

Intervention to Improve Nurses' Knowledge and Compliance with the Indwelling Urinary Catheter Bundle

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Introduction & Background

- Majority of hospital-acquired urinary tract infections (UTIs) are related to indwelling urinary catheters (IUCs)¹. Despite evidence supporting the use of an IUC bundle, compliance with its elements can be challenging due to lack of knowledge^{2, 3, 4, 5, 6, 7, 8, 9}.
- The purpose of this project was to improve nurses' knowledge of and compliance with the IUC bundle in the intermediate care setting using an educational intervention.

Specific Aims for Project

- After one month of education on the IUC bundle,
- nurses' knowledge of the IUC bundle would increase.
 - nursing compliance with the elements of the IUC bundle would increase

Methods

- This project utilized a single group, pre-post design comparing knowledge of intermediate care nurses about the use of the IUC bundle and their compliance with the bundle before and after the educational intervention.
- The intervention was nursing education on the IUC bundle with a poster presentation.
- A validated questionnaire was administered pre and post intervention to assess the knowledge of nurses on the use of the IUC bundle.

Results

- A total of 40 participants who met the inclusion criteria were recruited from intermediate care unit at the project hospital.
- All 40 participants completed both the pre and post intervention questionnaire.
- There was a statistically significant difference between the pre and posttest knowledge scores for all participants and a slight improvement in bundle compliance.

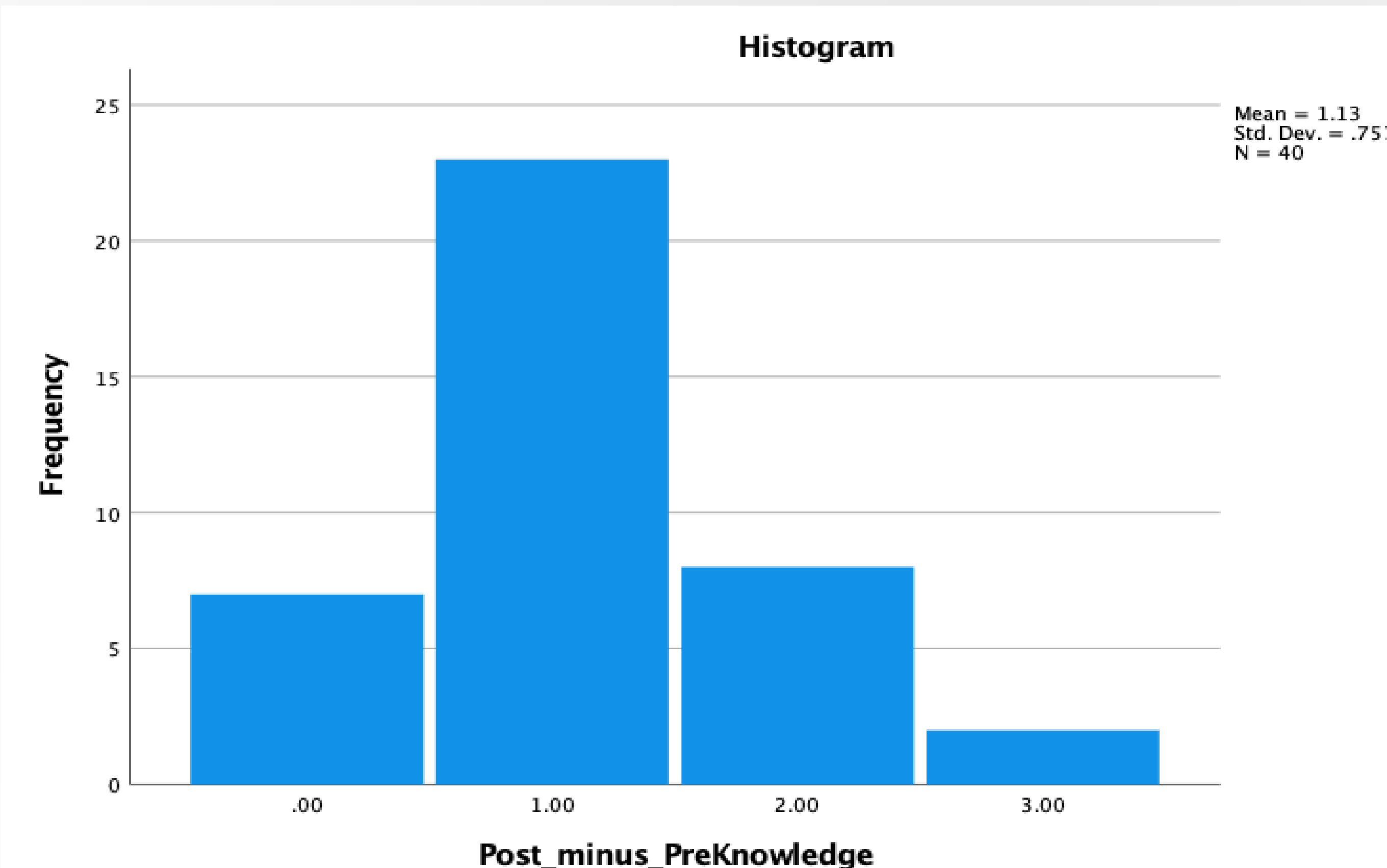


Figure 1. Distribution of the difference between pre and post summary scores

Discussion & Conclusion

- Providing education on the IUC bundle can result in significant increase in nurses' knowledge on its use and improve nurses' compliance with the bundle.
- These findings should be used to encourage nurses to continue to maintain compliance with the IUC bundle when caring for patients with IUCs.

Foley Bundle Component (%)	Pre	Post
Foley Indications	100.0	97.7
Peri Care	96.2	97.7
Urine Flow Unobstructed	98.7	100.0
Foley Tubing & Bag Below Bladder	100.0	100.0
Securement Device	100.0	100.0

Table 2. Comparing Compliance Rate of Foley Bundle from Pre-intervention to Post-intervention

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