

Lindsay Kwong, BSN, RN

QUALIFICATIONS SUMMARY & OBJECTIVE

DNP-prepared Family Nurse Practitioner student at The Johns Hopkins University that graduated in May 2020 with over 784 clinical hours in primary care, urgent care, and specialty clinic settings. Experienced RN with four years' experience on a medical-surgical unit aiming to obtain an advanced practice position in a primary care setting committed to holistic care of patients and evidence-based practice.

EDUCATION

Johns Hopkins University, School of Nursing Doctor of Nursing Practice Candidate, Family Primary Care Bachelor of Science in Nursing	May 2020
	December 2015
Sigma Theta Tau International Candidate	
E. Rhodes & Leona B. Carpenter Scholar	2014 – 2015
I. Ridgeway & Frances Trimble Scholar	2014 – 2015
University of California, Berkeley Bachelor of Arts in Molecular and Cell Biology Dean's Honor List Regents' and Chancellor's Scholarship Recipient	May 2011 Spring 2011

NURSE PRACTITIONER PROGRAM CLINICALS

Employee COVID-19 Call Center

Johns Hopkins Hospital, Baltimore, MD 75 hours

- Utilized algorithms to provide guidance and recommendations to employees with COVID-19 symptoms and possible COVID-19 exposure

Allergy & Asthma Specialty Care

Allergy & Asthma Center of Central Maryland, Columbia, MD 108 hours

- Provided patient-centered care to children and adults with allergic rhinitis, asthma, food allergies, eczema, and drug allergy
- Gathered detailed history focused on allergies and asthma, and performed physical exams with special attention to nasal, throat, and dermatologic systems
- Ordered appropriate skin tests for environmental and food allergies, lab tests, and spirometry
- Conducted visits and performed counseling for weekly peanut oral immunotherapy patients

Sleep Specialty Care

Johns Hopkins Center for Sleep, Columbia, MD 41 hours

- Provided care for adult patients with a variety of sleep disorders such as insomnia, narcolepsy, restless leg syndrome, and sleep apnea
- Tailored history-taking to sleep-related concerns, including medical, surgical, and social history

Adult Emergency Medicine

Johns Hopkins Hospital, Emergency Department, Baltimore, MD 158 hours

- Rapidly screened patients in triage to determine acuity level and order preliminary labs, treatments, and imaging
- Assessed, diagnosed, and treated patients in the Fast Track unit with conditions such as blood clots, respiratory infections, and threatened abortion

Adult Primary Care

Johns Hopkins Community Physicians, Waters Edge, Belcamp, MD 283 hours

- Provided comprehensive care of adult patients with acute and chronic illnesses including hypertension, diabetes, hyperlipidemia, depression, anxiety, and COPD
- Delivered health promotion and disease prevention guidance including immunizations, smoking cessation counseling, mind-body therapy, and cancer screenings

Pediatric Specialty Care

Johns Hopkins Hospital, Pediatric Genetics Department, Baltimore, MD 65 hours

- Gathered developmental, medical, and family histories, and conducted genetics-focused physical exams
- Shadow-constructed pedigrees and calculated Ghent and Beighton scores as part of genetic evaluations
- Assisted in composing comprehensive genetics clinical notes, including patient assessments and plans

Pediatric Primary Care

Columbia Medical Practice, Pediatric Clinic, Columbia, MD 105 hours

- Performed pediatric history and physical assessments during well-child visits, sick visits, and sports physicals within the primary care setting
- Delivered age-appropriate anticipatory guidance and health promotion to patients and guardians at well-visits including immunizations and nutrition management

PROFESSIONAL EXPERIENCE

Johns Hopkins Hospital, Nelson 3, Baltimore, MD

Nurse Clinician I June 2016 – Present

- Function as primary nurse to meet patient needs through patient-centered care
- Participate in multidisciplinary rounds to improve patient outcome
- Provide patient education through use of handouts, demonstrations, and teach-back methods
- Carry out evidence-based practices and participate in unit-based pilot programs to increase quality of care
- Mentor nursing students and orientees through clinical skill teaching and critical thinking scenarios

Golden State Dermatology, Walnut Creek, CA

Medical Assistant October 2013 – July 2014

- Assisted in Mohs micrographic surgery and excision of carcinomas
- Conducted Mohs micrographic consultations and educated patients on post-operative instructions and wound care
- Prepared patients to see providers by documenting patient histories, chief complaints, and medications

RESEARCH & PRESENTATIONS

Johns Hopkins University, School of Nursing, Baltimore, MD September – December 2019

- Implemented a quality improvement project in efforts to improve adherence to family history documentation at a pediatric outpatient clinic at The Johns Hopkins Hospital
- Electronically delivered a co-developed an educational module on family history in pediatrics and presented nine live in-services to pediatric residents
- Presented DNP project and family history in-service to the Johns Hopkins University, School of Nursing, Pediatric Faculty Interest Group on October 8, 2019

Johns Hopkins Hospital, Baltimore, MD

CLABSI (central line-associated bloodstream infection) Committee Member April – October 2017

- Presented poster on “Reducing CLABSI Rates on an Inpatient Adult General Medicine Unit” at the 8th Annual Patient Safety Summit on October 13, 2017

Johns Hopkins University, School of Nursing, Baltimore, MD

Honors Research Student January 2015 – December 2015

- Presented poster on “Multimedia Messaging vs. Plain Text Messaging does not Affect Walking Levels in Sedentary Obese Women” at Johns Hopkins University, School of Nursing on December 16, 2015

LEADERSHIP & ENGAGEMENT

Johns Hopkins University, School of Nursing, Baltimore, MD

Graduate Specialty Student Organization, Vice President May 2019 – Present

- Collaborated with fellow board members to advocate for the graduate specialty student body and strengthen the school community through events such as happy hours, career panels, and skills workshops

LICENSURES, CERTIFICATIONS, & SKILLS

- Registered Nurse: Maryland Board of Nursing, License #R22XXXX February 2016 - Present
- Registered Nurse: California Board of Nursing, License # 9521XXXX March 2020 - Present
- Basic Life Support (BLS) certified by American Heart Association
- Proficient in Cantonese, basic Spanish