. (2024) *Factors that Facilitate Informal Advance Care Planning Conversations with Family: A Cross-Sectional Survey of Black Adults with Kidney Failure*. *American Journal of Hospice and Palliative Medicine*®, 10499091241298280.
 26. *#Pavlovic, NV, Matsushita, K, Himmelfarb, CR, **Abshire Saylor, M**, Commodore-Mensah, Y, Leoutsakos, J, Lee, C, Shah, A, Chang, PP, Ndumele, C. (2024) Association of Fatigue Subtype with Outcomes in Adults with Prevalent Heart Failure: The ARIC Study. *JACC: Heart Failure*. 13(1), 182-184.
 27. #Witham, G, Regier, N; **Abshire Saylor, M**; Allgood, S; Curriero, S; Gray, T; Gunes, E; Hansen, B; Levy, R; Nelson, K; Petchler, C; Singer Cohen, R; Wright, R. (2024) A scoping review of global patterns in reporting race, ethnicity, nationality or religion in palliative care randomised controlled trials: Recommendations for transparency. *Palliative Medicine*. 02692163241291352.
 28. *#**Abshire Saylor, M**, Qian, Y, Hladek, MD, Blinka, MD, Szanton, SL, Fabius, CD, Haley, WE, Roth, DL. (2024) Race differences in purpose in life among family caregivers: Findings from the Caregiving Transitions Study. *Journal of Applied Gerontology*. 7334648241288986.
 29. *#**Abshire Saylor, M**, Clair, C, Bandaru, V, Chalmers, K, Selassie, Y, Szanton, SL, Nkimbeng, M, Samuel, LJ. (2024) A meta-synthesis of the cycle of financial strain, coping behaviors and health outcomes across the life course. *Social Sciences & Humanities Open*. 10, 101106.
 30. *Cotter, V. T., Sloan, D. H., Scerpella, D. L., Smith, K. M., **Abshire Saylor, M.**, & Wolff, J. L. (2024). Feasibility of Using Simulation to Evaluate Implementation Fidelity in an Advance Care Planning Pragmatic Trial. *American Journal of Hospice and Palliative Medicine*®, 10499091241282087.
 31. *Blum, M., Frydman, J. L., Zeng, L., Hiensch, K., **Abshire Saylor, M.**, Chai, E., Lala, A., Goldstein, N.E. & Gelfman, L. P. (2024). Gender Differences Regarding Palliative Care Consultation Among Persons Hospitalized with Heart Failure. *Journal of Pain and Symptom Management*.
 32. *Dy, SM, Scerpella, DL, Hanna, V, Walker, KA, Sloan, DH, Green, CM, Cotter, V, Wolff, JL, Giovannetti, ER, McGuire, M, Hussain, N, Smith, KM, **Abshire Saylor, M**. (2024) Qualitative evaluation of the SHARING Choices trial of primary care advance care planning for adults with and without dementia. *Journal of the American Geriatrics Society (JAGS)*. 72(11), 3413-3426.
 33. *Wolff, JL, Cagle, JG, Hanna, V, Dy, SM, Echavarria, D, Giovannetti, ER, Boyd, CM, Abshire Saylor, M, Hussain, N, Reiff, JS, Scerpella, D, Zhang, T, Sekhon, VK, Roth, DL. (2024) Sharing Health Care Wishes in Primary Care Among Older Adults with Cognitive Impairment in Primary Care: Results from a Randomized Controlled Trial. *Alzheimer's & Dementia*, 129,107208.
 34. *#Byiringiro, S, Hinneh, T, Chepkorir, J, Tomiwa, T, Commodore-Mensah, Y, Marsteller, J, Sarfo, FS, **Abshire Saylor, M**, Ssibey, S, Himmelfarb, CR. (2024) Healthcare System Barriers and Facilitators to Hypertension Management in Ghana. *Annals of Global Health*, 90 (1).
 35. **Abshire Saylor, M.**, & McIvannan, C. K. (2024). SUSTAINing the Care of Patients With Advanced Heart Failure by Supporting Family Caregivers. *Circulation: Heart Failure*, 17(7), e011874. (invited)
 36. *#Nelson, KE, Wright, RJ, **Abshire Saylor, M**, Davidson, PM, ...Brockie, T. (2024) Predictors of supportive care needs during serious illness: Cross-sectional analysis of reservation-based informal caregivers. *Journal of Hospice and Palliative Nursing*, 10-1097.
 37. *#Petchler, C.M., Singer Cohen, R., Fisher, M.F., DeGroot, L., Gamper, M.J., Nelson, K.E., Peeler, A., Koirala, B., Morrison, M., Abshire Saylor, M., Sloan, D., & Wright, R. (2024). Palliative care research and clinical practice priorities in the United States as identified by an interdisciplinary modified Delphi approach. *Journal of Palliative Medicine*. 10.1089/jpm.2023.0664.

