CURRICULUM VITAE Part I

PERSONAL DATA

Yvonne Commodore-Mensah, PhD, MHS, RN, FAAN, FAHA, FPCNA

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School of Nursing

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EDUCATION

Year	Degree	Institution	Location
2019	Master of Health Science	The Johns Hopkins University Bloomberg School of Public Health	Baltimore, Maryland
2014	Doctor of Philosophy	Johns Hopkins School of Nursing	Baltimore, Maryland
2008	Bachelor of Science Nursing (Honors)	Fairleigh Dickinson University	Teaneck, New Jersey

CURRENT LICENSES

Year Source Type 2010-Present State of Maryland RN

PROFESSIONAL EXPERIENCE

Years	Position	Institution	Location
2024	Associate Dean for Research	Johns Hopkins School of Nursing	Baltimore, Maryland
2024	Associate Director for Local/Global Reciprocal Innovation	Johns Hopkins Center for Health Equity	Baltimore, Maryland
2024	Visiting Professorship	Mahidol University, Faculty of Nursing	Bangkok, Thailand
2024-present	Adjunct Faculty	University of Health and Alliance Sciences	Volta Region, Ghana
2024-Present	Core Faculty	The Welch Center for Prevention, Epidemiology, and Clinical Research	Baltimore, Maryland
2022-Present	Associate Professor	The Johns Hopkins University School of Nursing	Baltimore, Maryland

Years	Position	Institution	Location
2021-Present	Associate Faculty	The Welch Center for Prevention, Epidemiology, and Clinical Research	Baltimore, Maryland
2022-President	President & Co-founder	Ghanaian-Diaspora Nursing Alliance(G-DNA)	Elkridge, Maryland
2019-Present	Joint Faculty Appointment	The Johns Hopkins University Bloomberg School of Public Health, Department of Epidemiology	Baltimore, Maryland
2017-Present	Core Faculty	Johns Hopkins Center for Health Equity	Baltimore, Maryland
2017-2023	Chief Executive Officer	The African Research Academies for Women	United States & Ghana
2016-2022	Assistant Professor	The Johns Hopkins University School of Nursing	Baltimore, Maryland
2015-2016	Assistant Research Professor	Emory University Nell Hodgson Woodruff School of Nursing	Atlanta, Georgia
2015	Research Associate	The Johns Hopkins University School of Nursing	Baltimore, Maryland
2014-2015	Special Volunteer	National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)	Bethesda, Maryland
2012-2014	Program Manager	Johns Hopkins University School of Nursing Helene Fuld Leadership Program for the Advancement of Patient Safety & Quality	Baltimore, Maryland
2010-2015	Graduate-Student	The Johns Hopkins University School of Nursing	Baltimore, Maryland
2010-2011	Research Nurse	Nurse-Led Heart Failure Care Transition Intervention for African Americans (R21NR011056)	Baltimore, Maryland
2008-2009	Registered Nurse	Inova Fairfax Hospital, Cardiac Telemetry Unit	Falls Church, Virginia

HONORS AND AWARDS

2024	Watkins Saunders Award, American Heart of Baltimore & Greater Maryland
2023	Term Professorship for Rising Faculty, Johns Hopkins School of Nursing
2023	Global Achievement Award, Johns Hopkins University
2023	Excellence in Health Equity Research Award, Johns Hopkins School of Nursing
2023	Excellence in Research Mentoring Award, Johns Hopkins School of Nursing
2022	SONie Award: Best Social Media Presence, Johns Hopkins School of Nursing,
2022	SON Dean's Award, Outstanding Nurse Researcher
2019-present	Fellow, American Heart Association, Council on Cardiovascular Nursing
2018-present	Fellow, Preventive Cardiovascular Nurses Association
2020	World Heart Federation Salim Yusuf Emerging Leaders Programme
2019	Fellow, American Academy of Nursing
2019	Miriam E. Brailey Award, The Johns Hopkins University Bloomberg School of Public Health
2018	Nancy Fink Award, The Johns Hopkins University Bloomberg School of Public Health
2016	American Heart Association Martha Hill New Investigator Award
2015	PhD Manuscript Award for Best Published Paper, The Johns Hopkins University School of Nursing
2015	Lawrence W. Green Paper of the Year Award (For "Developing Behavioral Theory with the Systematic Integration of Community Social Capital Concepts" with Drs. Laura Samuel and Cheryl Dennison Himmelfarb), Health Education & Behavior
2014	Winning Abstract Award (Data-based Category), Preventive Cardiovascular Nurses Association
2014	Teaching Innovation Award (for The Helene Fuld Leadership Program for the Advancement of Patient Care Quality and Safety, Program Director, C. Dennison Himmelfarb), Johns Hopkins University School of Nursing

RESEARCH

Sponsored Projects

09/2024-06/2029	The ADHINCRA Study: Addressing Hypertension Care in Africa, National Heart Lung and Blood Institute (NHLBI). 1R01HL175642. Role: MPI.(Yvonne Commodore-Mensah, Fred Stephen Sarfo, Dike Ojji, MPIs) 15% effort. Total Direct Costs, \$2,300,000
01/2024-6/2025	Adaptive personalized dietitian coaching, messaging and produce prescription to improve healthy dietary behaviors-THRIVE, American Heart Association. Role: <u>Co-PI</u> . 5% effort. (Oluwabunmi Ogungbe & Yvonne Commodore-Mensah, MPIs). Total Direct Costs, \$400,000.00
07/2024-06/2025	The Social Determinants of the Risk of Hypertension in Women of Reproductive Age (SAFE HEART). Role: <u>Co-PI</u> . 14%. American Heart Association Supplemental Grants for Research Goes Red Awardees (Yvonne Commodore-Mensah and Garima Sharma). Total Direct Costs: \$300,000.00
7/2022-6/2024	The Social Determinants of the Risk of Hypertension in Women Study. 24RGRSG1275750. Role: <u>Co-Pl</u> . 5%. American Heart Association (Co-Pls, Garima Sharma and Yvonne Commodore-Mensah). Total Direct Costs:\$446,758.00
10/2022-9/2026	Improving Participation Among diverse populations in Cardiovascular clinical Trials (IMPACT). Role: <u>Co-I.</u> 5% effort. American Heart Association. (Erin Michos, PI). Total Direct Costs, \$1,044,076.00
09/2021-08/2026	A Cardiometabolic Health Program LINKED with Community Health Workers and Mobile Health Telemonitoring To reduce Health Disparities (LINKED-HEARTS PROGRAM), P50 MD017348 – 8183. Role: Co-PI, 20% effort. National Institute of Minority Health Disparities. (Yvonne Commodore-Mensah & Cheryl Dennison Himmelfarb (PIs). Total Direct Costs, \$2.5 million
10/2021-09/2025	Home Blood Pressure Telemonitoring Linked with Community Health Workers to Improve Blood Pressure (LINKED-BP), 20% effort. 882415. American Heart Association Health Equity Research Network (HERN) on Prevention of Hypertension. Role: PI. Total Direct Costs, \$2,639,998.00
09/2020-08/2022	A Virtual Cardiometabolic Health Program for African Immigrants: The Afro-DPP Program, 10% effort. Role: PI (Pilot). Awarded to Sarah Szanton, PI. Hopkins Center to Promote resilience in persons and families living with multiple chronic conditions (the PROMOTE Center) Total Direct costs: \$163750
09/2020-02/2022	Development of an Interactive team-based care Electronic Health Record System. Role: Co-Investigator. Awarded to RADECT Inc. (1R44MD014095-01). 25% effort. Total Direct Costs, \$224, 150
07/2020-06/2021	The Tele-SMARTBP Program: A Mixed Methods Pilot Study. Role: Principal Investigator. The Johns Hopkins Catalyst Award Program. Total Award Amount: \$74,998
06/2020-06/2021	Evaluating the Efficacy of Community Outreach Screening for Cardiovascular Disease in High-Risk Populations. Pfizer Global Medical Grants. Preventive Cardiovascular Nurses Association, Madison, Wisconsin. Role: Co-Investigator. Effort In kind
04/2020-03/2025	Johns Hopkins Center for Mobile Technologies to Achieve Equity in Cardiovascular Health, Co-Investigator, 10% effort. American Heart Association Strategically Focused Research Network (Seth Martin & David Newman-Toker (PIs). Total Direct Costs, \$2.5 million
05/2019-08/2022	Cardiovascular Health Initiative. RESOLVE To Save Lives. L. Appel, PI, Role: Co-Investigator, 10% effort, Vital Strategies. Total Direct Costs: \$3,200,000.

