

# Ana L. Saavedra, BSN, RN

## GOAL STATEMENT

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Pediatric Nurse Practitioner doctoral student at Johns Hopkins expecting to graduate in May 2020. Three years of nursing experience in the Neonatal ICU. Seeking a full-time pediatric nurse practitioner position in an outpatient clinic setting. Proven ability to provide a holistic, family-centered, and interdisciplinary approach to patient care. Fluent in Spanish and passionate in addressing health disparities.

## EDUCATION

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**Johns Hopkins University School of Nursing**– Baltimore, MD May 2020

*Doctor of Nursing Practice (DNP) in Pediatric Primary Care*

- Doctoral project in breastfeeding exclusivity among Latina mothers

**Georgetown University** – Washington, DC May 2014

*Bachelor of Science in Nursing (BSN)*

DOCTOR OF NURSING PRACTICE PROGRAM CLINICALS 672 expected by graduation

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**Mary's Center Fort Totten**– Washington, DC 231 hours

- Performed comprehensive well-child checks, sports physicals, and immunization counseling to majority low-income Spanish-speaking patients/families
- Completed focused history and physical assessments for sick visits, emergency department follow-up visits, and collaborated with a nurse practitioner to develop and coordinate a plan of care
- Delivered patient/family education and counseling in health promotion, maintenance, and disease prevention

**Children's Medical Practice at Bayview Medical Center**– Baltimore, MD 160 hours

- Implemented episodic care and performed comprehensive well-child checks and pre-op assessments to majority low-income Spanish-speaking patients/families
- Provided comprehensive care to pediatric patients with acute and chronic illnesses including respiratory infections, asthma, obesity, and depression

**Pediatric Emergency Department at Bayview Medical Center**– Baltimore, MD 70 hours

- Provided comprehensive care to patients with acute and non-acute medical problems by completing a detailed history and physical assessment and developing differential diagnosis
- Carefully analyzed test results and information collected and collaborated with a physician assistant to ensure proper diagnoses and treatment

**Medstar Harbor Hospital, Pediatrics (Practicum)**– Brooklyn, MD 168 hours

- Demonstrated ability to independently perform well-child checks, sick visits, ADHD management, and immunization counseling under the supervision of a preceptor
- Performed focused history and assessments and provided accurate diagnosis and treatment plans for common pediatric illnesses after collaborating with a pediatrician

## HEALTHCARE EXPERIENCE

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**Disaster Preparedness with COVID Rapid Response Team Chicago** – *Volunteer* – Chicago, IL Present

- Triaging/screening, testing, coordinating food deliveries, and supporting the immunocompromised during a state emergency in all 50 states and territories during COVID-19 pandemic

**Johns Hopkins School of Nursing Global Health Trip** – *Volunteer RN*– Guatemala January 2020

- Performed family and community-level health assessments to underserved villagers in Pacoxpon, Guatemala

## CONTINUED HEALTHCARE EXPERIENCE

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**Rush University Medical Center Level III Neonatal ICU – RN II – Chicago, IL** August 2014-August 2017

- Delivered bedside care to critically ill premature patients and infants with complex illnesses
- Performed comprehensive health assessments and implement fundamental nursing interventions
- Provided special care such as specialized feedings, high frequency ventilators and iNO therapy

**Division of Nursing Engagement Action Plan: Stress Reduction – RUMC – Co-champion** June 2016-August 2017

- Assessed the NICU’s stressors by interviewing nursing staff and conducting a brief survey
- Developed and implemented interventions to create a healthy work environment

**Jorge Prieto Family Health Center – Summer intern – Chicago, IL** July 2013

- Provided high-quality care and patient education to low-income Latinos in the Little Village community

## LICENSURES, CERTIFICATIONS, AND SKILLS

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- Registered Nurse, Illinois Board of Nursing. License #04142xxxx
- Basic Life Support (BLS) provider, American Heart Association
- ATLA Qualified Bilingual Staff for Spanish Language

## PROFESSIONAL PRESENTATIONS

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**Saavedra, A.** and Suarez, N. (2016, August). Stress and burnout in the Neonatal Intensive Care Unit. PowerPoint presented at the Rush University Medical Center Unit Advisory Committee, Chicago, IL.

Beltran, C., Delgado, A., Hererros, E., Rodriguez, C., Rojas, P. & **Saavedra, A.** (2016, July). The power of the story. Presented at the annual conference of the National Association of Hispanic Nurses, Chicago, IL.

Brown, M. and **Saavedra, A.** (2014, May). The Affordable Care Act: Implications for the future of nursing. Paper presented at Georgetown University School of Nursing and Health Studies, Washington, DC.

## LEADERSHIP AND VOLUNTEER EXPERIENCE

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**Latinx Advocacy Health Group** May 2018-April 2020

- Participated in activities including diversity panel discussions, fundraisers, and volunteer work

**Brancati Center Volunteer Corps – Volunteer – Baltimore, MD** May 2018-February 2020

- Provided health screenings to children and adults in different Baltimore communities

**Georgetown University Celebremos La Vida! – Volunteer – Washington, DC** 2010-2014; 2017

- Completed comprehensive health histories of Spanish speaking women to provide free healthcare access such as pap smears and mammograms

## AWARDS AND HONORS

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- United Health Foundation Diverse Scholar 2019
- Sigma Theta Tau International Society of Nursing, member of Nu Beta Chapter 2018
- Advanced Practice Nurse Enhancement Workforce Scholar 2018-2019
- Doctor of Nursing Practice Conway Scholar 2017-2020

## PROFESSIONAL AFFILIATIONS

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**National Association of Hispanic Nurses (NAHN) – Member and Mentor**

**National Association of Pediatric Nurse Practitioners (NAPNAP) – Member**

**American Association of Nurse Practitioners (AANP) – Member**