38. *#Glickman, AG, **Abshire Saylor, M**, DeGroot, LG, Bekelman, D. (2024) Relationship status and quality are associated with perceived benefits of caregiving for people with heart failure. *The Journal of Cardiovascular Nursing*. 10-1097.
39. Goldfarb, MJ, **Abshire Saylor, M**; Bozkurt, B; Code, J; Di Palo, K; Angela Durante, PhD, RN; Flanary, K; Masterson Creber, R; Ogunniyi, MO, Rodriguez, F; Gulati, M. (2024) Patient-Centered Adult Cardiovascular Care: A Scientific Statement from the American Heart Association. *Circulation*.
40. *#DeGroot L, Pavlovic N, Perrin N, Gilotra, N, Miller, H, Denfeld, Q, Dy, S, McIlvennan, C, Szanton, S, **Abshire Saylor, M**. (2024) The association of unmet palliative care needs and physical frailty with clinical outcomes: a prospective study of adults with heart failure. *Journal of Cardiovascular Nursing*. 10-1097.
41. *Cruz-Oliver DM, Milner GE, Mensh K, Bugayong M, Blinka MD, Durkin N, **Abshire Saylor M**, Budhathoki C, Parker-Oliver D. (2024) Promising Impact of Telenovela Intervention for Caregivers of Hospice Patients: A Pilot Study. *American Journal of Hospice and Palliative Medicine*®, 10499091241228835.
42. *#Pavlovic, NV, Ndumele, C, **Abshire Saylor, M**, Szanton, SL, Lee, C, Shah, A, Chang, P, Florido, R, Matsushita, K, Himmelfarb, CR, Leoutsakos, JM. (2023) Identification of fatigue subtypes and their correlates in prevalent heart failure: A secondary analysis of the Atherosclerosis Risk in Communities (ARIC) Study. *Circulation: Cardiovascular Quality and Outcomes*, e010115.
43. Buck, H.G., Howland, C., Stawnychy, M., Aldossary, H., Cortes, Y., Deberg, J., Durante, A., Graven, L., Irani, E. Jaboob, S., Massouh, A., Oberfrank, N., Abshire Saylor, M, Wion, R., Bidwell, J. (2023) Caregivers' Contributions to Heart Failure Self-care: An Updated Systematic Review. *The Journal of Cardiovascular Nursing*. 10-1097.
44. * Fabius, C. D., Wec, A., **Abshire Saylor, M**, Smith, J. M., Gallo, J. J., & Wolff, J. L. (2023). "Caregiving is teamwork..." Information sharing in home care for older adults with disabilities living in the community. *Geriatric Nursing*, 54, 171-177.
45. **#Abshire Saylor, M**, Benjasirisan, C, Kruahong, S, Lim, A, Gill, J, Szanton, SL, Koirala, B. (2023) A contemporary review of psychosocial resilience in heart failure using the Society to Cells Resilience Theory. *Current Geriatrics Reports*, 1-19.
46. *#Taylor, J.L., Clair, C., Gitlin, L.N., Atkins, S., Bandeden-Roche K., **Abshire Saylor, M**, Hladek, M., Riser., T. Thorpe Jr., R.J., Szanton, S.L. (2023) Acceptability and feasibility of a pain and depressive symptoms management intervention in middle-aged and older African American women. *Innovation in Aging*. igadog6.
47. *#**Abshire Saylor, M**, Pavlovic, NV, DeGroot, LG, Peeler, A, Nelson, K, Perrin, N, Gilotra, NA, Wolff, JL, Davidson, PM, Szanton, SL. (2023) Feasibility of a multi-component strengths-building intervention for caregivers of persons with heart failure. *Journal of Applied Gerontology*, 07334648231191595.
48. *Colburn, J, Scerpella, DL, Smith, KM, Dy, SM, Chapin, M, **Abshire Saylor, M**, Sharma, N, McGuire, M, Hussain, N, Rawlinson, C, Cotter, VT, Walker, KA, Wolff, JL, Roth, DL, Carlson Nicholson, KL, Rand Giovannetti, E, Cockey, K, Sancho, MB, Echavarria, D, Rebala, S, Boyd, CM. (2023). SHARING Choices: Lessons Learned from a Primary-Care Focused Advance Care Planning Intervention. *Journal of Pain and Symptom Management*, 66(2), e255-e264.
49. *Tracey, E., Wilson, J., **Abshire Saylor, M**, Donohue, P., Stakias, A., Garibaldi, B., & Needham, D. (2023). TIMS: A Mixed Methods Evaluation of the Impact of a Novel Chaplain Facilitated Recorded Interview Placed in the Medical Chart for the Medical Staff in an ICU During the COVID-19 Pandemic. *Journal of Religion and Health*, 1-14.
50. *#**Abshire Saylor, M**, Clair, CA, Curriero, S, DeGroot, L, Nelson, K, Pavlovic, N, Taylor, J, Gallo, J, Szanton, SL. (2023) Analysis of action planning, achievement and life purpose statements in an intervention to support caregivers of persons with heart failure. *Heart & Lung*, 61, 8-15.
51. *#**Abshire Saylor, M**, DeGroot, LG, Pavlovic, N, McIlvennan, CK, Taylor, J, Gilotra, NA, Gallo, JJ, Davidson, PM, Wolff, JL, Szanton, SL. (2023) The Context of Caregiving in Heart Failure: a Dyadic, Mixed Methods Analysis. *Journal of Cardiovascular Nursing*, 10-1097.

52. *#DeGroot, L, Pavlovic, N, Perrin, N, Gilotra, NA, Dy, SM, Davidson, PM, Szanton, SL, **Abshire Saylor, M** (2023) Palliative Care Needs of Physically Frail Community-Dwelling Older Adults with Heart Failure. *Journal of Pain and Symptom Management*.
53. *Han, H, Lee, J, **Abshire Saylor, M**, Parisi, J, Hornstein, E, Jajodia, A, Li, Q, Davidson, PM, Szanton, SL. (2022) Methods and operational aspects of human-centered design into research processes for individuals with multiple chronic conditions: A survey study. *Nursing Open*.
54. #Clair, CA, Melvin, TJ, Taylor, JW, Abshire Saylor, M (2022) Researcher" Bias: How our Assumptions Affect our Research. *Front. Public Health* 10:1034497.
55. *Bahouth, M. N., Negoita, S., Tenberg, A., Zink, E. K., **Abshire, M. A.**, Davidson, P. M., Suarez, J.L., Szanton, S.L., Gottesman, R. F. (2022). Noninvasive cardiac output monitor to quantify hydration status in ischemic stroke patients: A feasibility study. *Journal of the Neurological Sciences*, 442, 120413.
56. *Zeiler, **Abshire Saylor**, Chao, Bahouth (2022) Telemedicine Services for the Delivery of Specialty Home-based Neurological Care. *Telemedicine and e-health*.
57. *#Drazich, B, **Abshire Saylor**, M, Zeiler, S, Bahouth, M. (2022) Providers' Perceptions of Neurology Care Delivered Through Telemedicine Technology. *Telemedicine and e-health*.
58. *#Clair, CA, **Abshire Saylor**, M, Nolan, MT and Gallo, JJ. (2022) "You think you got it down and then the moment comes": The certainty of uncertainty in end-of-life decision making. *Palliative & Supportive Care*, 1-6.
59. Dy, S. M., Scerpella, D. L., Cotter, V., Colburn, J., Roth, D. L., McGuire, M., Giovannetti, E.R., Walker, K.A., Hussain, N., Sloan, D.H., Boyd, C.M., Cockey, K., Sharma, N., **Abshire Saylor, M.**, Smith, K.M., Wolff, J.L., Anderson, R., Echavarria, D., Funkhouser, T., Carlson Nicholson, K.L., Rawlinson, C., Ribala, S., Seshamani, M., & Torres, L. (2022). SHARING choices: Design and rationale for a pragmatic trial of an advance care planning intervention for older adults with and without dementia in primary care. *Contemporary Clinical Trials*, 106818.
60. *#Cruz-Oliver DM, Milner GE, **Abshire Saylor M**, Nelson KE, Blinka MD, Durkin N, Smith TJ, Parker Oliver D (2022) Recruitment, Retention and Intervention Delivery Experiences With Hospice Family Caregivers. *American Journal of Hospice and Palliative Medicine*®.;o(o).
61. **#Abshire Saylor, M**, Pavlovic, NV, DeGroot, L, Jajodia, A, Hladek, MD, Perrin, N, Wolff, J, Davidson, PM, Szanton, SL. (2022) Strengths-building through life purpose, self-care goal setting and social support: Study Protocol for Caregiver-Support. *Contemporary Clinical Trials Communications*, 28, 100917.
62. ***Abshire Saylor**, M, Denhaerynck, K, Mielke, J, Davidson, PM, Dobbels, F, Russell, CL, De Geest, S. (2022) Multi-level correlates of received social support among heart transplant recipients in the international BRIGHT Study: a secondary analysis. *European Journal of Cardiovascular Nursing*. 2022, zvaco41.
63. Wright, R., Lee, Y. J., Yoo, A., Mclltrot, K., VanGraafeiland, B., **Abshire Saylor, M.**, ... & Han, H. R. (2022). Doctor of nursing practice project: Key challenges and possible solutions. *Journal of Professional Nursing*, 41, 53-57.
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65. Mclltrot, K., Busch, D. W., Van Graafeiland, B., Stashinko, E., **Abshire, M.**, Daniels, M., ... & D'Aoust, R. (2022). Establishing the doctor of nursing practice project ethical review process to improve standardization, efficiency, and timeliness. *Nursing outlook*.
66. *Cruz-Oliver, DM, **Abshire Saylor M**, Nelson KE, Milner GE, Blinka M, Durkin N, Budhathoki C, Parker-Oliver D, Smith TS. (2022) Hospice Family Caregiver Perceptions of Benefits and Challenges of a Telenovela Educational Intervention. *Journal of Palliative Medicine*. 25(6) 945-951.
67. *#Drazich BF, Jenkins E, Nkimbeng M, **Abshire Saylor M**, Szanton SL, Wright R, Beach MC and Taylor JL. (2022). Exploring the Experiences of Co-morbid Pain and Depression in Older African American Women and Their Preferred Management Strategies. *Front Pain Res*. 3.

