

# A Pediatric Gastrostomy Tube (G-tube) Educational Video Initiative to Promote Caregiver Knowledge and Ease

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## Introduction & Background

- Pediatric G-tube placement is a common inpatient surgical procedure in the U.S.
  - associated with high degree of complications and subsequent caregiver burden<sup>1</sup>
- G-tube related ED visits take an average of 5 hours and cost \$1200 per visit<sup>3</sup>
- At the institution of implementation, 37 pediatric surgery consults were made in 2019 for tube-related complications<sup>4</sup>
  - 19 of these consults were for tubes placed in the past year<sup>4</sup>
- Literature, along with the high degree of caregiver burden and healthcare utilization indicate a need for high quality G-tube teaching prior to discharge<sup>2</sup>

## Methods

**Participants:** Adult caregivers of pediatric patients with newly placed G-tubes (within past 48 hours)

**Intervention:** 7-minute educational video reviewing the most essential aspects of G-tube care

### Measurement:

- Pre- and Post- knowledge and anxiety questionnaires
- Review of pediatric surgical consult list to track 30-day ED visits post tube placement

### Analysis:

- Aims 1 & 2: Wilcoxon-Signed Rank Test
- Aim 3: Fisher's Exact Test

## Purpose

To determine whether a newly developed pediatric gastrostomy educational video leads to an increase in caregiver knowledge and decrease in anxiety, in addition to a reduction in emergency visits related to G-tube complications within 30 days of placement.