09/2018-01/2022	Addressing Hypertension Care in Africa (ADHINCRA) Study. Pl: Yvonne Commodore-Mensah. Principal Investigator. 5% effort. The Johns Hopkins University JHU Alliance for a Healthier World. Total Direct Costs, \$250,000. Johns Hopkins Clinical Research Scholars Program (5KL2TR001077-05). (Yvonne Commodore-Mensah) Trainee, 75% effort
2016-2019	Yvonne Commodore-Mensah New Nurse Faculty Fellowship. PI: Commodore-Mensah, Yvonne. Principal Investigator. Maryland Higher Education Commission. \$20,000.
2016-2019	African Immigrants' Perceptions and Attitudes Toward Cardiovascular Health. PI: Commodore-Mensah, Yvonne. Principal Investigator. Sigma Theta Tau International Inc. \$4,915.
09/2015–08/2020	Comparative Effectiveness of Health System vs. Multilevel Interventions to Reduce Hypertension Disparities. L. Cooper, Pl. Role: Co-Investigator, NIH / PCORI (UH2 HL130688), Direct Costs, Year 1: \$650,000.
09/2012-06/2014	Cardiovascular Disease Risk of West African Immigrants and the Effect of Acculturation Role: Principal Investigator, PI 1P30NR011409, Center of Excellence for Cardiovascular Health, 75% effort, Total Direct Cost: \$6,000.

Scholarship

Publications

Peer-reviewed Journal Articles(*data-based)

- 1. *Benjasirisan, C., Elias, S., Lim, A., Byiringiro, S., Chen, Y., Kruahong, S., Turkson-Ocran, R. A., Dennison Himmelfarb, C. R., Commodore-Mensah, Y., & Koirala, B. (2024). Disparities in the Use of Annual Heart Health Screenings Among Latino, Black, and Asian Immigrants: Evidence from the 2011 to 2018 National Health Interview Survey. Journal of the American Heart Association, e032919. Advance online publication. https://doi.org/10.1161/JAHA.123.032919
- 2. Shah NS, Kandula NR, Commodore-Mensah Y, Morey BN, Patel SA, Wong S, Yang E, Yi S; American Heart Association Prevention Science Committee of the Council on Epidemiology and Prevention and the Council on Cardiovascular and Stroke Nursing; Council on Hypertension; Council on Lifestyle and Cardiometabolic Health; Council on Basic Cardiovascular Sciences; Council on Clinical Cardiology; Council on Peripheral Vascular Disease; and Council on Quality of Care and Outcomes Research. Social Determinants of Cardiovascular Health in Asian Americans: A Scientific Statement From the American Heart Association. Circulation. 2024 Sep 16. doi: 10.1161/CIR.000000000001278. Epub ahead of print. PMID: 39279648.
- 3. *Ajibewa TA, Turkson Ocran RA, Carnethon MR, Metlock FE, Liu X, **Commodore-Mensah Y**. Physical Activity Engagement among Black Immigrants and African American Adults in the 2010 to 2018 NHIS Study. Ethn Dis. 2024 Aug 21;34(3):165-172. doi: 10.18865/EthnDis-2023-45. PMID: 39211815; PMCID: PMC11354821.
- 4. *Bhatla A, Ding J, Mhaimeed O, Spaulding EM, Commodore-Mensah Y, Plante TB, Shan R, Marvel FA, Martin SS. Patterns of Telehealth Visits After the COVID-19 Pandemic Among Individuals With or at Risk for Cardiovascular Disease in the United States. J Am Heart Assoc. 2024 Sep 3;13(17):e036475. doi: 10.1161/JAHA.124.036475. Epub 2024 Aug 29. PMID: 39206726.

- 5. Writing Committee Members; Morris AA, Masoudi FA, Abdullah AR, Banerjee A, Brewer LC, Commodore-Mensah Y, Cram P, DeSilvey SC, Hines AL, Ibrahim NE, Jackson EA, Joynt Maddox KE, Makaryus AN, Piña IL, Rodriguez-Monserrate CP, Roger VL, Thorpe FF, Williams KA Sr. 2024 ACC/AHA Key Data Elements and Definitions for Social Determinants of Health in Cardiology: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Data Standards. J Am Coll Cardiol. 2024 Aug 21:S0735-1097(24)07404-7. doi: 10.1016/j.jacc.2024.05.034. Epub ahead of print. PMID: 39207317.
- 6. *Hinneh T, Boakye H, Metlock F, Ogungbe O, Kruahong S, Byiringiro S, Dennison Himmelfarb C, Commodore- Mensah Y. Effectiveness of team-based care interventions in improving blood pressure outcomes among adults with hypertension in Africa: a systematic review and meta-analysis. BMJ Open. 2024 Jul 17;14(7):e080987. doi: 10.1136/bmjopen-2023-080987. PMID: 39019631.
- 7. Shimbo D, Shah RU, Abdalla M, Agarwal R, Ahmad FS, Anaya G, Attia ZI, Bull S, Chang AR, Commodore-Mensah Y, Ferdinand K, Kawamoto K, Khera R, Leopold J, Luo J, Makhni S, Mortazavi BJ, Oh YS, Savage LC, Spatz ES, Stergiou G, Turakhia MP, Whelton PK, Yancy CW, Iturriaga E. Transforming Hypertension Diagnosis and Management in The Era of Artificial Intelligence: A 2023 National Heart, Lung, and Blood Institute (NHLBI) Workshop Report. Hypertension. 2024 Jul 16. doi: 10.1161/HYPERTENSIONAHA.124.22095. Epub ahead of print. PMID: 39011653.
- 8. *Byiringiro S, Hinneh T, Commodore-Mensah Y, Masteller J, Sarfo FS, Perrin N, Assibey S, Himmelfarb CR. Exploring patient-, provider-, and health facility-level determinants of blood pressure among patients with hypertension: A multicenter study in Ghana. PLOS Glob Public Health. 2024 Jul 15;4(7):e0002121. doi: 10.1371/journal.pgph.0002121. PMID: 39008513; PMCID:PMC11249229.
- 9. *Elias S, Wenzel J, Cooper LA, Perrin N, Commodore-Mensah Y, Lewis KB, Koirala B, Slone S, Byiringiro S, Marsteller J, Himmelfarb CR; RICH LIFE Project Investigators *. Multiethnic Perspectives of Shared Decision-Making in Hypertension: A Mixed-Methods Study. J Am Heart Assoc. 2024 Jul 11:e032568. doi: 10.1161/JAHA.123.032568. Epub ahead of print. PMID:38989822.
- 10. *Byiringiro S, Hinneh T, Chepkorir J, Tomiwa T, **Commodore-Mensah Y**, Marsteller J, Sarfo FS, Saylor MA, Assibey S, Himmelfarb CR. Healthcare system barriers and facilitators to hypertension management in Ghana. Ann Glob Health. 2024 Jul 4;90(1):38. doi: 10.5334/aogh.4246. PMID: 38978819; PMCID: PMC11229483.
- 11. Owusu B, Bivins B, Juste J, Francis L, Itambo J, Akomah J, Yorukoglu N, Gbaba S, Hinneh T, Ajibewa T, Commodore-Mensah Y, Baptiste DL. Continuous glucose monitoring for black older adults with type 2 diabetes mellitus: Challenges, innovations and implications: A discursive review. J Adv Nurs. 2024 Jun 24. doi: 10.1111/jan.16277. Epub ahead of print. PMID: 38924568.
- 12. Metlock FE, Hinneh T, Benjasirisan C, Alharthi A, Ogungbe O, Turkson-Ocran RN, Himmelfarb CR, Commodore- Mensah Y. Impact of Social Determinants of Health on Hypertension Outcomes: A Systematic Review. Hypertension. 2024 Jun 18. doi: 10.1161/HYPERTENSIONAHA.123.22571. Epub ahead of print. PMID: 38887955.
- 13. Metlock FE, Kwapong YA, Evans C, Ouyang P, Vaidya D, Aryee EK, Nasir K, Mehta LS, Blumenthal RS, Douglas PS, Hall J, **Commodore-Mensah Y**, Sharma G. Design and Rationale of the Social Determinants of the Risk of Hypertension in Women of Reproductive Age (SAFE HEART) Study: An American Heart Association Research Goes Red Initiative. Am Heart J. 2024 Jun 9:S0002-8703(24)00138-8. doi: 10.1016/j.ahj.2024.05.016. Epub ahead of print. PMID: 38862074.