68. *#Suen, JJ, Vo, EH, Clair, CA, Nolan, MT, Gallo, JJ, **Abshire Saylor, M.** (2021) Mitigating burden at the end of life: Parallel perspectives from physicians as patients & family caregivers. *Journal of Pain and Symptom Management.* 63(4), 590-598.
69. *VanGraafeiland, B, Busch, DW, Mudd, S, McIltrout, K, Brown, K, **Abshire Saylor, M**, Silbert-Flagg, J, Sloand, E. An educational feasibility project of an after-hours telephone consultation experience for nurse practitioner students. *The Journal for Nurse Practitioners,* 18(3), 320-323.
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71. #Pavlovic, N, Gilotra, N, Lee, CS, Ndumele, C, Mammos, D, Himmelfarb, CDR, **Abshire Saylor, M.** (2021). Fatigue in Persons with Heart Failure: A Systematic Literature Review and Meta-Synthesis Using the Biopsychosocial Model of Health. *Journal of Cardiac Failure.* 28(2), 283-315.
72. #LaFave, S.E., Wallace II, D.J., Grover, R., Clark, R., Marks, S., Lacanienta, C., Evans, C., Kalil, G.Z., Ouyang, P., Himmelfarb, C.R., & **Abshire, M.** (2021). Building a pipeline of community-engaged researchers: How interdisciplinary translational research training programs can collaborate with their Community Research Advisory Councils. *Journal of Clinical and Translational Science.* 5(1).
73. Wright, R. Baptiste, D, Booth, A, Addison, H, **Abshire, M**, Alvarez, D, Barrett, M, Hansen, B, Jenkins, E, Scarborough, S, Wright, E, Davidson, P and Ramsey, G. (2021) Compelling Voices of Diversity, Equity, and Inclusion in Prelicensure Nursing Students: Application of the Cultural Humility Framework. *Nurse Educator.* 2021. 46(5), E90-94.
74. Asano, R., Anderson, K. M., Koirala, B., **Abshire, M.**, Himmelfarb, C. D., & Davidson, P. M. (2022). The Edmonton Symptom Assessment Scale in Heart Failure: A Systematic Review. *Journal of Cardiovascular Nursing,* 37(4), 341-349.
75. *#**Abshire, MA**, Bidwell, JT, Pavlovic, N, DeGroot, L, Mammos, D, Larsen, L, Bautista, S, Davidson, PM (2021). A picture is worth a thousand words: Exploring the roles of caregivers and the home environment of Ventricular Assist Device patients. *European Journal of Cardiovascular Nursing.* 20(8), 782-791.
76. Han, H. R., Wu, D., Taylor, J., Wright, R., & **Abshire, M.** (2021). Consideration of health literacy in implementation science. *Journal of Clinical and Translational Science,* 1-8.
77. *Cruz-Oliver, D. M., **Abshire, M.**, Budhathoki, C., Hladek, M. D., Volandes, A., Jorgensen, L., & Oliver, D. P. (2021). Comparison of Traditional Videos With Telenovelas for Hospice Family Caregivers Education. *American Journal of Hospice and Palliative Medicine®,* 38(10), 1230-1237.
78. *#DeGroot, L. G., Bidwell, J. T., Peeler, A. C., Larsen, L. T., Davidson, P. M., & **Abshire, M. A.** (2021). "Talking Around It": A Qualitative Study Exploring Dyadic Congruence in Managing the Uncertainty of Living With a Ventricular Assist Device. *The Journal of Cardiovascular Nursing,* 36(3), 229-237.
79. *Wolff JL, Scerpella D, Cockey K, Hussain N, Funkhouser T, Echavarría D, Aufill J, Guo A, Sloan DH, Dy SM, Smith KM and the SHARING Choices **Investigators.** (2020) SHARING Choices: A Pilot Study to Engage Family in Advance Care Planning of Older Adults with and without Cognitive Impairment in the Primary Care Context. *American Journal of Hospice and Palliative Medicine®,* 38(11), 1314-1321.
80. *Mentz, R, Xu, H, O'Brien, E, Thomas, L, Alexy, T, Gupta, B, Vilaro, J, Lala, A, DeVore, A, Dhingra, R, Briasoulis, A, Simon, M, Stehlik, J, Rodgers, J, Dunlay, S, **Abshire, M**, Wells, Q, Barringhaus, K, Eckman, P, Lowes, B, Espinoza, J, Blanco, R, Shen, X, Duffy, C & Hernandez, A. (2020) PROVIDE-HF Study Results: Patient-Reported Outcomes Investigation following initiation of drug therapy with Entresto (Sacubitril/Valsartan) in Heart Failure. *American Heart Journal.* 230, 35-43.
81. *Wagner-Johnston, N. D., Hannum, S. M., Heughan, J. A., **Abshire, M.**, Wolff, J. L., Yarkony, K., Symons, H, Jones, R, & Dy, S. M. (2020). Assessing Early Supportive Care Needs among Son or Daughter Haploidentical Transplantation Donors. *Biology of Blood and Marrow Transplantation.* 26(11), 2121-2126.
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83. *Cruz-Oliver DM, **Abshire** M, Budhathoki C, Parker-Oliver D, Volandes A, Smith TJ. Reflections of Hospice Staff Members about Educating Hospice Family Caregivers through Telenovela. *Am J Hosp Palliat Care*. (2020). 38(2), 161-168.
84. ***Abshire** M, Li, X, Sharma Basyal P, Teply ML, Sing AL, Hayes, MM, Turnbull AE. Actor feedback and rigorous monitoring: Essential quality assurance tools for testing behavioral interventions with simulation. *PLoS ONE*. 2020: 15(5): e0233538.
85. #DeGroot, L., Koirala, B., Pavlovic, N., Nelson, K., Allen, J., Davidson, P., & **Abshire**, M. (2020). Outpatient Palliative Care in Heart Failure: An Integrative Review. *Journal of Palliative Medicine*. 23(9).
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87. *Gallo, J. J., **Abshire**, M., Hwang, S., & Nolan, M. T. (2019). Advance Directives, Medical Conditions, and Preferences for End-of-Life Care Among Physicians: 12-year Follow-Up of the Johns Hopkins Precursors Study. *Journal of pain and symptom management*, 57(3), 556-565.
88. *Casida, J. M., **Abshire**, M., Widmar, B., Combs, P., Freeman, R., & Baas, L. (2019). Nurses' Competence Caring for Hospitalized Patients With Ventricular Assist Devices. *Dimensions of Critical Care Nursing*, 38(1), 38-49.
89. #Pavlovic, N. V., Randell, T., Madeira, T., Hsu, S., Zinoviev, R., & **Abshire**, M. (2018). Risk of left ventricular assist device driveline infection: A systematic literature review. *Heart & Lung*. 48(2), 90-104.
90. *McIlvennan, C. K., Grady, K. L., Matlock, D. D., Helmkamp, L. J., **Abshire**, M., & Allen, L. A. (2018). End of life for patients with left ventricular assist devices: Insights from INTERMACS. *The Journal of Heart and Lung Transplantation*. 38(4), 374-381.
91. Davidson, P. M., **Abshire**, M. A., Paull, G., & Szanton, S. L. (2018). Family caregivers-important but often poorly understood. *Journal of clinical nursing*. 27(23-24), 4242-4244.
92. * Cruz-Oliver, D. M., **Abshire**, M., Cepeda, O., Burhanna, P., Johnson, J., Velazquez, D. V., ... & Rodin, M. (2018). Adherence to Measuring What Matters: Description of an Inpatient Palliative Care Service of an Urban Teaching Hospital. *Journal of palliative medicine*. 22(1), 75-79.
93. ***Abshire**, M., Bidwell, J. T., Page, G., Budhathoki, C., Davidson, P. M., Russell, S. D., Desai, S & Himmelfarb, C. D. (2018). Physiological and Psychological Stress in Patients Living With a Left Ventricular Assist Device. *ASAIO Journal*, 64(6), e172-e180.
94. Slater, T., **Abshire**, M., & Davidson, P. (2018). Assessment of breathlessness: A critical dimension of identifying cardiovascular disease. *Australian Nursing and Midwifery Journal*, 25(9), 36.
95. #Nelson, K. E., Wright, R., **Abshire**, M., & Davidson, P. M. (2018). All Things Death and Dying: Health Professional Students Participating in the Death Café Model. *Journal of palliative medicine*. 21(6), 850-852.
96. ***Abshire**, MA, Russell, SD, Davidson, PM, Budhathoki, C, Han, HR, Grady, KL, Desai, S, Dennison Himmelfarb, CR.(2018) Social Support Moderates the Relationship between Perceived Stress and Quality of Life in Patients with a Left Ventricular Assist Device. *J Cardiovasc Nurs*. 33(5), E1.
97. *Casida, J. M., **Abshire**, M., Ghosh, B., & Yang, J. J. (2018). The relationship of anxiety, depression, and quality of life in adults with left ventricular assist devices. *ASAIO Journal*, 64(4), 515-520.
98. * Xu, J., Gallo, J. J., Wenzel, J., Nolan, M. T., Budhathoki, C., **Abshire**, M., & Himmelfarb, C. D. (2018). Heart Failure Rehospitalization and Delayed Decision Making: The Impact of Self-care and Depression. *Journal of Cardiovascular Nursing*, 33(1), 30-39.
99. * **Abshire**, M., Dinglas, V. D., Cajita, M. I. A., Eakin, M. N., Needham, D. M., & Himmelfarb, C. D. (2017). Participant retention practices in longitudinal clinical research studies with high retention rates. *BMC medical research methodology*, 17(1), 30.
100. *Casida, J. M., Wu, H. S., **Abshire**, M., Ghosh, B., & Yang, J. J. (2016). Cognition and adherence are self-management factors predicting the quality of life of adults living with a left ventricular assist device. *The Journal of Heart and Lung Transplantation*, 36(3), 325-330.
101. **Abshire**, M., Prichard, R., Cajita, M., DiGiacomo, M., & Himmelfarb, C. D. (2016). Adaptation and coping in patients living with an LVAD: A metasynthesis. *Heart & Lung: The Journal of Acute and Critical Care*, 45(5), 397-405.