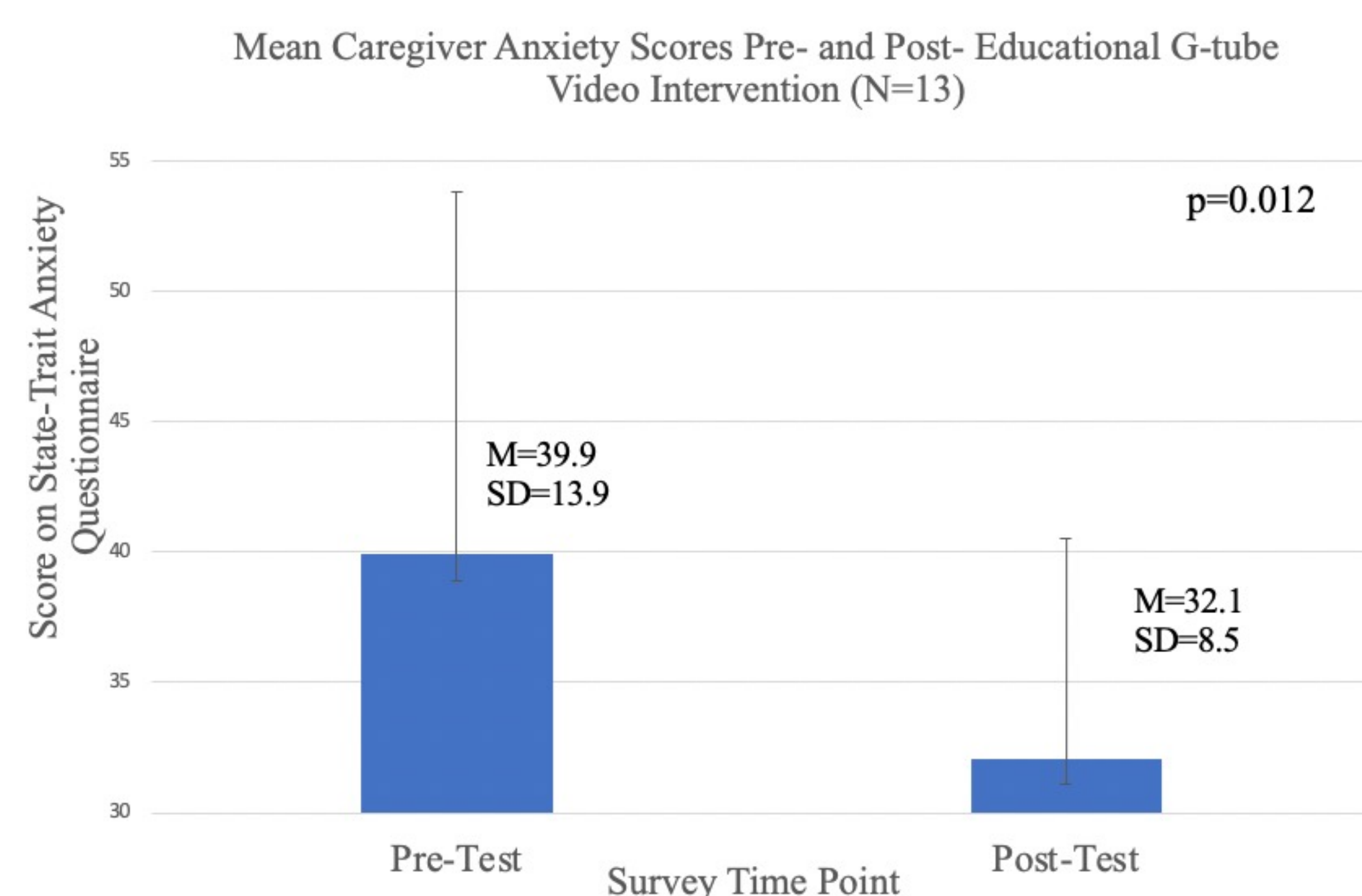
## Video Intervention

SCAN ME!



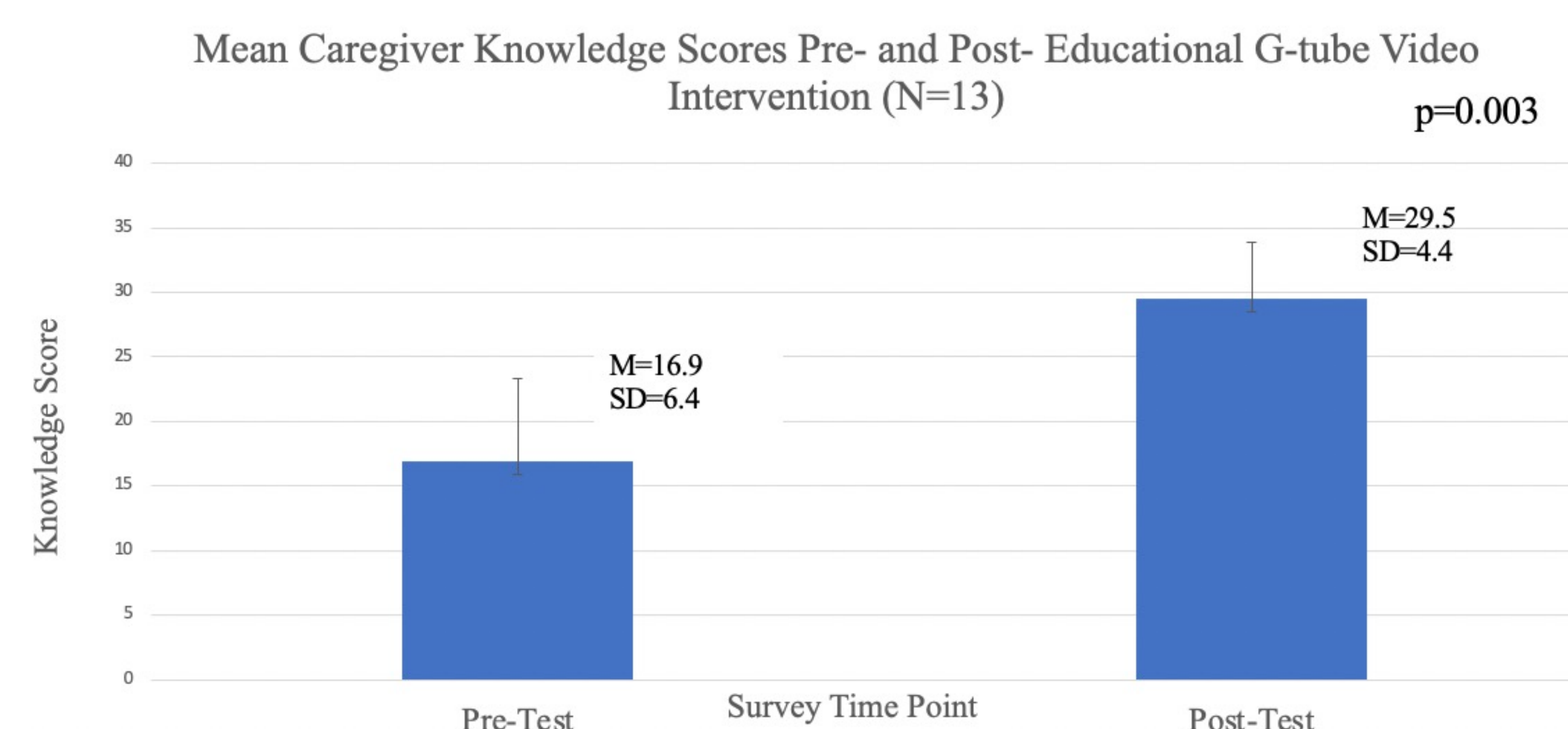
## Aim 2: Caregiver Anxiety

To decrease caregiver anxiety related to pediatric gastrostomy care after completion of the educational video