- 14. *Spaulding EM, Fang M, Commodore-Mensah Y, Himmelfarb CR, Martin SS, Coresh J. Prevalence and Disparities in Telehealth Use Among US Adults Following the COVID-19 Pandemic: National Cross-Sectional Survey. J Med Internet Res. 2024 May 10;26:e52124. doi: 10.2196/52124. PMID: 38728070; PMCID: PMC11127137.
- 15. *Joynt Maddox KE, Elkind MSV, Aparicio HJ, Commodore-Mensah Y, de Ferranti SD, Dowd WN, Hernandez AF, Khavjou O, Michos ED, Palaniappan L, Penko J, Poudel R, Roger VL, Kazi DS; American Heart Association. Forecasting the Burden of Cardiovascular Disease and Stroke in the United States Through 2050-Prevalence of Risk Factors and Disease: A Presidential Advisory From the American Heart Association. Circulation. 2024 Jun 4. doi: 10.1161/CIR.0000000000001256. Epub ahead of print. PMID:38832505.
- 16. **Commodore-Mensah Y**, Chen Y, Ogungbe O, Liu X, Metlock FE, Carson KA, Echouffo-Tcheugui JB, Ibe C, Crews D, Cooper LA, Himmelfarb CD. Design and rationale of the cardiometabolic health program linked with community health workers and mobile health telemonitoring to reduce health disparities (LINKED-HEARTS) program. Am Heart J. 2024 May 15;275:9-20. doi: 10.1016/j.ahj.2024.05.008. Epub ahead of print. PMID: 38759910.
- 17. *Broni EK, Echouffo-Tcheugui JB, Palatnik A, Graham EM, Turkson-Ocran RA, Commodore-Mensah Y, Ndumele CE, Michos ED. Associations between hysterectomy and metabolic syndrome: the Multi-Ethnic Study of Atherosclerosis. Am J Obstet Gynecol. 2024 May 3:S0002-9378(24)00561-1. doi: 10.1016/j.ajog.2024.04.035. Epub ahead of print. PMID: 38703940.
- 18. *Chen Y, Koirala B, Ji M, **Commodore-Mensah Y**, Dennison Himmelfarb CR, Perrin N, Wu Y. Obesity paradox of cardiovascular mortality in older adults in the United States: A cohort study using 1997-2018 National Health Interview Survey data linked with the National Death Index. Int J Nurs Stud. 2024 Jul;155:104766. doi: 10.1016/j.ijnurstu.2024.104766. Epub 2024 Apr 2. PMID:38703694.
- 19. Foti K, Wang D, Tang O, Daya NR, Commodore-Mensah Y, Juraschek SP, Christenson RH, Selvin E, McEvoy JW. Modeling the Impact of Biomarker-Guided Versus ASCVD Risk-Guided Drug Treatment in US Adults With Stage 1 Hypertension: The National Health and Nutrition Examination Survey, 1999 to 2004. Hypertension. 2024 Jul;81(7):1599-1608. doi: 10.1161/Hypertension AHA.123.22665. Epub 2024 May 1. PMID: 38690651; PMCID: PMC11168872.
- 20. *Spaulding, E. M., Fang, M., Chen, Y., Commodore-Mensah, Y., Himmelfarb, C. R., Martin, S. S., & Coresh, J. (2024). Satisfaction with Telehealth Care in the United States: Cross-Sectional Survey. Telemedicine journal and e-health: the official journal of the American Telemedicine Association, 10.1089/tmj.2023.0531. Advance online publication. https://doi.org/10.1089/tmj.2023.0531
- 21. * Lim A, Elias S, Benjasirisan C, Byiringiro S, Chen Y, Turkson-Ocran RA, Dennison Himmelfarb CR, Commodore- Mensah Y, Koirala B. Heterogeneity in the Prevalence of Cardiovascular Risk Factors by Ethnicity and Birthplace Among Asian Subgroups: Evidence From the 2010 to 2018 National Health Interview Survey. J Am Heart Assoc. 2024 Feb 29:e031886. doi: 10.1161/JAHA.123.031886. Epub ahead of print. PMID: 38420759.
- 22. *Commodore-Mensah Y, Ogungbe O, Broni E, Ezeike C, Turkson-Ocran RA, Wenzel J, Cooper LA. African Immigrants' perceptions and attitudes toward cardiovascular health. J Adv Nurs. 2024 Feb 12. doi: 10.1111/jan.16080. Epub ahead of print. PMID: 38345368.
- 23. Elias, S., Chen, Y., Liu, X., Slone, S., Turkson-Ocran, R. A., Ogungbe, B., Thomas, S., Byiringiro, S., Koirala, B., Asano, R., Baptiste, D. L., Mollenkopf, N. L., Nmezi, N., Commodore-Mensah, Y., & Himmelfarb, C. R. D.

- (2024). Shared Decision-Making in Cardiovascular Risk Factor Management: A Systematic Review and Meta-Analysis. JAMA network open, 7(3), e243779. https://doi.org/10.1001/jamanetworkopen.2024.3779
- 24. Martin SS, Aday AW, Almarzooq ZI, Anderson CAM, Arora P, Avery CL, Baker-Smith CM, Barone Gibbs B, Beaton AZ, Boehme AK, Commodore-Mensah Y, Currie ME, Elkind MSV, Evenson KR, Generoso G, Heard DG, Hiremath S, Johansen MC, Kalani R, Kazi DS, Ko D, Liu J, Magnani JW, Michos ED, Mussolino ME, Navaneethan SD, Parikh NI, Perman SM, Poudel R, Rezk-Hanna M, Roth GA, Shah NS, St-Onge MP, Thacker EL, Tsao CW, Urbut SM, Van Spall HGC, Voeks JH, Wang NY, Wong ND, Wong SS, Yaffe K, Palaniappan LP; American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Subcommittee. 2024 Heart Disease and Stroke Statistics: A Report of US and Global Data From the American Heart Association. Circulation. 2024 Feb 20;149(8):e347-e913. doi: 10.1161/CIR.0000000000001209. Epub 2024 Jan 24. PMID: 38264914.
- 25. Isakadze N, Kim CH, Marvel FA, Ding J, MacFarlane Z, Gao Y, Spaulding EM, Stewart KJ, Nimbalkar M, Bush A, Broderick A, Gallagher J, Molello N, Commodore-Mensah Y, Michos ED, Dunn P, Hanley DF, McBee N, Martin SS, Mathews L. Rationale and Design of the mTECH-Rehab Randomized Controlled Trial: Impact of a Mobile Technology Enabled Corrie Cardiac Rehabilitation Program on Functional Status and Cardiovascular Health. J Am Heart Assoc. 2024 Jan 16;13(2):e030654. doi: 10.1161/JAHA.123.030654. Epub 2024 Jan 16. PMID: 38226511.
- 26. Ogungbe O, Longenecker CT, Beaton A, de Loizaga S, Brant LCC, Turkson Ocran RN, Bastani P, Sarfo FS, Commodore-Mensah Y. Advancing Cardiovascular Health Equity Globally Through Digital Technologies. J Am Heart Assoc. 2024 Jan 16;13(2):e031237. doi: 10.1161/JAHA.123.031237. Epub 2024 Jan 16. PMID: 38226506.
- 27. *Liu X, Slone SE, Chen Y, Yeboah-Korieh Y, Alharthi A, Amihere J, Moyo-Songonuga S, Lane T, Ostchega Y, Brady TM, Himmelfarb CR, **Commodore-Mensah Y**. Blood Pressure Measurements Obtained by Community-Dwelling Adults Are Similar to Nurse-Obtained Measurements: The SMART-BP Validate Study. Am J Hypertens. 2024 Jan 14:hpaeoo1. doi: 10.1093/ajh/hpaeoo1. Epub ahead of print. PMID: 38219026.
- 28. Hinneh T, Osei Baah F, Amoako E, Baptiste D, Turkson-Ocran RA, Agore A, Adombire S, Decker M, Apau D, Fankah I, Koomson P, Mensah B, Idun J, Akyirem S, **Commodore-Mensah Y**. Towards advancement of nursing in Ghana: The role of the Ghanaian-Diaspora Nursing Alliance (G-DNA). Nurs Open. 2023 Dec;10(12):7450-7453. doi: 10.1002/nop2.1997. Epub 2023 Sep 25. PMID: 37743758; PMCID: PMC10643831.
- 29. Hinneh T, Akyirem S, Bossman IF, Lambongang V, Ofori-Aning P, Ogungbe O, **Commodore Mensah Y**. Regional prevalence of hypertension among people diagnosed with diabetes in Africa, a systematic review and meta- analysis. PLOS Glob Public Health. 2023 Dec 5;3(12):e0001931. doi: 10.1371/journal.pgph.0001931. PMID: 38051707; PMCID: PMC10697518
- 30. Chen Y, Turkson-Ocran RA, Koirala B, Davidson PM, Commodore-Mensah Y, Himmelfarb CD. Association Between the Composite Cardiovascular Risk and mHealth Use Among Adults in the 2017-2020 Health Information National Trends Survey: Cross-Sectional Study. J Med Internet Res. 2024 Jan 4;26:e46277. doi: 10.2196/46277. PMID: 38175685; PMCID: PMC10797506.
- 31. *McNabb, K. C., Bergman, A. J., Smith-Wright, R., Seltzer, J., Slone, S. E., Tomiwa, T., Alharthi, A., Davidson, P. M., Commodore-Mensah, Y., & Ogungbe, O. (2023). "It was almost like it's set up for people to fail" A qualitative analysis of experiences and unmet supportive needs of people with Long COVID. BMC public health, 23(1), 2131. https://doi.org/10.1186/s12889-023-17033-4
- 32. Spaulding, E. M., Isakadze, N., Molello, N., Khoury, S. R., Gao, Y., Young, L., Antonsdottir, I. M., Azizi, Z., Dorsch, M. P., Golbus, J. R., Ciminelli, A., Brant, L. C. C., Himmelfarb, C. R., Coresh, J., Marvel, F. A., Longenecker, C. T.,

