

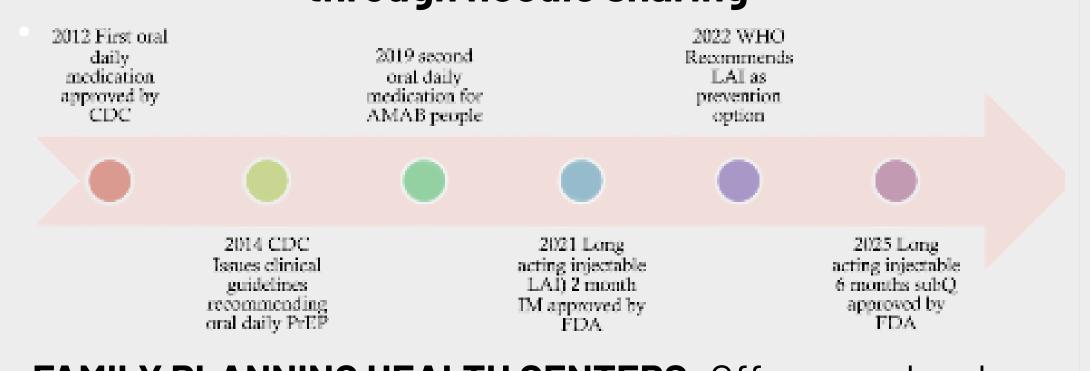
INTERDISCIPLINARY MENTORSHIP: ADVANCING RESEARCH IN INFECTIOUS DISEASE

Mentors: Dr. Tamar Rodney and Dr. Michelle Patch

Barriers and Facilitators of HIV Pre-Exposure Prophylaxis in Family Planning **Health Centers**

Kendra Joseph-Rodgers, MSN, WHNP-BC

PrEP is safe and effective when taken as prescribed. PrEP is 99% effective against transmission of HIV from sexual contact and 74% effective against transmission through needle sharing



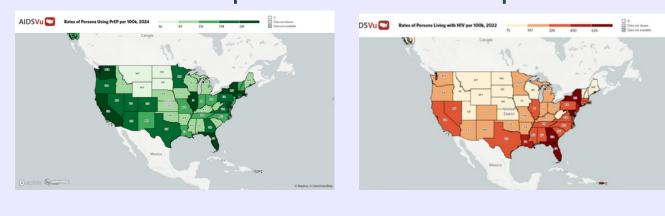
FAMILY PLANNING HEALTH CENTERS: Offer sexual and reproductive health care all over the US

Principles Guiding Sexual and Reproductive Health Care:

- 1. Person Centered
- 2. Evidence Based
- 3. Inclusive
- 4. Accessible
- 5. Sex and Body Positive
- 6. Trauma Informed

PrEP to Need Ratio (PnR)

The number of PrEP users compared to the number of new HIV diagnosis in a specific population or geographic region: measures inequities in PrEP uptake



Inequities in PrEP Utilization in the United States in 2023:

- Women account for 8% of PrEP users but 18% of new HIV diagnosis
- The south account for 39% PrEP use and 53% new HIV diagnosis
- Black people account for 14% PrEP users but 39% new HIV diagnosis

Results

CONCLUSION: BUILDING SUSTAINABLE MODELS OF PATIENT ENGAGEMENT FOR **Prep Delivery**

Barriers Perception of risk 8,13,6 Medical mistrust Limited knowledge ¹³ Competing life priorities! Side Effects⁸

Provider Perception of risk 8,13,6

References

Facilitators

· Building trust with medical provider · Culturally relevant education materials Peer Navigation 5,10

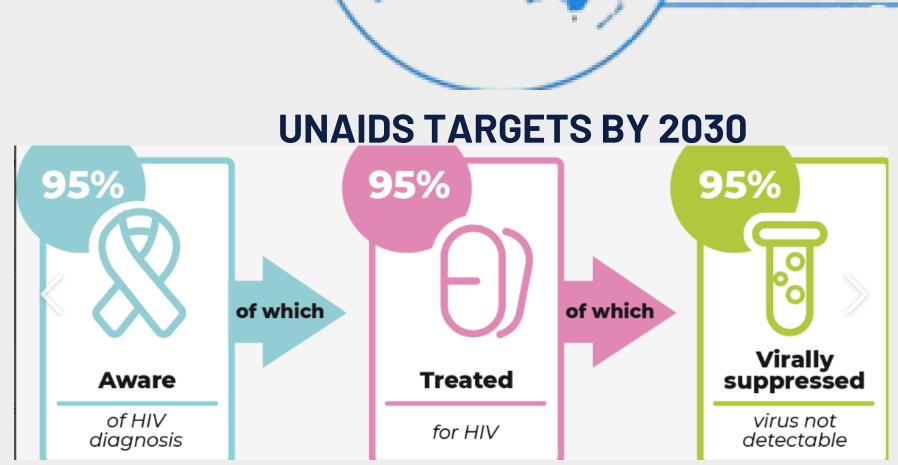
Medicaid Expansion PrEP curriculum as

- standard of provider training Increased cultural
- competency training Inclusive patient and provider educational materials
- Funding for patient navigation/PrEP Champion
- Standardized electronic medical record tools for risk assessment and delivery or PrEP