102. Xu, J., **Abshire, M.**, & Han, H. R. (2016). Decision making among persons living with heart failure. *J Cardiovasc Nurs*, 31(5), E1-9.
103. **Abshire, M.**, Xu, J., Baptiste, D., Almansa, J. R., Xu, J., Cummings, A., Andrews, M. J., & Dennison-Himmelfarb, C. (2015). Nutritional interventions in heart failure: A systematic review of the literature. *Journal of Cardiac Failure*, 21(12), 989-999.
104. Scott, LD., Nolan, MT, McIlpatrick, S, Bender, CM, **Abshire, MA**, Rodney, T, Xu, J, Lapham, J, Waxman, KT, Maxworthy, J, Barter, M. (2015) Perspectives on Doctoral Education: Planning for the Future. Advances in Nursing Doctoral Education and Research.
105. ***Abshire, M.**, Xu, J., Dennison Himmelfarb, C. R., Davidson, P. M., Sulmasy, D., Kub, J., Hughes, M., & Nolan, M. (2015). Symptoms and fear in patients with heart failure approaching end of life: A mixed methods study. *Journal of Clinical Nursing* 24(21-22), 3215-3223.
106. **Abshire, M.**, Dennison Himmelfarb, C. R., & Russell, S. D. (2014). Functional status in left ventricular assist device–supported patients: A literature review. *Journal of Cardiac Failure*, 20(12), 973-983.
107. **Abshire, M.**, & Dennison-Himmelfarb, C. R. (2014). Go with the flow: Progress in mechanical circulatory support, *Journal of Cardiovascular Nursing* 29(4), 364-366.

Non-peer reviewed Articles

1. Gray, TF, Allgood, SM, Van Houtven, CH, Grabowski, DC, **Abshire Saylor, MA**, Wright, R, Do, KM, Nolan, MT, Davidson, PM. (2022) Patients Are Often Family Caregivers in Need of Essential Caregiving Policy Benefits and Support. *Health Affairs Forefront* (blog).
2. **Abshire Saylor, M**, Clair, CA.(2021, Dec 13) What Is the Context of Caregiving? Johns Hopkins School of Nursing On the Pulse Blog.
3. **Abshire, M.**, & Shattell, M. (2020, May 29). Purpose in life during COVID-19. *American Nurse/Nurse Influencer*.
4. **Abshire, M.** (2020). Caring for Our Heroes: On Guns, War, Depression, and Pain. *Journal of Psychosocial Nursing and Mental Health Services*, 58(9), 2-2.
5. **Abshire, M.**, & Dwyer, D. (2015). Palliative care considerations for LVAD patients. *American Association of Heart Failure Nurses Newsletter*.