- Commodore-Mensah, Y., Gilotra, N. A., Sandhu, A., Nallamothu, B., ... Martin, S. S. (2023). Use of Human-Centered Design Methodology to Develop a Digital Toolkit to Optimize Heart Failure Guideline-Directed Medical Therapy. The Journal of cardiovascular nursing, 10.1097/JCN.0000000000001051. Advance online publication. https://doi.org/10.1097/JCN.000000000001051
- 33. **Commodore-Mensah, Y**., Delva, S., Ogungbe, O., Smulcer, L. A., Rives, S., Dennison Himmelfarb, C. R., Kim, M. T., Bone, L., Levine, D., & Hill, M. N. (2023). A Systematic Review of the Hill-Bone Compliance to Blood Pressure Therapy Scale. Patient preference and adherence, 17, 2401–2420. https://doi.org/10.2147/PPA.S412198
- 34. Ogungbe, O., Grant, J. K., Ayoola, A. S., Bansah, E., Miller, H. N., Plante, T. B., Sheikhattari, P., Commodore-Mensah, Y., Turkson-Ocran, R. N., Juraschek, S. P., Martin, S. S., Lin, M., Himmelfarb, C. R., & Michos, E. D. (2023). Strategies for Improving Enrollment of Diverse Populations with a Focus on Lipid-Lowering Clinical Trials. Current cardiology reports, 25(10), 1189–1210. https://doi.org/10.1007/s11886-023-01942-2
- 35. Moran, A. E., Gupta, R., & Global Hearts Initiative Collaborators (2023). Implementation of Global Hearts Hypertension Control Programs in 32 Low- and Middle-Income Countries: JACC International. *Journal of the American College of Cardiology*, 82(19), 1868–1884. https://doi.org/10.1016/j.jacc.2023.08.043
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- 37. Peprah, E., Amegbor, P., Laar, A., Akasoe, B., & Commodore-Mensah, Y. (2023). Reducing Dietary Sodium Intake among Young Adults in Ghana: A Call to Action. Nutrients, 15(16), 3562. https://doi.org/10.3390/nu15163562
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Books

Book Chapters

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Published Abstracts(*data-based)

- *Thomas Hinneh, Oluwabunmi V Ogungbe, Faith Metlock, Nana Kwasi F Appiah, Yvonne Commodore- Mensah, Fred S Sarfo, Cheryl R Dennison Himmelfarb, Lambert T Appiah, Kathryn Carson, Lisa A Cooper Abstract 13411: Effect of Multilevel, Nurse-Led, Mobile Health Enhanced Intervention on Cardiovascular Disease Risk Reduction Among Patients With Uncontrolled Hypertension in Ghana: Evidence From the ADHINCRA Study. American Heart Association Scientific Sessions 2023. Circulation. Volume 148, Issue Suppl_17 November 2023
- 2. *Yvonne Commodore-Mensah, Ruth-Alma N Turkson-Ocran, Kathryn Foti, Cheryl R Dennison Himmelfarb, Kathryn Carson, Lambert T Appiah, Gideon Nyamekye, Linda Mobula-Shufelt, Lisa A Cooper, Fred S Sarfo. Abstract 15333: The Addressing Hypertension Care in Africa (ADHINCRA) Study: A Multi-Level Nurse-Led, Mobile-Health Enhanced Intervention to Improve Hypertension Control in Ghana. American Heart Association Scientific Sessions 2023. Circulation. Volume 148, Issue Suppl_17 November 2023
- 3. *Nana Kwasi Appiah, Oluwabunmi V Ogungbe, Thomas Hinneh, Faith Metlock, Cheryl R Dennison Himmelfarb, Lisa A Cooper, Kathryn Carson, FRED S SARFO, Lambert T Appiah, **Yvonne Commodore-Mensah**. Abstract 17373: The Effect of a Multi-Level Nurse-Led and M-Health Intervention on Medication Adherence Among Adults with Uncontrolled Hypertension in the ADHINCRA Study. American Heart Association Scientific Sessions 2023. Circulation. Volume 148, Issue Suppl_17 November 2023
- 4. *Eric K Broni, Justin B Echouffo Tcheugui, Anna Palatnik, Ernest Graham, Ruth-Alma Turkson-Ocran, Yvonne Commodore-Mensah, Chiadi E Ndumele and Erin D Michos. Abstract 15781: Associations Between Hysterectomy and Incident Metabolic Syndrome: The Multi-Ethnic Study of Atherosclerosis (MESA) American Heart Association Scientific Sessions 2023. Circulation. Volume 148, Issue Suppl_17 November 2023
- 5. *Abeer Alharthi, Oluwabunmi Ogungbe, Rawnaq Behnam, Cheryl Dennison Himmelfarb, **Yvonne Commodore-Mensah**, Tala al-rousan Abstract 16702: Associations Between Knowledge, Attitudes, and Practices and Blood Pressure Control Among Iraqi and Syrian Refugees in the United States. American Heart Association Scientific Sessions 2023. Circulation. Volume 148, Issue Suppl_17November 2023
- 6. *Faith E Metlock, Biruk Teshome, Oluwabunmi V Ogungbe, Yaa A Kwapong, Thomas Hinneh, Garima Sharma, **Yvonne Commodore-Mensah**. Abstract 17965: Hypertension Cascade and Social Determinants of Health in

