

CURRICULUM VITAE
Part I

PERSONAL DATA

Sarah J. Allgood, PhD, BSN, RN

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EDUCATION

Year	Degree Earned	Institution	Location
2017-current	Research Fellow	Johns Hopkins University	Baltimore, MD
2017	PhD	Johns Hopkins University	Baltimore, MD
2008	BSN	Johns Hopkins University	Baltimore, MD
2000	AS (Animal Health)	Mesa College	San Diego, CA

CURRENT LICENSE AND CERTIFICATION

Year	Source	Type	License & Certification Number
2009	Maryland Board of Nursing	RN	License # R186724

PROFESSIONAL EXPERIENCE

Year	Position	Institution
2019	Assistant Professor	Johns Hopkins University School of Nursing Baltimore, MD

2018	Lecturer	Johns Hopkins University School of Nursing Baltimore, MD
2011-2017	Research Nurse	Johns Hopkins University School of Medicine, Department of Medicine Division of Pulmonary and Critical Care Baltimore, MD
2009-2011	Clinical Research Nurse III	The National Institutes of Health Clinical Center, 5NW, Bethesda, MD
2008-2009	Lab Technician	Johns Hopkins University School of Nursing Lab of Dr. Gayle G. Page Baltimore, MD
2008-2009	Research Assistant	Johns Hopkins University School of Nursing Center for Collaborative Intervention Research Baltimore, MD

HONORS AND AWARDS

Year	Award
2017-current	Ruth L. Kirschstein National Service Award; T32HL72748-15
2014	Robert Wood Johnson Foundation – Future of Nursing Scholars Scholarship, 1 st
Cohort 2009	Research Award (for demonstrating intellectual curiosity and creativity in nursing) – Johns Hopkins University, School of Nursing
2009	The Minority Global Health Disparities International Research Training Program Grant, National Center on Minority Health and Health Disparities and Fogarty International Center
2009	Inducted as member of Sigma Theta Tau International, Inc.

RESEARCH

Sponsored Projects

2019-current	CF-Wellness Program to Treat Fatigue, PI: Kristin Riekert, Co-Investigator, 10% Effort, Funded by: Cystic Fibrosis Foundation, Total Direct Costs: Pending
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Pending/Unsponsored

2019-current	Effectiveness of the Tailored Technology-Enhanced Home Exercise Program, IRB00154198; Co-Investigator
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2018-current	Cystic Fibrosis Surveys, IRB00169254; Co-Investigator
2018-current	Clinical Outcomes in Cystic Fibrosis, IRB00175552; Co-Investigator
2018	Pregnancies in Cystic Fibrosis: Challenges and associations of course and outcomes with disease severity, IRB00167353; Co-Investigator
2018	Individual Characteristics and Research Decisions in Cancer Care at Johns Hopkins, NA_00072282; Co-Investigator
2018	TransConnect: A Study of Pathways to Health for Violence Survivors, IRB00171175; Co-Investigator
2017-current	Use and Effectiveness of Pain Relief in Individuals with Cystic Fibrosis, IRB00149773; Co-Investigator
2017-current	Clinical Outcomes of Pain in Adults with Cystic Fibrosis, IRB00157112; Co-Investigator
2015-current	Detection and Impact of Fungal Respiratory Infections in Cystic Fibrosis, IRB0080625; Research Coordinator
2013-2018	The IGNITE Study: A Phase 2, Multi-Center, Randomized, Placebo-Controlled Study of IV Gallium Nitrate in Patients with Cystic Fibrosis, NA_00083095; Lead Research Nurse
2016-2017	Cystic Fibrosis Remote Monitoring System to Support Resource-Limited Communities, IRB0094954; Lead Research Nurse
2015-2017	Pain in Adults with Cystic Fibrosis – Qualitative Interviews, IRB0033661; Lead Research Nurse
2011-2017	eICE – Early Intervention in Cystic Fibrosis Exacerbation, NA_00047034; Research Manager

SCHOLARSHIP

Publications

Peer Reviewed (*data-based)

1. ***Allgood, S.J.**, Kozachik, S., Alexander, K.A., Thaxton, A., Vera, M., & Lechtzin, N. (2018).

Descriptions of the pain experience in adults and adolescents with cystic fibrosis. *Pain Management Nursing*, pii: S1524-9042(17)30473-3. doi: 10.1016/j.pmn.2017.11.011.

