

CONTACT INFORMATION

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PERSONAL INFORMATION

Date of Birth: March 2, 1976
Place of Birth: Denver, CO
Citizenship: U.S. Citizen

EMPLOYMENT HISTORY

June 1994 to January 1999: Firefighter and Emergency Medical Technician, United States Air Force. Honorable Discharge
July 1999 to June 2003: Dartmouth-Hitchcock Advanced Response Team (DHART) Flight Communication Specialist. Dartmouth-Hitchcock Medical Center, Lebanon, NH
June 2003 to October 2004: Registered Nurse, Cardiac Critical Care Unit,. Dartmouth-Hitchcock Medical Center, Lebanon, NH
October 2004 - August, 2006: Registered Nurse, Emergency Department, Dartmouth Hitchcock Medical Center, Lebanon, NH
August 2006 to present: Competency for Geriatric Nursing in Rural New England Project – Associate Project Director, Dartmouth Hitchcock Medical Center, Lebanon, NH
August 2009 to November 2011: Geriatric Nurse Coordinator – Medical Specialties 1E/3E, Dartmouth Hitchcock Medical Center, Lebanon, NH
November 2011 to August 2014: Nurse Practitioner – Physical Medicine and Rehabilitation, Dartmouth Hitchcock Medical Center, Lebanon, NH
August 2014 to April 2016: Director of Clinical Services for Remote Medical Sensing, Dartmouth-Hitchcock Medical Center, Lebanon NH
April 2016 to May 2019: Nurse Practitioner – General Internal Medicine, Dartmouth-Hitchcock Medical Center, Lebanon, NH
May 2019 to present: Nurse Manager – Heater Road Primary Care, Dartmouth-Hitchcock Medical Center, Lebanon, NH

EDUCATION

1990-1994: Newport High School, Newport, NH
1999-2003: Colby-Sawyer College, New London, NH
Bachelor of Science in Nursing
Registered Nurse July, 2003
2007-2010: Rivier College, Nashua, NH
Master of Science in Nursing
Board Certified Family Nurse Practitioner, 2010
2019-pres: Johns Hopkins School of Nursing
Doctorate of Nursing Practice
Anticipated graduation May, 2021

PROFESSIONAL QUALIFICATIONS

2006: Board Certified Geriatric Nurse
2008: End of Life Nursing Education Curriculum trainer
2010: Board Certified Family Nurse Practitioner

Computer Skills: Adept at utilizing Microsoft Word, Excel, Outlook, and Power Point. Built and managed website with Web Browser soft ware for both intranet and internet usage.

AWARDS

2003: *Grace Adella Sheldon* Award for exemplifying nursing excellence
2003: *Alpha Chi* award as outstanding graduating honor student

2003: Graduated Summa Cum Laude with a GPA of 3.75 on a 4.0 scale
2004: Nursing Research Award and attendance at the Evidence-Based Practice Conference
2010: Graduated Summa Cum Laude with GPA of 4.0 on a 4.0 scale
2015: Excellence in Advance Nursing Practice Award
2020: Excellence in Nursing Leadership Award

PUBLICATIONS

Resident Condition Change: Should I Call 911?
Justin Montgomery, Ethel Mitty
Geriatric Nursing
January 2008 (Vol. 29, Issue 1, Pages 15-26)

Association between Hospital Admission Risk Profile Score and Skilled Nursing or Acute Rehabilitation Facility Discharges in Hospitalized Older Adults
Stephen Liu, MD, MPH; Justin Montgomery, ARNP; et al.
Journal of the American Geriatric Society (JAGS)
September, 2016

PRESENTATIONS

2006 – present: Over 100 individual presentation to nurse practitioners, nurses, social workers, nursing assistants, and unlicensed assistive personnel on evidence-based practice principles for older adults. Topics include, but not limited to:

- Medications and polypharmacy
- Falls
- Function and functional decline
- Dementia
- Delirium
- Depression
- Ethical issues
- Skin and wound care
- Iatrogenesis

2007: Assisted Living Nursing Annual Conference: Resident Condition Change: Should I call 911?

2008: International Conference on Aging and Disability: The Competency for Geriatric Nursing in Rural New England Project

2008: New Hampshire Conference on Aging: Sleep Problems in the Elderly

2009: New Hampshire Licensed Nursing Assistant Day of Discussion: Palliative Care Issues

2009: Comprehensive Health History and Physical Exam of the Geriatric Patient: Age-Related Change and Physical Exam.

2010: Centers for Health and Aging: Basic Training for Family Caregivers series

2010: Medication Nursing Assistant update: Adverse drug reactions

2011: Geriatric Update: Prevention of Delirium in Acute Care

2011: Nurses Improving Care for Health Systems Elders: Poster presentation; integrating geriatrics into inpatient practice: the Elder Care at DHMC project.

2011: Nursing Grand Rounds: Mental status change

2012: NICHE solutions series: Integrating Geriatric into Patient and Family Centered Care on Medical Specialties

2015: Nursing Grand Rounds: Nursing models of care and use of technology

2016: New England Pharmacology Update: ImagineCare a population health strategy

INTERESTS

Professional: Geriatrics, quality improvement, falls, functional restoration, trauma, and aging gracefully, technology.

Personal: Avid runner, camping, snowboarding, fishing, and volunteer coach for children's sports.