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- 7. *Oluwabunmi V Ogungbe, Ruth-Alma Turkson-Ocran, Thomas Hinneh, Loretta Owusu, Erin Spaulding, Jasmine Mensah, Serina Gbaba, Aminata Sinyan, Adeline Assani-Uva, Yvonne Commodore-Mensah. Abstract 18223: The Afro-DPP Program: A Pilot Cluster-Randomized Virtual Cardiometabolic Health Program to Improve Hypertension and Glycemic Control Among African Immigrants. American Heart Association Scientific Sessions 2023 Circulation. Volume 148, Issue Suppl_17 November 2023
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- 10. *Xiaoyue Liu, Cheryl R Dennison Himmelfarb, Cherilyn Hall, Lisa A Cooper, **Yvonne Commodore-Mensah**. Abstract MP13: Disparities in Home Blood Pressure Monitoring Among Adults Diagnosed With Hypertension Receiving Primary Care in a Large Academic Health System. American Heart Association Epi|Lifestyle Conference. Circulation. Volume 147, Issue Suppl_128 February 2023
- 11. Oluwabunmi V Ogungbe, Ruth-Alma Turkson-Ocran, Diana-Lyn Baptiste, Fredrick Larbi Kwapong, Emily Aidoo, **Yvonne Commodore-Mensah**, Yvonne Commodore-Mensah Abstract P115: Ethnic Differences in Cardiovascular Disease Deaths Among African American, African Immigrant and Afro-Caribbean Adults in the 1999-2018 National Health Interview Surveys. American Heart Association Epi|Lifestyle Conference. Circulation. Volume 147, Issue Suppl_128 February 2023
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- 14. Sabrina Elias, Abeer Alharthi, Oluwabunmi Ogungbe, Ruth-Alma N Turkson-Ocran, Chitchanok Benjasirisan, Yvonne Commodore-Mensah, Cheryl R Dennison Himmelfarb Abstract P317: Heterogeneity in Prevalence of Hypertension and Overweight/Obesity Among US-Born and Foreign-Born Latino Subgroups: Evidence From the 2010-2018 National Health Interview Survey. American Heart Association Epi|Lifestyle Conference. Circulation. Volume 147, Issue Suppl_128 February 2023
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- 17. *Mannoh I, Turkson-Ocran, RA, **Commodore-Mensah Y**. Abstract 17213: myocardial infarction and stroke awareness among US and foreign-born adults in the 2014 and 2017 National Health Interview Survey. https://doi.org/10.1161/circ.142.suppl_3.17213 Circulation. 2020;142:A17213
- 18. *Koirala B, **Commodore-Mensah Y**, Turkson-Ocran RA, Baptiste D, Dennison Himmelfarb CR, & Davidson, P. (2020) Cardiovascular stroke nursing best abstract award: Heterogeneity of cardiovascular disease risk factors among Asian immigrants: Insights from the 2010 2018 National Health Interview Survey. Circulation. 2020;142:A14813
- 19. Ogungbe O, Turkson-Ocran RA, Baptiste DB, Koirala B, Dennison Himmelfarb C, Davidson P, **Commodore-Mensah Y.** (2020). Abstract P397: Social determinants of hypertension and diabetes among African immigrants: The African Immigrant Health Study. (Suppl_1, vol. 141). Circulation. doi: https://doi.org/10.1161/circ.141.suppl_1.P397 Circulation. 2020;141:AP397.
- 20. Commodore-Mensah Y, Mok Y, Matsushita K, Kucharska-Newton A, Gottseman RF, Palta P, Rosamond W, Coresh J, Koton S. (2020). Abstract P256: Better mid-life life's simple 7 status is associated with lower risk of recurrent cardiovascular disease and all-cause mortality after stroke: The Atherosclerosis Risk in Communities (ARIC) Study. (Suppl_1, vol. 141). Circulation. doi: https://doi.org/10.1161/circ.141.suppl_1.P256 Circulation. 2020;141:AP256.
- 21. Nwokeji U, Spaulding E, Shan R, Turkson-Ocran RA, Baptiste DL, Koirala B, Plante TB, Martin SS, Commodore-Mensah Y. (2020). Abstract P197: Health information technology use among patients with diagnosed atherosclerotic cardiovascular disease: Evidence from the 2010-2018 National Health Interview Survey. (Issue Suppl_1, vol. 141). Circulation. doi: https://doi.org/10.1161/circ.141.suppl_1.P197.
- 22. **Commodore-Mensah Y**, Ndumele CE, Echouffo Tcheugui JB, Wang D, Selvin E. (2020). Abstract MP60: Do adults with metabolic healthy obesity maintain their health over time? Results from the Atherosclerosis Risk In Communities (ARIC) Study. (Suppl_1, vol. 141). Circulation. doi: https://doi.org/10.1161/circ.141.suppl_1.MP60.
- 23. Baptiste DL, Turkson-Ocran RA, Ogungbe O, Koirala B, Francis L, Spaulding E, Dennison Himmelfarb C, Commodore-Mensah Y. (2020). Abstract 08: Heterogeneity in cardiovascular disease risk factor prevalence among Whites, African Americans, African Immigrants and Afro-Caribbeans: Insights from the 2010-2018 National Health Interview Survey. (Suppl_1, vol. 141). Circulation. doi: https://doi.org/10.1161/circ.141.suppl_1.08.
- 24. **Commodore-Mensah Y**, Lazo M, Tang O, Echouffo Tcheugui JB, Ndumele CE, Nambi V, Ballantyne C, Wang D, Selvin E, 272-OR: Metabolically healthy obesity is not so healthy. Diabetes 2019 Jun; 68(Supplement 1): https://doi.org/10.2337/db19-272-OR
- 25. Baptiste DL, **Commodore-Mensah Y**, Turkson-Ocran RA, Dennison Himmelfarb C, Han HR. (2019). Abstract P396: Influence of social determinants of health on emergency department visits among individuals with coronary heart disease and stroke: An analysis of the 2010-2016 National Health Interview Surveys. (AP396, vol. 139). Circulation. Published.

- 26. Mensah DS, **Commodore-Mensah Y**, Foti K, Turkson-Ocran RA, Patel N, Dennison Himmelfarb C, Selvin E. (2019). Abstract P186: Comparison of hypertension prevalence, treatment, and control among African immigrants and African Americans in the US. (P186, vol. 139). Circulation. Published.
- 27. Nmezi NA, Turkson-Ocran RA, **Commodore-Mensah Y**. (2019). Abstract P136: The association between depressive symptoms and cardiovascular disease risk factors among West African immigrants in the African Immigrant health study. (AP136, vol. 139). Circulation. Published.
- 28. Thomas S, Umer A, Commodore-Mensah Y, Khalid S, Abildso C. (2019). Abstract P126: The cardiovascular health of Afro-Caribbean immigrants in New York City: A cross sectional study. (AP126, vol. 139). Circulation. Submitted.
- 29. Turkson-Ocran RA, Nmezi NA, Perrin N, **Commodore-Mensah Y**, Szanton S. (2019). Abstract MP56: Length of stay and allostatic load in immigrants to the United States-Evidence from the 2011 2016 National Health and Nutrition Examination Surveys. (AMP56, vol. 139). Circulation. Published.
- 30. Patel N, Dennison Himmelfarb C, Turkson-Ocran RA, **Commodore-Mensah Y**. (2019). Abstract MP20: Ethnic differences in coronary heart disease and stroke diagnosis among Blacks in the United States. (AMP20, vol. 139). Circulation.
- 31. Ukonu NA, Turkson-Ocran RA, **Commodore-Mensah Y**. (2018). Abstract P116: The relationship between body mass index and depression among black U.S. born and foreign-born adults in the United States: A Retrospective Analysis of the 2009-2014 National Health and Nutrition Examination Survey. (AP116, vol. 137). Circulation. Published.
- 32. Turkson-Ocran RA, Ukonu NA, **Commodore-Mensah Y**. (2018). Abstract P110: Sex differences in the prevalence of cardiovascular risk factors among United States- and Foreign-born adults in the 2011-2016 National Health and Nutrition Examination Surveys. (AP110, vol. 137). Circulation. Published.
- 33. Turkson-Ocran RA, Ukonu NA, **Commodore-Mensah Y**. (2017). Abstract P275: Hypertension, diabetes, and obesity among African immigrants in the 2010 2014 National Health Interview Surveys. (AP275, vol. 135). Circulation. Published.
- 34. Ukonu N, Turkson-Ocran RA, **Commodore-Mensah Y**. (2017). Abstract Po86: The association between psychological distress and diabetes prevalence among foreign-born blacks in the United States: An Examination of the 2010-2014 National Health Interview Survey. (APo86, vol. 135). Circulation. Published.
- 35. **Commodore-Mensah Y**, Dennison Himmelfarb C, Reilly CM, Dunbar SB. (2016). Abstract 19385: The paradoxical association between acculturation and cardiovascular disease risk in African immigrants in the United States: The Afro-Cardiac Study. (A19385, vol. 134). Circulation. Published.
- 36. **Commodore-Mensah Y**, Wells JS, Matthie N, Dunbar SB, Chandler R. (2016). Abstract 19229: Does ethnicity matter? A comparative analysis of social determinants of hypertension and diabetes among African Americans, African immigrants and Afro Caribbeans in the 2010-2014 National Health Interview Survey. (A19229, vol. 134). Circulation. Published.
- 37. **Commodore-Mensah Y**, Turkson-Ocran RA, Aboagye J, Samuel L, Reilly C. (2016). Abstract MP69: hypertension, overweight and obesity among US immigrants: An analysis of the 2010-2014 National Health Interview Survey. (AMP69, vol. 134). Circulation. Published.
- 38. Ukonu N, Obisesan O, Aboagye J, Amoakwa K, Agyemang C, **Commodore-Mensah Y**. (2016). Abstract MP11: Acculturation is associated with a higher prevalence of cardiometabolic risk factors in us immigrants: An analysis of the 2010-2014 National Health Interview Survey. (vol. 133). Circulation. Published.