Book Chapter

1. **Abshire Saylor, M**, Busch, D, Whalen, M. (2025) Introduction to Evidence. In Bissett, Ascenzi & Whalen, Johns Hopkins Evidence-Based practice for Nurses and Healthcare Professionals, 5th edition.
2. Whalen, M, **Abshire Saylor, M**, Busch, D, (2025) Evidence Appraisal. In Bissett, Ascenzi & Whalen, Johns Hopkins Evidence-Based practice for Nurses and Healthcare Professionals, 5th edition.
3. **Abshire Saylor, M.** [Chapter Contributor, Lesson 2.5] in Douglass, B. & Stager, S. (2024). The DNP Project Workbook (2nd ed.) Chapter 2. In Bradshaw, M. & Vitale, T. *The DNP project workbook* (2nd ed.). Springer Publishing. [doi.10.1891/978082617](https://doi.org/10.1891/978082617)
4. **Abshire Saylor, M.**, & Nakagawa, S. (2022). Psychosocial and Palliative Aspects of VAD Care. In Stewart & Blood, A Guide to Mechanical Circulatory Support. NY: Springer.

Conference Meetings/Presentations

International

- | | |
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| 2025 | Abshire Saylor, M. Caregiver Burden, Health-related Quality of Life and Psychological Well-being. American Heart Association Scientific Sessions, New Orleans, LA (invited talk, 11/9/25) |
| 2025 | Abshire Saylor, M. Zarit Burden Interview: The "Gold Standard?". American Heart Association Scientific Sessions, New Orleans, LA (invited talk, 11/9/25) |

- 2024 Goldfarb, M; **Abshire Saylor, M**; Gulati, M. Person-centered cardiovascular care. Grand Rounds, McGill University, Montreal, Quebec, Canada. (invited talk, 11/21/24)
- 2024 **Abshire Saylor, M.** Transitions from Hospital to Home – Adult Perspective. American Heart Association Scientific Sessions, Chicago, IL (invited talk, 11/18/24)
- 2024 **Abshire Saylor, M,** Clair, C, Curriero, S, Tenberg, A, Bahouth, M. Participation in a Resilience Intervention for Caregivers of Recently Hospitalized Patients with Heart Failure and Stroke. American Heart Association Scientific Sessions, Chicago, IL (Moderated Oral Poster, 11/18/2024)
- 2023 **Abshire Saylor, M.** What Elements Must Be Included in Interventions With Care Partners? Top Tips From Recent and Ongoing Trials. American Heart Association Scientific Sessions, Philadelphia, PA (Invited, 11/10/23)
- 2023 **Abshire Saylor, M.** Multi-level Perspectives from the SHARING Choices Advance Care Planning Pragmatic Trial: Lessons in Implementation Science. American Heart Association Scientific Sessions, Philadelphia, PA (Invited, 11/13/23)
- 2022 **Abshire Saylor, M & Valenta, S.** Caregiver Support: Human-centered design & pilot trial outcomes. How to approach caregivers within SMILE? LBARG annual meeting, Basel Switzerland (invited) 5/6/22
- 2022 **Abshire Saylor, M.** "Framing a Meaningful Research Question". Basics in Clinical Stroke Research: An African Perspective Conference (invited) (5/5/22)
- 2022 **Abshire Saylor, M.** From Caregiver support to HEROIC: meeting the needs of caregivers of persons with advanced heart failure. Mahidol, Thailand (invited). (4/25/22)
- 2020 **Abshire MA.** VAD Caregiving at Home: "Our Roles Have Changed Here". International Society of Heart and Lung Transplantation Annual Meeting 2020. Montreal, Canada. (04/2020).
- 2017 **Abshire MA.** Synthesis of #INDEN2017 Discussion Groups. International Network for Doctoral Education in Nursing. Dublin, Ireland. (01/01/2017).
- 2017 **Abshire MA,** Davidson P, Desai S, Budhathoki C, Russell S, Dennison-Himmelfarb C. Increased Perceived Stress and Fatigue are associated with Worse Quality of Life in Patients with a Left Ventricular Assist Device. International Society of Heart and Lung Transplantation. San Diego, California, United States of America (the). (01/01/2017).
- 2015 **Abshire MA,** Commodore-Mensah, Y, Farley, J, Dennison-Himmelfarb, C. Provider Cardiovascular Risk management in an Urban HIV Practice: Challenges and Opportunities. Sigma Theta Tau International Research Congress. San Juan, Puerto Rico, United States of America (the). (01/01/2015).
- 2015 **Abshire MA,** Baptiste D. Increasing scholarly productivity through a heart failure journal club: Be accountable, improve your science and collaborate! International Network for Doctoral Education in Nursing Biennial Conference. San Juan, Puerto Rico, United States of America (the). (01/01/2015).

National

- 2025 **Abshire Saylor M.** Conversations with Caregiving Researchers hosted by the Collaborative on Caregiving Science Across the Lifecourse (CSAL); *Making and Testing HEROIC: Heart Failure (and stroke) Resilience Intervention for Caregivers*; December 3, 2025 (virtual)
- 2025 **Abshire Saylor M.** Invited National Presentation for Mind at Home Telecollaborative. Dignity Therapy; Nov 18, 2025 (invited webinar).
- 2024 **Abshire Saylor, M,** Clair, C, Bandaru, V, Chalmers, K, Selassie, Y, Szanton, SL, Nkimbeng, M, Samuel, L. The cycle of financial strain, coping behaviors and health outcomes: a meta-synthesis of US-based qualitative studies. Interdisciplinary Association for Population Health Studies; Feb 2024. (invited webinar)