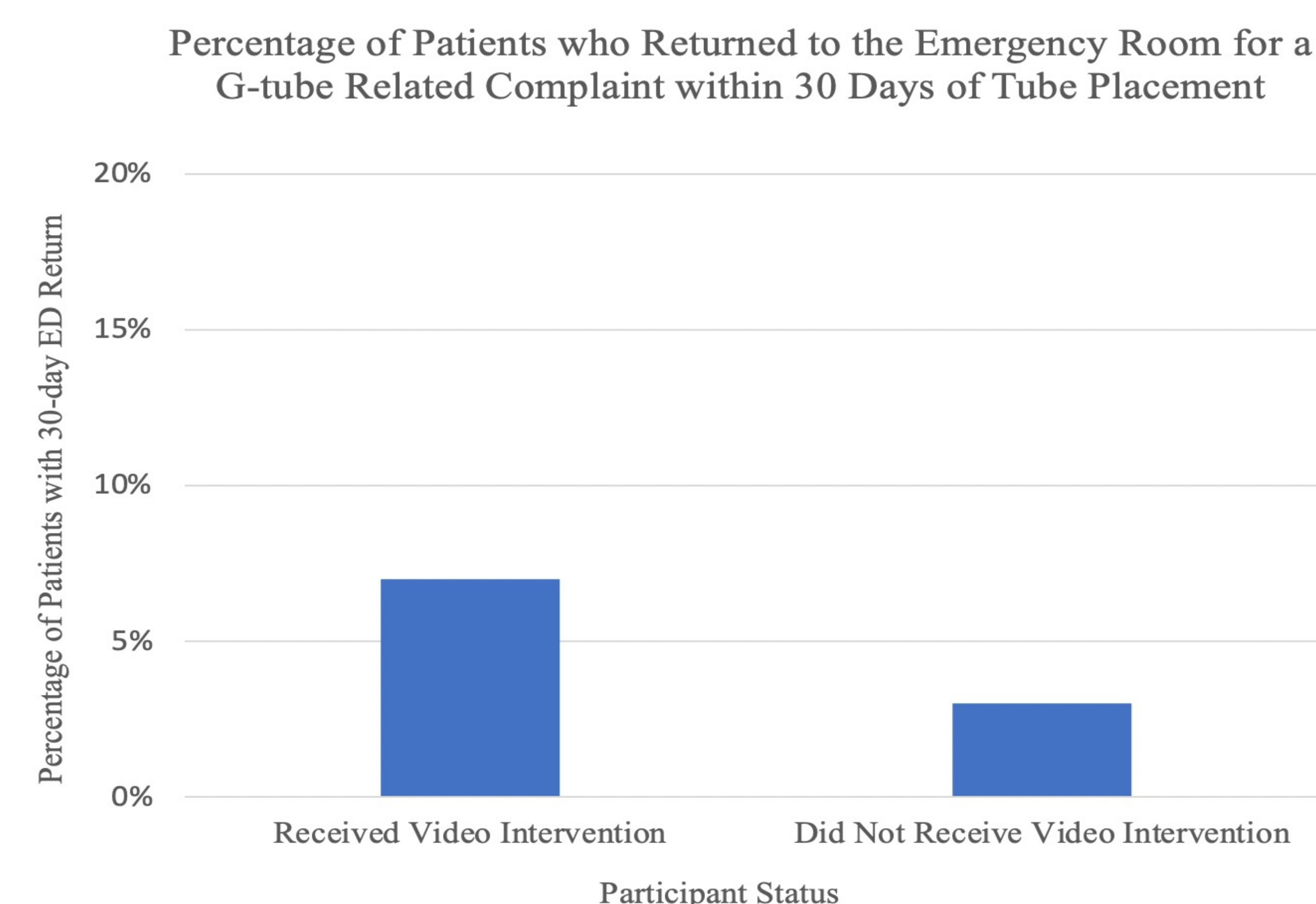
## Aim 1: Caregiver Knowledge

To increase caregiver knowledge on the management of pediatric gastrostomy care after completion of an educational video



## Aim 3: 30-Day ED Readmissions

To decrease the percentage of G-tube related emergency department visits within 30 days of tube placement



## Conclusions

High quality discharge teaching is an effective way of increasing knowledge and decreasing caregiver anxiety surrounding G-tube care. However, the intervention had no impact on 30-day ED visits related to G-tube complications

## Discussion

### Project strengths:

- ease of use
- sustainability
- low cost
- interdisciplinary involvement

### Project limitations

- small sample size
- limited availability of validated questionnaires related to topic
- small time frame to measure outcome
- education limited to English language

## References

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