Background

- The healthcare transition (HCT) from pediatric to adult health services is challenging for adolescents aging out of foster care.
- They often have unmet health needs due to incomplete medical records and discontinuous medical treatment.
- Adequate support is needed to facilitate a successful HCT to adult health services.

Purpose & Aim

Purpose: To educate staff on facilitating a successful healthcare transition for adolescents aging out of foster care using an adapted HCT toolkit from the Six Core Elements of Healthcare Transition 2.0.

Aim: To evaluate staff satisfaction with the HCT toolkit using a critique survey to measure feasibility and usefulness over a 12-week period.

Intervention

- One 60-minute staff training session was delivered via Zoom utilizing the adapted HCT toolkit.
- Components of the HCT toolkit include a transfer letter of care, transition readiness assessment, plan of care, medical summary, and emergency care plan.
- A critique survey was distributed via Qualtrics at the end of the training to evaluate staff satisfaction with the toolkit.

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Table I: Responses to critique survey post staff training

Results

- Mean scores for total satisfaction is 35.71 (SD = 2.71), intended use and purpose 5.00 (SD = .000), and recommending the toolkit 4.00 (SD = .894).

Conclusion & Dissemination

- Elements of the HCT toolkit can be used in practice.
- Emphasize that sections of the toolkit like the medical summary can be used to complete the HCT.
- A longitudinal study is needed.

Dissemination:

- Present project findings at the organization’s stakeholder meeting.
- Partner with additional organizations that support adolescents aging out of foster care.
- Disseminate results to additional adolescent organizations.

Sustainability

- Organization created an employment opportunity for a healthcare professional to complete and track the HCT of adolescents aging out of foster care using the HCT toolkit.

Clinical Significance

- Organization created an employment opportunity for a healthcare professional to complete and track the HCT of adolescents aging out of foster care using the HCT toolkit.

Methods

Design: Post-test only

Setting: Non-profit organization that provides services to adolescents aging out of foster care

Participants: 6 Staff Leaders (i.e., Managers and Supervisors)

Exclusion Criteria: Staff not in leadership positions, staff no longer affiliated with the organization, and staff not involved in the HCT process.

Statistical Analysis

- SPSS was used to evaluate the project data.
- The aim was analyzed using descriptive statistics.
- Staff satisfaction was defined “strongly agree.”
- Highest obtainable score for each question is 5.00 and for the entire survey is 40.00.