- 2023 **Abshire Saylor M**, Hanna VL, Sloan DL, Dy SL. Multi-level Perceptions of Implementing SHARING Choices: A Qualitative Study. Gerontological Society of America; Nov 2023
- 2023 **Abshire Saylor M**, Boyd CM, Dy SM, et al. Advance Care Planning in Primary Care: Engaging Accompanied Older Adults: Ethical Considerations Underlying ACP for Accompanied Older Adults With Cognitive Impairment. Gerontological Society of America; Nov 2023
- 2022 **Abshire Saylor, M**, Clair, CA, Pavlovic, NV, Nelson, K, DeGroot, L, Taylor, JL and Szanton, SL. When and Where: Lessons Learned about Technology from an Intervention for Caregivers of Persons with Heart Failure GSA symposium presentation accepted for Nov 2022)
- 2022 **Abshire Saylor, M**. From Caregiver support to HEROIC: meeting the needs of caregivers of persons with advanced heart failure. IMPACT-HF monthly meeting (invited)
- 2022 **Abshire Saylor, M**, Pavlovic, N, DeGroot, L, Peeler, A, Nelson, K, Perrin, N, Gilotra, N, Wolff, J, Davidson, P, Szanton, S. 2022 AHA QCOR. Pilot outcomes of a multi-component support intervention for caregivers of persons with heart failure (*Caregiver Support*) 5/14/22 (poster)
- 2021 **Abshire Saylor, M**. Safety in Numbers: Using telehealth for home safety assessment. 2021 AHA Scientific Sessions. 11/13/21 (invited faculty)
- 2021 **Abshire Saylor, M**. Multilevel Correlates of Received Social Support Among Heart Transplant Recipients In The International Bright Study: A Secondary Analysis. 2021 AHA Scientific Sessions. 11/13/21 (Martha Hill Early Investigator Award winner)
- 2021 **Abshire Saylor, M**. (co-author) Telemedicine Services Are Acceptable To Neurologists For The Delivery Of Outpatient Specialty Neurology Care During The Covid-19 Pandemic, But Require Improvement. 2021 AHA Scientific Sessions. 11/13/21 (poster)
- 2021 **Abshire Saylor, M**, DeGroot, L, Nelson, K, Gallo, JJ, Szanton, SL. Goal-setting for Self-care and Support among Caregivers of Persons Living with Heart Failure. 2021 Annual BIRCWH Meeting. 11/2021
- 2021 **Pavlovic....Abshire Saylor, M**. "I Guess I'm On Alert All The Time": Dyadic Symptom Appraisal In Heart Failure With And Without An LVAD. HFSA Annual Scientific Meeting 2021. 9/11/2021 (poster)
- 2021 **Abshire Saylor, M** & Marks, S. Building a pipeline for community-engaged researchers: TL1 and Community Research Advisory Council. TL1 Director's Meeting. 4/19/2021.
- 2020 Mentz, R, Xu, H, O'Brien, E, Thomas, L, Alexy, T, Gupta, B, Vilaro, J, Lala, A, DeVore, A, Dhingra, R, Briasoulis, A, Simon, M, Stehlik, J, Rodgers, J, Dunlay, S, **Abshire, M**, Wells, Q, Barringhaus, K, Eckman, P, Lowes, B, Espinoza, J, Blanco, R, Shen, X, Duffy, C & Hernandez, A. PROVIDE-HF Study Results: Patient-Reported Outcomes Investigation following initiation of drug therapy with Entresto (Sacubitril/Valsartan) in Heart Failure. American College of Cardiology (ACC) Annual Scientific Session & Expo 2020. Chicago, Illinois, United States of America (the). (03/2020).
- 2020 DeGroot, L., Koirala, B., Pavlovic, N., Nelson, K., Allen, J., Davidson, P., & **Abshire, M**. Palliative Care for Patients with Heart Failure in the Outpatient Setting: An Integrative Review, 2020 State of the Science in Hospice and Palliative Care, San Diego, CA (Rapid Poster Presentation)
- 2019 **Abshire MA**, Gleason, Kelly. Racial Inequities in the Diagnosis of Hypertension: Non-whites more likely to have undiagnosed hypertension. American Heart Association Scientific Sessions. Philadelphia, Pennsylvania, United States of America (the). (11/2019).
- 2019 Randall, Madeira, Pavlovic & **Abshire**. Kits, classes, and standardized practice...Mechanical Circulatory Support Driveline Infection Reduction through Performance Improvement. Heart Failure Society of America 2019 (Poster)
- 2019 Randall, Pavlovic, Jacob, O'Neil, Perry, Porter, Duran, Sanford, Lee, Russell, Gilotra & **Abshire**. Our nurses wondered...Is angle of the head of the bed a measure of orthopnea? Measuring Sleep Orthopnea using the Angle of Bed in Heart Failure to Assess Readiness for Discharge. American Association of Heart Failure Nurses 2019 (Poster)

- 2019 **Abshire, M.** Caregiver Support in the context of multiple chronic conditions. NINR P-30 Center Director's meeting. Research in Progress (Poster)
- 2018 **Abshire MA.** How to Enlist the Support of Caregivers: Building bridges not Emergency Truck Ramps. Heart Failure Society of America. Nashville, Tennessee, United States of America (the). (01/01/2018).
- 2018 **Abshire MA.** Advancing VAD Patient and Family-Centered Palliative Care. American Association for Heart Failure Nurses Advanced Heart Failure Symposium. Philadelphia, PA, United States of America (the). (01/01/2018).
- 2017 **Abshire MA.** The Best Strategies to Support Caregivers: Where are We and Where are We Going? Heart Failure Society of America. Dallas, Texas, United States of America (the). (01/01/2017).
- 2017 **Abshire MA, Page G, Davidson P, Han H, Desai S, Budhathoki C, Russell S, Dennison-Himmelfarb C.** Physiological and Psychological Stress Response are related to Quality of Life and Functional Status Among People living with a Left Ventricular Assist Device. Quality of Care and Outcomes Research in Cardiovascular Disease and Stroke 2017 Scientific Sessions. Arlington, Virginia, United States of America (the). (01/01/2017).
- 2016 **Abshire MA, Dennison-Himmelfarb C.** Depression, Fatigue and Sleep Quality are Associated with Quality of Life among Patients with Left Ventricular Assist Device. Heart Failure Society of America. Orlando, Florida, United States of America (the). (01/01/2016).
- 2016 **Abshire MA, Wu H, Casida J.** Depression Predicts of Quality of Life in Adults with Long Term Left Ventricular Assist Device. American Heart Association 2016 Scientific Sessions. New Orleans, Louisiana, United States of America (the). (01/01/2016).
- 2015 **Abshire MA, Dennison-Himmelfarb C.** Physiological and Psychological Stress Among Left Ventricular Assist Device Patients. Translational Science, United States of America (the). (01/01/2015).

Regional

- 2024 **Abshire Saylor, M.** Context and Resilience in Caregiving. Social Network Methods Section Meeting of Koehly Research Lab, NIH, Bethesda, MD. (06/13/24)
- 2023 **Abshire Saylor, M.** Snapshots of the Caregiving World: Exploring the Everyday Realities of Caregivers and the Diversity Within. Women of Hopkins Conference, Washington, DC. March 2023 (invited speaker and moderator)
- 2021 **Abshire Saylor, M.** Exploring the role of caregivers and the home environment of ventricular assist device patients. Yale Advanced Heart Failure Weekly Academic Conference. New Haven, CT, USA (10/20/21) (invited speaker)
- 2020 **Abshire, M.** Developing interventions to support advanced heart failure caregivers University of Chicago Summer Research series. Chicago, Illinois, USA. (08/21/2020) (invited speaker)
- 2015 **Abshire MA, Xu J, Dennison-Himmelfarb C, Davidson P, Sulmasy D, Kub J, Hughes M, Nolan M.** Symptoms and fear in patients with heart failure approaching end of life: a mixed methods study. Southern Nurses Research Society. Tampa, Florida, United States of America (the). (01/01/2015).

EDITORIAL ACTIVITIES

Proposal Review Activities

External to School of Nursing

- 2022 Early Career Reviewer, Interdisciplinary Clinical Care in Specialty Care Settings (ICSC), NIH

Peer Review Activities

- 2019 – present Reviewer, Journal of Heart and Lung Transplantation, Journal of General Internal Medicine, Journal of Cardiac Failure
- 2017 – present Reviewer, Journal of Palliative Care, Journal of Cardiovascular Nursing, European Journal of Cardiovascular Nursing
- 2014 – present Reviewer, Circulation Outcomes, International Journal of Nursing Studies and Heart & Lung