- 39. **Commodore-Mensah Y**, Berko CA, Sampah ME, Cudjoe C, Dennison Himmelfarb C. (2015). Abstract P354: The "Afro-Cardiac Study" identifies high burden of cardiovascular disease risk in West African immigrants in the United States. (AP354, vol. 131). Circulation. Published.
- 40. **Commodore-Mensah Y**, Agyemang C, Aboagye J, Abu-Bonsrah, Dennison Himmelfarb C. (2014). Abstract P176: Cardiovascular disease risk among West African immigrants in the US: the AFRO-CardiAC study. (vol. 129). Circulation. Published.

Conference Meetings/Presentations

International

- 2023 **Commodore-Mensah Y.** Confronting Racial and Ethnic Disparities in Cardiovascular Health Care. Family Heart Foundation Global Summit. October 2023, Washington, D.C.
- 2023 **Commodore-Mensah Y.** Late Breaking Science: From Local to Global: Achieving Equity in Prevention. American Heart Association Scientific Sessions, Invited Discussant
- 2023 **Commodore-Mensah Y**. Hypertension Control Happens at Home. American Heart Association Scientific Sessions. Invited Speaker
- 2023 **Commodore-Mensah Y.** Need to Address the Effects of Adverse Social Determinants of Healthto Better Control Blood Pressure. American Heart Association Scientific Sessions. Invited Speaker
- 2023 **Commodore-Mensah Y.** Not Done Until We Disseminate: Engaging the Community, Health System and Policy to Transport Cardiovascular Care. American Heart Association Scientific Sessions. Invited Speaker
- 2023 **Commodore-Mensah Y.** The Addressing Hypertension Care in Africa (ADHINCRA) Study: AMulti-Level Nurse Led, Mobile Health Enhanced Intervention to Improve Hypertension Control in Ghana. American Heart Association Scientific Sessions. Invited Speaker
- 2023 **Commodore-Mensah Y**. Multilevel Causes of Inequity in Hypertension Management. Hypertension Scientific Sessions. Invited Speaker
- 2022 **Commodore-Mensah Y.** Cardiovascular Health Among Immigrant, Displaced, and Unhoused Populations, Virtual. Preventive Cardiovascular Nurses Association Health Equity Summit. Invited Speaker
- 2022 **Commodore-Mensah Y.** Unique Perspectives: Psychosocial Stress in Diverse PopulationsLifestyle Medicine Intensive Session II: Moving Beyond Theory to Practice. American College of Cardiology 2022(ACC2022). April 2, 2022. Washington, D.C. Invited Speaker
- 2020 Mannoh I, Turkson-Ocran RA, **Commodore-Mensah Y**. Myocardial infarction and stroke awareness among us and foreign-born adults in the 2014 and 2017 National Health Interview Survey. American Heart Association Scientific Sessions,
- 2020 Commodore-Mensah Y, Mok Y, Matsushita K, Kucharska-Newton A, Gottseman RF, Palta P, Rosamond W, Coresh J, Koton S. Better mid-life life's simple 7 status is associated with lower risk of recurrent cardiovascular disease and all-cause mortality after stroke: The Atherosclerosis Risk in Communities (ARIC) Study. American Heart Association Epi-Lifestyle 2020, (Poster Presentation)
- 2020 Baptiste DL, Turkson-Ocran RA, Ogungbe O, Koirala B, Francis L, Spaulding E, Dennison

- Himmelfarb C, Commodore-Mensah. Heterogeneity in cardiovascular disease risk factor prevalence among Whites, African Americans, African Immigrants and Afro-Caribbeans: Insights from the 2010-2018 National Health Interview Survey. American Heart Association Epi-Lifestyle 2020, (Podium Presentation)
- 2019 Commodore-Mensah Y, Lazo M, Tang O, Echouffo Tcheugui JB, Ndumele CE, Nambi V, Ballantyne C, Wang D, Selvin E. Metabolically healthy obesity is not so healthy. American Diabetes Association, San Francisco, California, (Podium Presentation)
- 2019 **Commodore-Mensah, Y**. Team based care to improve high blood pressure control: evidence summary and implementation strategies. American College of Medical Quality 2019 (Invited Speaker)
- 2018 Turkson-Ocran, R-A, N., Ukonu, N.A., Commodore-Mensah, Y. (2018) Abstract P110: Sex differences in the prevalence of cardiovascular risk factors among United States- and foreign-born adults in the 2011-2016 National Health and Nutrition Examination Surveys, American Heart Association Epi-Lifestyle 2018, (Poster Presentation)
- 2018 Ukonu, N.A., Turkson-Ocran, R-A, N., **Commodore-Mensah, Y.** (2018) Abstract P116: The relationship between body mass index and depression among Black U.S. born and Foreign-born adults in the United States: A retrospective analysis of the 2009-2014, National Health and Nutrition Examination Survey, American Heart Association Epi-Lifestyle 2018, (Poster Presentation)
- 2017 Commodore-Mensah, Y., Cudjoe, J., Himmelfarb, C.D. Church-based recruitment of African immigrants: Evidence and lessons learned from the Afro-Cardiac Study. 28th International Nursing Research Congress, Dublin, Ireland (Symposium)
- 2016 **Commodore-Mensah, Y.,** Himmelfarb, C.D., Reilly, C.M., Dunbar, S.B. The paradoxical association between acculturation and cardiovascular disease risk in African immigrants in the United States: The Afro-Cardiac Study. American Heart Association Scientific Sessions 2016, New Orleans, LA. (Podium Presentation)
- 2016 **Commodore-Mensah, Y**., Wells, J.W., Matthie, N., Dunbar, S.B., Does ethnicity matter? A comparative analysis of social determinants of hypertension and diabetes among African Americans, African immigrants and Afro Caribbeans in the 2010-2014 National Health Interview Survey. American Heart Association Scientific Sessions 2016, New Orleans, LA. (Poster Presentation)
- 2016 Ukonu, N., Obisesan, O., Aboagye, J., Amoakwah, K., Agyemang, C., Commodore-Mensah, Y. Acculturation is associated with a higher prevalence of cardiometabolic risk factors in us immigrants: An analysis of the 2010-2014 National Health Interview Survey. American Heart Association Epi-Lifestyle 2016, Phoenix, AZ (Moderated Poster Presentation)
- 2016 **Commodore-Mensah, Y.,** Turkson-Ocran, R. A., Aboagye, J., Samuel, L. J., Reilly, C. Hypertension, overweight and obesity among US immigrants: An analysis of the 2010-2014 National Health Interview Survey. American Heart Association Epi-Lifestyle 2016, Phoenix, AZ (Moderated Poster Presentation)
- 2015 **Commodore-Mensah, Y.,** Berko, C. A., Sampah, M. E., Cudjoe, J., Himmelfarb, C. D. The "Afro-Cardiac Study" identifies high burden of cardiovascular disease risk in West African immigrants in the United States. American Heart Association Epi|Lifestyle 2015, Baltimore, MD (Poster Presentation)
- 2014 **Commodore-Mensah, Y.,** Dennison Himmelfarb, C. R. The AFRO-CardiAC study: Examining the cardiovascular disease risk profile of West African immigrants residing in the United States, Preventive Cardiovascular Nurses Association, 2014, Atlanta, GA (Podium Presentation)
- 2013 Commodore-Mensah, Himmelfarb, C. R, Mark, H., Farley, J. E., Provider Prevention of CVD in an Urban

- HIV Practice: Room for Improvement. Association of Nurses in AID Care (ANAC) Conference, Atlanta, GA (Podium Presentation)
- Nguyen, T.H., Samuel, L., Commodore-Mensah, Y., Szanton, S. L., Walton Moss, B. Community based cardiovascular interventions in vulnerable populations: A systematic review. International Network for Doctoral Education in Nursing (INDEN), University of Malta, Malta, (Poster Presentation)