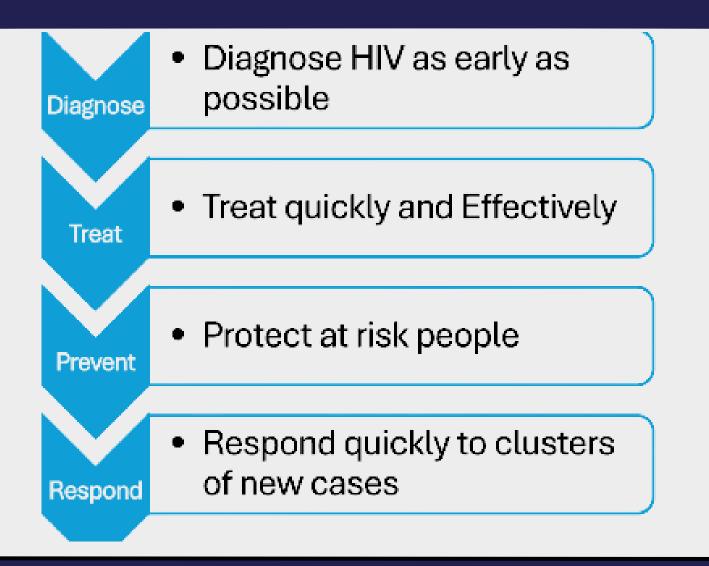
IS HIV STILL A GLOBAL ISSUE? WHY CENTRE FOR INFECTIOUS DISEASES **MATTERS?**

GLOBAL HIV STATISTICS 2024





Ending The HIV Epidemic Initiative



CENTER MISSION

Cultivate scientific and programmatic infectious disease expertise within Nursing. Center affiliated scientists, trainees and staff design and test innovative, high quality, patient-centered models of care to improve clinical outcomes

LEARNING EXPERIENCE AT THE CENTER

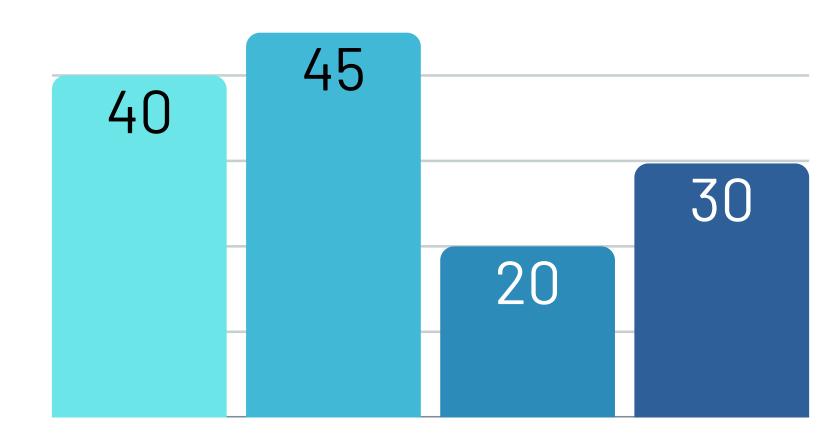
- Mentorship
- Time management
- Meetings
- Cooperation/commitment



Effectiveness of Psychosocial Interventions on Mental Health and HIV Treatment Adherence **Among Adolescents Living with HIV in Africa**

Rashid Gosse, BSN, RN

Prevalence of Common Mental Health Disorders among Adolescents Living with HIV



Emotional/ Depression Anxiety Behavioral

Suicidal ideation

- HIV-related stigma and discrimination
- Loss of a parent or orphanhood
- History of trauma or abuse
- Socioeconomic hardships

DATABASES: PubMed, PsycInfo, Scopus, Embase, ...

 $4142 \text{ records} \longrightarrow 2098 \longrightarrow 35 \longrightarrow 14$

RESULTS

Family-based Cognitive **Interventions Behavioral Therapy** Improving communication Support Psychoeducation Cognitive restructuring

Risks

Skill-building

• Shared experiences

Mobile-based peer support

Interventions MENTAL HEALTH OUTCOMES

- Collective coping strategies Mixed results in depression Financial support
 - Decrease in Anxiety symptoms
 - Decrease in internalized stigma

Community-based Peer Support Interventions Provide support • Guidance

Psychosocial

interventions

- Holistic approach to mental heal
- CHWs/Lay counselors School-based support
- Increased Adherence to treatment Decrease virus non-suppression

HIV REATMENT OUTCOMES

Effectiveness of

IMPLICATIONS

- Integrated care models
- Family and peer strengthening programs
- Leverage digital health interventions
- Longitudinal studies to assess long-term impact



ACKNOWLEDGEMENTS

Dr. Jennifer Wenzel, Dr. Jermaine Monk, Dr. Michelle Patch, Dr. Tamar Rodney, Lauren Brereton Cox, Thomas Hinneh, Sarah Won, and Pathway Scholars Funding from Pathway to PhD Nursing Scholars Program. Johns Hopkins Pathways to PhD Provost's award