PROFESSIONAL ACTIVITIES

Society/Association Membership and Leadership

- 2024 - 2027 Advisory Board Member, Partnership for Quality Measurement's (PQM) Endorsement & Maintenance (E&M) committee, Initial Recognition and Management Project
- 2024 - 2026 Board member, Heart Failure Society of America
- 2022-2023 Chair, Nursing Committee Heart Failure Society of America
- 2022-2024 Member of the Complex Cardiovascular Patient and Family Care Committee of the Council on Cardiovascular and Stroke Nursing
- 2022-2023 National Alliance on Caregiving Advisory Council for Promoting Culturally Responsive Resources and Support for Family Caregivers in Diverse Communities
- 2021-2024 Program planning Committee for AHA Scientific Sessions 2022 - 2024, representing the Cardiovascular and Stroke Nursing Committee
- 2021-2022 Member, Nursing Committee Heart Failure Society of America
- 2020 Abstract Reviewer, International Society of Heart and Lung Transplantation 2021 International Conference
- 2020 Co-Chair, Nursing Track for 2021 Conference, ASAIO American Society of Artificial Internal Organs
- 2016-2017 International Network for Doctoral Education in Nursing Conference Planning
- 2016-2017 Student Board Member, International Network for Doctoral Education in Nursing
- 2014-2015 Student Representative, SNRS Board of Director, 2013-2015 Executive Director, International Network for Doctoral Education in Nursing
- 2013-2022 Member, Sigma Theta Tau International
- 2014-2022 Member, International Society of Heart and Lung Transplantation
- 2014-present Member, Heart Failure Society of America
- 2013-present Member, American Heart Association
- 2013-present Member, Sigma Theta Tau International

CURRICULUM VITAE

Part II

EDUCATIONAL ACTIVITIES

Classroom Instruction

Johns Hopkins University School of Nursing

Fall 2025	NR.110.870.101 PhD Scholarly Portfolio, theory course coordinator, 20%
	NR.110.890 Dissertation Seminar, Co-TCC, 20%
	NR.210.889.8301 Project Evaluation and Dissemination, 5%
	NR.210.734 Analysis and Evaluation of Individual and Population Health; New Course development, 20%
Summer 2025	NR.210.817.8301 Analysis and Evaluation of Individual and Population Health, TCC, 10%
	NR.110.870.101 PhD Scholarly Portfolio, TCC, 6.7%
	NR.210.734 Advanced Clinical Data Management for ..., Course Development, 0.83%
Spring 2025	NR.210.818.8201 Clinical Data Management and Analyses
	NR.110.890.101 Dissertation Seminar, Co-TCC, 1.7
	NR.110.890.201 Dissertation Seminar, Co-TCC, 1.7
	NR.110.870.101 PhD Scholarly Portfolio, TCC, 6.7%
	NR.210.887.8301 consulting, Project Advancement 1.6%
Fall 2024	NR.110.870.101 PhD Scholarly Portfolio, theory course coordinator, 6.7%
	NR.110.890 Dissertation Seminar, Co-TCC, 1.7
	NR.210.889.8301 Project Evaluation and Dissemination
Summer 2024	NR.210.817.8301 Analysis and Evaluation of Individual and Population Health, 20%
Spring 2024	NR.210.818.8201 Clinical Data Management and Analyses, 20%
	NR.210.887.8301, Project Advancement, Consultant 5%
Fall 2023	NR.210.889.8301 Project Evaluation and Dissemination, 5%
Summer 2023	NR.210.817.8301 Analysis and Evaluation of Individual and Population Health, 30%
Spring 2023	NR.210.818.8201 Clinical Data Management and Analyses, 30%
	NR.210.887.8301 consulting, Project Advancement 5%
Fall 2022	NR.210.889.8101 Project Evaluation and Dissemination, 5%
Summer 2022	NR.210.817.8201 Analysis and Evaluation of Individual and Population Health, 25%
Spring 2022	NR.210.818.8201 Clinical Data Management and Analyses, 20%
	NR.110.899 Dissertation Advising 10%
Fall 2021	NR.110.899 Dissertation Advising 10%
Summer 2020	NR.120.511.0101. SU19 Integrated Chronic, Masters Entry to Nursing, Theory Coordinator, 80 students
	NR.120.511.0102. SU19 Integrated Chronic, Masters Entry to Nursing, Theory Coordinator, 80 students
	NR.210.817.8101. SU19 Analysis and Evaluation of Individual and Population Health Data, 65 students
Spring 2020	NR.120.511.0101. SP20 Integrated Chronic, Masters Entry to Nursing, Course Coordinator, 150 students
	NR.210.818.8101. SP20 Clinical Data Management and Analyses, 49 students
	NR.210.894.8401. SP20 DNP Practicum, 7 students
	NR.210.899.8201. SP20 Project Evaluation, 7 students
Fall 2019	Isabel Hampton Robb Faculty Fellowship
	NR.210.894.8201. FA19 DNP Practicum, 7 students
	NR.210.898.8201. FA19 Project Implementation, 7 students

Summer 2019	NR.120.511.0101. SU19 Integrated Chronic, Masters Entry to Nursing, Theory Coordinator, 80 students NR.210.817.8101. SU19 Analysis and Evaluation of Individual and Population Health Data, 40 students
Spring 2019	NR.120.511.0101. SP19 Integrated Chronic, Masters Entry to Nursing, Course Coordinator, 150 students NR.210.808.8101. SP18 Clinical Data Management II Executive Doctorate of Nursing Practice, Course Co-coordinator, 29 students NR.210.894.8201. SP19 DNP Practicum, Advanced Practice Doctorate of Nursing Practice, Project Advisor, 5 students NR.210.897.8201. SP19 DNP Practicum, Advanced Practice Doctorate of Nursing Practice, Project Advisor, 5 students
Fall 2018	NR120.501.0101. FA18 Professionalism in Nursing, Masters Entry to Nursing, Course Coordinator, 74 students NR.210.807.8101. FA18 Clinical Data Management I, Executive Doctorate of Nursing Practice, Course Coordinator, 29 students
Summer 2018	NR.120.511.0101. SU18 Integrated Chronic, Masters Entry to Nursing, Course Coordinator, 47 students NR. 210.894.8201. SU18 DNP Practicum, Advanced Practice Doctorate of Nursing Practice, Project Advisor, 5 students NR.210.896.8201. SU18 Project Problem Identification, Advanced Practice Doctorate of Nursing Practice, Project Advisor, 5 students NR.210.895.004. SU18 Independent Study, Re-tooling the Project Problem, Executive Doctorate of Nursing Practice, 1 student
Spring 2018	NR.210.808.8101. SP18 Clinical Data Management II Executive Doctorate of Nursing Practice, Course Co-coordinator, 20 students NR.120.511.0101. SP18 Integrated Chronic, Masters Entry to Nursing, Course Coordinator, 75 students
Fall 2017	NR120.501.0101. FA17 Professionalism in Nursing, Masters Entry to Nursing, Course Coordinator, 78 students NR.210.807.8101. FA17 Clinical Data Management I, Executive Doctorate of Nursing Practice, Course Co-coordinator, 20 students
Summer 2017	NR.120.511.0101. SU17 Integrated Chronic, Masters Entry to Nursing, Co-coordinator, 45 students
Spring 2017	NR.120.501.0101. SP17 Professionalism in Nursing, Masters Entry to Nursing, Course Coordinator, 45 students
Summer 2013	NR.110.303.0101. SU13 Lab Instructor, Health Assessment, 8 students