National

- Advancing the cardiovascular health of African descent populations locally and globally. Jointly Sponsored Virtual Seminar. The University of Alabama at Birmingham. Vascular Biology & Hypertension Program | Comprehensive Cardiovascular Center | Hypertension Research Center. Invited Speaker
- The Role of Community Health Workers in Advancing Equity in Hypertension Outcomes. American Heart Association. Invited Speaker.
- 2023 Cardiometabolic Health Congress. What Role Does Technology and Digital Health Play in Addressing Disparities in Care? Invited Panelist
- Defining Black Immigrant Justice:Policy Solutions to Create a Welcoming, Equitable, and Just Immigration System Congressional Black Caucus 51ST Annual Legislative Conference. Invited Panel Discussant
- 2022 Million Hearts® Learning Lab webinars: Ensuring Health Equity in Preventing Cardiovascular Disease (Invited Speaker)
- 2021 Preventive Cardiovascular Nurses Association Health Equity Summit. Health Disparities and Social Det Community Assessments and Tools. (Invited Speaker)
- National Hypertension Control Initiative Community Health Center Webinar. Partner with Communities: Social Determinants of Health and Center Community Linkages. November 10, 2021 (Invited Speaker)
- 2021 Release The Pressure: Her Heart Summit. May 8, 2021. (Invited Speaker)
- 2021 <u>Virtual Conference on African Immigrant Health 2021. The Heart of the Matter: Advancing the Heart</u> Health of African Immigrants. (Invited Keynote Speaker)
- Partnering with patients using self-measured blood pressure and collaborative communication Step 3 in Hypertension Control. Target:BP CME Webinar. (Invited Speaker)
- Smith AP. Controlling high blood pressure: An evidence-based blueprint for change. Population Health Leadership Series: PopTalk Webinars. Paper 29.https://jdc.jefferson.edu/phlspoptalk/29 . (Invited Speaker)
- 2020 COVID-19: Epidemiology & cardiovascular considerations. Preventive Cardiovascular Nurses Association Annual Symposium. (Invited Speaker)
- Team based care to improve high blood pressure control: Evidence summary and implementation strategies. American College of Medical Quality 2019 (Invited Speaker)

- How to improve hypertension control through team-based care. Target:BP Webinar. (Invited Speaker)
- Social determinants of cardiometabolic risk factors (hypertension, diabetes, hyperlipidemia) in African immigrants: A retrospective analysis of the 2010-2014 National Health Interview Survey. United States Conference on African Immigrant and Refugee Health; East Elmhurt, NY (Oral Presentation)

Media

- Social, economic and cultural determinants of cardiovascular disease risk in African immigrants.

 Northwest Regional Conference on African Immigrant Health. Seattle, WA (Plenary Session)
- 2016 Cardiovascular disease risk-factors in African immigrants: An analysis of the 2013-2014 National Health Interview Survey, Seattle, WA (Oral Presentation)
- 2014 Cardiovascular disease risk among West African immigrants in the US: The AFRO-CardiAC study, American Heart Association Epidemiology and Prevention (EPI) and Nutrition, Physical Activity and

Related to Research and Scholarship

Opinion-Editorials/ Blog Posts / Podcasts

- On the Pulse, Episode 11: New Cardio Research and Seven Steps to a Healthier Heart. https://youtu.be/3YOCLuhrKlw
- Koirala, B., Turkson-Ocran, R., Ogungbe, B., Byiringiro, S., Spaulding, E., Asano, R., Elias, S., Baptiste, D., Commodore-Mensah, Y. (2021). What we need to know about heart failure, and why. On the Pulse. Johns Hopkins Nursing Magazine. https://magazine.nursing.jhu.edu/2021/02/what-weneed-to-know-about-heart-failure-and-why/
- Baptiste, D., & Commodore-Mensah, Y. (2019). Black women and matters of the heart. Johns Hopkins Nursing Magazine. https://magazine.nursing.jhu.edu/2019/02/black-women-and-matters-of-theheart/
- 2019 Heart Disease's Global Fingerprints. Johns Hopkins Nursing Magazine . https://magazine.nursing.jhu.edu/2019/07/heart-diseases-global-fingerprints/

Other Media

- 2024 The rules for measuring blood pressure and why they exist. American Heart Association News.
- 2023 Why You Might Have a Higher Risk of Heart Disease as a Black Person—And What to Do About It. SELF.
- 2023 <u>VIDEO: A Conversation on equity in hypertension Care</u>. *Healio*.
- 2023 'Package' of hypertension interventions in Nigeria improves BP treatment, control. *Helio*.
- 2023 Axis Health System's aim to monitor and regulate blood pressure earned them an award. The Journal.
- 2023 This at-home device can help with a range of health conditions. Few people have one. Aol News
- 2023 People of color enormously impacted by cardiovascular disease. WBFF-TV
- 2023 <u>World Hypertension Day commemorated. Roanoke</u>-Lynchburg WDBJ-TV
- 2022 <u>Check In & Check Up For Your Health with Sybil Wilkes</u>. Youtube

2022 <u>How to Prevent a Holiday Heart Attack</u>. WKEF

2021 Know Your Numbers Campaign. National Forum for Heart Disease and Stroke Prevention

EDITORIAL ACTIVITIES

Editor of Journals

2022 Guest Editor "2nd edition: The Health of African Migrants: The Burden, Determinants, and

Solutions. International Journal of Environmental Research and Public Health

2022-present Hypertension, Editorial Board

2021-present American Journal of Hypertension, Editorial Board

2021-present Journal of Advanced Nursing, Editor

2020-2021 Plos One, Academic Editor

Guest Editor "The Health of African Migrants: The Burden, Determinants, and Solutions.

International Journal of Environmental Research and Public Health

Peer Review Activities

2021-present Journal of Advanced Nursing

2020-present Plos One

2017-present Journal of Immigrant and Minority Health, Reviewer

2015-present Ethnicity and Disease, Reviewer 2015-present BMC Public Health, Reviewer

2018 Heart

2017-2019 Preventive Cardiovascular Nurses Association, Abstract Review

2016 Ethnicity and Health, Reviewer

Journal of American Heart Association, Reviewer

European Journal of Cardiovascular Nursing, Reviewer

2014 BMJ Open

Scientific Review Activities

External to Johns Hopkins University

National Institutes of Health, National Heart Lung & Blood Institute, ZRG1 HSS-

P(91), Topics in Health Services Research, Health Information Technology, and

Aging

2024 National Institutes of Health, National Heart Lung & Blood Institute, ZRG1 HSS-

H(50) R: PAR Panel: Implementation Research on Noncommunicable Disease Risk Factors among Low- and Middle-Income Country and Tribal Populations Living in

City Environments

PROFESSIONAL ACTIVITIES

Society/Association Membership and Leadership

2024-present National Hypertension Control Roundtable, Co-Chair

2024-present 2025 ACC/AHA/AAPA/ABC/ACPM/

AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection,

Evaluation, and Management of High Blood Pressure in Adults Writing Committee

2021-2024 Target: BP Advisory Board Member

2021-2024 National Hypertension Control Initiative, Board Member

2021-present	American Heart Association Epidemiology Statistics Committee, Member
2020-present	American Medical Association Validated Device Listing Advisory Group
2020-present 2019-present	National Hypertension Control Roundtable, Steering Committee Member American Heart Association Open Science Committee, Member
2019-present	Preventive Cardiovascular Nurses Association, Member of Board of Directors
2017-present	US Conference on African Immigrant Health, Steering Committee Member
2011-present	American Heart Association (Cardiovascular Nursing Council), Member
2010-present	Preventive Cardiovascular Nurses Association, Member
2010- present 2018-2019	Sigma Theta Tau International Nursing Honors Society, Member American Heart Association/American College of Cardiology Hypertension
	Measures Set Update Writing Committee

National Committees

2024-present	2025 AHAJACC/AANP/AAPAJABC/ ACCP/ACPM/AGS/AMAJASPC/NMA/PCNA/SGIM GUIDEIINE
	for the Prevention, Detection, Evaluation, and Management of High Blood Pressurein
	Adults, Co-author
2024-present	American Heart Association. BP Logic Model Science Advisory, Chair
2022-present	American Heart Association/American College of Cardiology Social Determinants of Health Data
	Standards Writing Committee, Co-author
2022-present	Core Quality Measures Collaborative (CQMC) Health Equity Workgroup

Service at Johns Hopkins University

2024-present 2024-present 2023-present 2022-present	Co-Chair, Faculty & Staff Experience Taskforce, Johns Hopkins School of Nursing Johns Hopkins Data Trust Research Subcouncil Appointments and Promotion Committee, Johns Hopkins School of Nursing Johns Hopkins Building Interdisciplinary Research Careers in Women's Health
2022-present	(BIRCWH) Advisory Committee
2021-present 2020-2021 2019-present	Johns Hopkins School of Nursing Bylaws and Nominations Committee, Chair Johns Hopkins University Task Force on Diversity, Equity and Inclusion in Research Johns Hopkins School of Public Health, Atherosclerosis Risk in Communities Study,
2019-present 2017-present	Manuscript Reviewer Johns Hopkins School of Nursing Wellness Committee, Member Cardiometabolic Health Interest Group, Johns Hopkins University School of Nursing, Co-lead
2017-present	Faculty, Johns Hopkins Center for Health Equity
2017-present 2016-present	PhD Curriculum Committee, Johns Hopkins University School of Nursing, Member Johns Hopkins University School of Nursing, Scientific Review Committee
2019-2020	Johns Hopkins School of Nursing Strategic Planning Committee 2020-2025, Master's Entry in Nursing Faculty Representative
2013	Dean of Johns Hopkins University School of Nursing Search Committee, Invited Member
2011-2013	Diversity Committee, Johns Hopkins University School of Nursing, Invited Member

Community Service

2020-present	Howard County Racial Equity Task Force, Public Health & Environmental Policy, Chair
2021	Johns Hopkins Medicine: COVID-19 Vaccine Clinic, Volunteer Vaccinator

CURRICULUM VITAE Part II

EDUCATIONAL ACTIVITIES

Classroom Instruction

Johns Hopkins University, School of Nursing

Summer 2024	NR.210.606.8101. Biostatistics for Evidence-Based Practice, 45 students
Spring 2024	NR.110.891.0101. Responsibilities & Activities of the Nurse Scientist, 14 students
Spring 2023	NR.110.891.0101. Responsibilities & Activities of the Nurse Scientist, 9 students
Fall 2022	NR. 210.608.8301. The Research Process and Its Application to Evidence-Based Practice, 61 students
Spring 2022	NR.110.891.0101. Responsibilities & Activities of the Nurse Scientist, 18 students
Fall 2021	NR.210.818.8101. Clinical Data Management and Analyses, 57 students
Spring 2021	NR.210.818.8101. Clinical Data Management and Analyses, 44 students
Fall 2020	NR.120.529 Population and Public Health Nursing, Graduate, 6o students
Summer 2020	NR.210.606 Biostatistics for Evidence-Based Practice, Doctoral, 59 students. NR.210.817 Analysis and Evaluation of Individual and Population Health Data, Doctoral, 50 students.
Spring 2020	NR.120.519 Population Health Leadership, Graduate, 60 students.
Fall 2019	NR.120.519 Population Health Leadership, Graduate, 72 students
Spring 2019	NR.120.519 Population Health Leadership, Graduate, 48 students
Fall 2018	NR.120.519 Population Health Leadership, Graduate, 73 students
Spring 2018	NR.120.519 Population Health Leadership, Graduate, 42 students
Fall 2017	NR.120.519 Population Health Leadership, Graduate, 43 students
Spring 2017	NR.120.519 Population Health Leadership, Graduate, 68 students

Johns Hopkins University, Bloomberg School of Public Health

Spring 2024 Akosua Nyame-Kusi, MPH Capstone Advisor, Social Determinants of Health Stratified

by Race for the Linked-BP Program

Spring 2023 Obehi Aimiosir, MPH Capstone Advisor, Disparities in self-measured blood pressure

(SMBP) monitoring in the RICH LIFE project

Spring 2023 Nana Kwasi Appiah, MPH Capstone Advisor, The Effect of a Multi-level Nurse-led and

M-health Intervention on Medication Adherence Among Adults with Uncontrolled

Hypertension in the ADHINCRA Study

Spring 2020 PH.380.895 MPH Practicum: PFRH, Graduate, 1 Students. Lecture.

MENTORING AND STUDENT ADVISING

Student Advisement

2023-2024 Akosua Nyame-Kusi, MPH student

Biruk Teshome, MPH student

2022-present Faith Metlock, PhD student

Thomas Hinneh, PhD student

2022-2023 Nana Kwasi Appiah, MPH Student

2021-present Abeer Alharthi, PhD student

2020-2023 Samuel Byiringiro, PhD Student

2020-2022 Haskins, Laura, MSN, MPH Student

2019-2022 Oluwabunmi Ogungbe, , PhD Student

2019-2020 Master of Science in Nursing (MSN) Entry into Nursing,

Research Honors (1 Student)

2018-2019 Master of Science in Nursing (MSN) Entry into Nursing,

Research Honors (1 Student)

2017-2018 Master of Science in Nursing (MSN) Entry into Nursing,

Research Honors (1

Student)

Dissertation Committee Member

Thomas Hinneh, Doctor of Philosophy	Feasibility and acceptability of WHO HEARTS Team-based hypertension care package: A Pre-Implementation Assessment in Ghana. Dissertation advisor. 2022-present
Faith Metlock, Doctor of Philosophy	Social Determinants of Health, Psychological Health, and Hypertension in Black Women of Reproductive Age. Dissertation advisor. 2022-present
Abeer Alharthi, Doctor of Philosophy	Psychosocial Determinants of Cardiovascular Health among Syrian Refugees at Zaatari Camp: A Mixed-Methods Study. Dissertation advisor. 2021-present
Sarah Slone , Doctor of Philosophy	Johns Hopkins School of Nursing. ARIC Community Surveillance: Sociodemographic and Temporal Differences in Invasive Coronary Angiography Use According to Risk Profile Among Patients with NSTEMI. 2022-2023. Dissertation Committee Member
Noelle Pavlovic, Doctor of Philosophy	Fatigue In Heart Failure: A Secondary Data Analysis Of The Atherosclerosis Risk In Communities (Aric) Study.2021-2023. Dissertation Committee Member
Samuel Byiringiro, Doctor of Philosophy	Johns Hopkins School o fNursing. A pilot study exploring the health system determinants of hypertension care in Ghana.2020-2023. Dissertation Co- Advisor
Sabrina Elias, Doctor of Philosophy	Johns Hopkins School of Nursing. Multiethnic Perspectives of Shared Decision Making in Hypertension.2021-2023. Dissertation Committee Member
Prince Bawuah, Doctor of PublicHealth	Johns Hopkins Bloomberg School of Public Health. Individual and Community-Level Factors Associated with Telehealth Utilization Among Vulnerable Medicare Beneficiaries During The COVID-19 Pandemic.2021-2022. Dissertation Committee Member
MichaelPeters, Doctor of Philosophy, Public Health	Johns Hopkins Bloomberg School of Public Health. Measuring Health Systems Performance: Effective coverage of hypertension management services in Bihar, India. 2020-2022. Thesis Advisory Committee Member
Manka Nkimbeng, Doctor of Philosophy, Nursing	Johns Hopkins School of Nursing. Understanding Physical Function in African Immigrants: The Roles of Acculturation and Discrimination, 2017-2019, Dissertation Committee Member
Ruth-AlmaTurkson- Ocran, Doctor of Philosophy, Nursing	Johns Hopkins School of Nursing. Biopsychosocial Determinants of Stress and Cardiovascular Disease Risk Factors in Foreign- and US- Born Adults, 2017-2019, Dissertation Committee Member
Debra Mukaz, Doctor of Philosophy in Medical Science	University of Delaware. Acculturation And Diabetes In African Migrants to The United States (U.S.), 2017-2019, Dissertation Committee Member
Sabena Thomas, Doctor of Philosophy in Social and Behavioral Sciences	West Virginia School of Public Health. An Examination of Cardiovascular Health among Afro-Caribbean Immigrants in New York City, 2014-2018, Dissertation Committee Member

NwakaegoAdaNmezi, Doctor of University of Florida. Associations of Severity Of Depression Symptoms, Perceived Stress, And Acculturation With Cardiovascular Health Philosophy

Among African Immigrants Living In The United States, 2015-2019,

Dissertation Committee Co-Chair

Health Education

Oluwawunmi Obisesan, Doctor of A.T Still University. An Examination of the Uptake of the Pap Smear Test Among African Women Immigrants in the United States: A Secondary Data Analysis of the National Health Interview Survey.

2013-2016, Dissertation Committee Member

Postdoctoral

Sarah Slone, PhD, DNP, RN Johns Hopkins University School of Nursing / American Heart Association.

Post-doctoral fellowship in Hypertension and Clinical Trials. 2022-present

Oluwabunmi Ogungbe,

RN, MPH, PhD

American Heart Association, Multilevel Modeling of Social

Determinants of Hypertension in the LINKED-BP Program, Research

Supplement to Promote Diversity in Science. o6/o1/2023-o9/-01/2024, Mentor

Xiaoyue Liu Johns Hopkins University School of Nursing / Center for Cardiovascular and

Chronic Care. 2021

Nishit Patel, MD, MPH

Johns Hopkins University School of Nursing / Center for Cardiovascular and

Postdoctoral Fellow

Chronic Care. 2018-2019