University of Maryland School of Nursing

Spring 2013	Adjunct Faculty, UMB SON: Senior Practicum – 8 credits, 10-11 students
Spring 2012	Adjunct Faculty, UMB SON: Senior Practicum – 8 credits, 10-11 students
Fall 2011	Lab Instructor, Health Assessment and Fundamentals, 10-12 students
Spring 2011	Adjunct Faculty, UMB SON: Senior Practicum – 8 credits, 10-11 students
Fall 2010	Lab Instructor, Health Assessment and Fundamentals, 10-12 students
Fall 2009	Lab Instructor, Health Assessment and Fundamentals, 10-12 students
Fall 2009	Fundamentals clinical in Assisted Living Facilities, 8-12 students

New Course Development at JHSON

2014	NR.110.204 Course Development, Johns Hopkins University School of Nursing, Anatomy with lab, online, 4 credits
2014	NR.110.205 Course Development, JHU SON, Physiology with lab, online, 4 credits

ACADEMIC SERVICE

Committees and Task Forces

Johns Hopkins University School of Nursing

2024 - 2026	Vice Chair PhD Curriculum Committee, JHSON
2022-present	Affiliate Member, The Roger C. Lipitz Center for Integrated Health Care
2021-2023	International Practicum Co-coordinator, JHSON
2021-2023	Voting Member, PhD Curriculum Committee, JHSON
2020-2022	Core Faculty, TL1 Training Program, 5TL1TR003100-02. PI: MC Beach
2020-2021	Member, COVID Research Restart Committee, JHSON
2020	Co-leader, International Student Practicum Co-leader for Global Health partnership with Nursing Heart of Guatemala
2020	Affiliated faculty, T32AG066576 training program in Health Services and Outcomes Research for Aging Populations awarded by the National Institute on Aging
2020	Member, Preventive Cardiology Nursing Association
2019-2021	Voting member, JHSON MEN Curriculum Committee
2019	Co-leader, International Student Practicum for Global Health partnership with Nursing Heart of Guatemala
2018-Present	Principal faculty, Center for Equity in Aging, JHSON
2018-2023	Faculty Representative and Treasurer, JHSON Alumni Board
2018-2019	JHSON representative, Johns Hopkins Research Network, Nursing Committee
2018-2019	JHSON Executive DNP Admissions Committee
2016-2018	Committee Member, Partnering with Patients 2017 Conference Planning, Johns Hopkins University
2016	Conference Steering Committee - Inaugural Partnering with Patients, Shared Decision Making Conference June 2016, Johns Hopkins University
2015-2016	Philanthropy Chair, Sigma Theta Tau International, Nu Beta Chapter

MENTORING AND ADVISEMENT

Student Advisement

Year(s)	Number and program of student(s)
2025 - 2026	2 PhD advisees, 2 PhD advisees under T32, 1 DNP advisee
2024 - 2025	4 PhD advisees, 2 PhD advisees under T32, 1 DNP advisee
2023 - 2024	2 PhD advisees, 2 PhD advisees under T32, 1 DNP advisee
2022 - 2023	3 PhD advisees, 2 PhD advisees under TL1, 2 DNP advisees
2021 - 2022	2 PhD advisees, 2 PhD advisees under TL1, 2 DNP advisees
2020 - 2021	2 PhD advisees, 2 PhD advisees under TL1, 8 DNP advisees
2019 - 2020	2 PhD advisees, 8 DNP advisees
2018 - 2019	1 PhD advisee

Dissertation Committee Member

Johns Hopkins University

Suratsawadee Kruahong, Title: Assessing Expectations for Recovery, Patient Activation and Self-Efficacy Following Patient Stay in the Cardiac Intensive Care Unit, PhD dissertation defense, Advisor/Committee Member. 2025

Claire Petchler, Title: The Effect of Virtual Communication on the Mental Health of Caregivers of Older Adults, PhD dissertation defense, Advisor/Committee Member. 2025

Lydia Remington, Title: Improving the Use of Advance Directives Through EHR-Based Support: An Evidence Review, Case Study, and Recommendations, BSPH DrPH final defense, Thesis Committee Member. 2024

Deborah Min, Title: Digital Literacy and Social Isolation Among Immigrant Older Adults in the United States, BSPH DrPH preliminary defense, Thesis Committee Member. 2024

Max Thayer, Title: Cancer Preference Reflection and Elicitation for Family Support: Development of a Preference Instrument for Advanced Prostate Cancer Patients, PhD dissertation defense, Committee Member. 2024

Suratsawadee Kruahong, Title: Assessing Expectations for Recovery, Patient Activation and Self-Efficacy Following Patient Stay in the Cardiac Intensive Care Unit, PhD Preliminary Oral Exam, Advisor. 2024

Noelle Pavlovic, Title: Fatigue in Heart Failure: A Secondary Data Analysis of the Atherosclerosis Risk in Communities (ARIC) Study, PhD dissertation defense, Advisor/Committee Member. 2023

Marlena Fisher, Title: Informal Advance Care Planning with Family in Black Adults with End Stage Kidney Disease, PhD dissertation defense, Committee Member. 2023

Katie Nelson, Title: Exploring end-of-life care: Access and perspectives among the A'ANININ AND NAKODA Nations, PhD dissertation defense, Alternate Committee Member. 2023

Lyndsay DeGroot, Title: Palliative Care Needs of Community-Dwelling Older Adults with Heart Failure and Physical Frailty, PhD dissertation defense, Advisor/Committee Member. 2023

Sarah Slone, Title: ARIC Community surveillance: Sociodemographic and Temporal Differences in Invasive Coronary Angiography Use According to Risk Profile Among Patients with NSTEMI, PhD Preliminary Oral Exam, Alternate. 2022

Noelle Pavlovic, Title: Fatigue in Heart Failure: A Secondary Data Analysis of the Atherosclerosis Risk in Communities (ARIC) Study PhD Preliminary Oral Exam, Advisor. 2021

Katie Nelson, Title: Exploring end-of-life care: Access and perspectives a month the A'ANININ AND NAKODA Nations PhD Preliminary Oral Exam, Alternate. 2021

Lyndsay DeGroot, Title: Palliative Care Needs of Community-Dwelling Older Adults with Heart Failure and Physical Frailty PhD Preliminary Oral Exam, Advisor. 2020

Marlena Fischer, Title: Informal Advance Care Planning with Family in Black Adults with End Stage Kidney Disease, PhD Preliminary Oral Exam, Committee Member. 2020

Max Thayer, Title: Cancer Preference Reflection and Elicitation for Family Support: Development of a Preference Instrument for Advanced Prostate Cancer Patients, PhD Preliminary Oral Exam, Alternate. 2020

Reiko Asano, Title: Breathlessness in Chronic Heart Failure, PhD dissertation defense, Committee Member. 2019

Mona Bahouth, Title: Determinants of Early Stroke Recovery: Understanding Hydration and Stroke Outcomes, PhD dissertation defense, Committee Member. 2019

Mona Bahouth, Title: Determinants of Early Stroke Recovery: Understanding Hydration and Stroke Outcomes, PhD Preliminary Oral Exam, Committee Member. 2018

Reiko Asano, Title: Breathlessness in Chronic Heart Failure, PhD Preliminary Oral Exam, Committee Member. 2018