2. * Lechtzin, N., Mayer-Hamblett, N., West, N.E., **Allgood, S.**, Wilhelm, E., Khan, U., Aitken, M.L., Ramsey, B.W., Boyle, M.P., Mogayzel, P.J. Jr., Gibson, R.L., Orenstein, D., Milla, C., Clancy, J.P., Antony, V., Goss, C.H. & eICE Study Team (2017). Home monitoring in CF to identify and treat acute pulmonary exacerbations: eICE study results. *American Journal of Respiratory and Critical Care Medicine*, Nov 1;196(9):1144-1151. doi: 10.1164/rccm.201610-2172OC.
3. *Hong, G., Miller, H.B., **Allgood, S.**, Lee, R., Lechtzin, N., & Zhang, S.X. (2017) The use of selective-fungal culture media increases detection rates of fungi in the cystic fibrosis respiratory tract. *Journal of Clinical Microbiology*, 55(4):1122-1130. doi: 10.1128/JCM.02182-16.
4. * Sahetya, S., **Allgood, S.**, Gay, P.C., & Lechtzin, N. (2016). Long-term mechanical ventilation. *Clinicals in Chest Medicine*, 37(4):753-763. doi: 10.1016/j.ccm.2016.07.014
5. *Lechtzin, N., **Allgood, S.**, Hong, G., Riekert, K., Haythornthwaite, J.A., Mogayzel, P., Hankinson, J., Yaster, M. (2016). The association between pain and clinical outcomes in adolescents with cystic fibrosis. *Journal of Pain and Symptom Management*, 52(5):681-687. doi: 10.1016/j.jpainsymman.2016.03.02.
6. *Lechtzin, N., West, N., **Allgood, S.**, Wilhelm, E., Khan, U., Mayer-Hamblett, N., Atken, M.L., Ramsey, B.W., Boyle, M.P., Mogayzel, P.J., & Goss, C.H. (2013). Rationale and design of a randomized trial of home electronic symptom and lung function monitoring to detect cystic fibrosis pulmonary exacerbations: The early intervention in cystic fibrosis (eICE) trial. *Contemporary Clinical Trials*, 36(2):460-9. doi: 10.1016/j.cct.2013.09.004

Abstracts

Peer Reviewed (*data-based)

Allgood, S., Merlo, C., Goss, C.H., & Lechtzin, N. (2017). The association between pain and clinical outcomes in individuals with cystic fibrosis. *Pediatric Pulmonology Suppl.* 52: S1-S776.

CONFERENCE MEETINGS/PRESENTATIONS

International

2019 Allgood, S., Potts Dellon, E., Kapnadak, S., Goggins, J., & Lechtzin, N. Use of opioids for pain management in individuals with cystic fibrosis. European Cystic Fibrosis Conference, Liverpool, England (presentation and e-poster)

2017 Lechtzin, N., Lichter, P., Thaxton, A., Dezube, R., Sullivan, S., Grant, A., Tallarico, E., vonBerg, K., Mitchell, L., Sosnay, P., Merlo, C., West, N., Jennings, M., Braun, A., &

Allgood, S. A feasibility study of remote monitoring of airway clearance vest use and home spirometry in adults with cystic fibrosis. European Cystic Fibrosis Conference, Seville, Spain (poster).

2009 **Allgood, S.** Infection, anxiety, and sex: Perinatal determinates of later life behavior. School of Psychology Colloquium, University of Newcastle, Australia

National

2018 **Allgood, S.** & Lechtzin, N. Complementary and alternative medicine use in CF patients. North American Cystic Fibrosis Conference, Denver, CO (presentation)

2018 **Allgood, S.** Managing opioid use, misuse, and abuse. North American Cystic Fibrosis Conference, Denver, CO (presentation)

2018 **Allgood S.,** Dellon E. Goggin J., Kapnadak S., & Lechtzin, N. Provider and patient attitudes towards pain management in CF. North American Cystic Fibrosis Conference, Denver, CO (poster)

2018 **Allgood S.,** Kapnadak S., Dellon E., Goggin J., & Lechtzin, N. Pain in Post-Transplant Individuals with CF. North American Cystic Fibrosis Conference, Denver, CO (poster)

2017 **Allgood, S.,** Merlo, C., Goss, C.H., & Lechtzin, N. The association between pain and clinical outcomes in individuals with cystic fibrosis. North American Cystic Fibrosis Conference, Indianapolis, IN (poster)

2016 **Allgood, S.** The IGNITE Study: A research coordinator's perspective. North American Cystic Fibrosis Conference, Orlando, FL (presentation)

2015 Goss, C., West, N., **Allgood, S.,** Khan, U., Howe, D., Mayer-Hamblett, N., Aitken, M., Ramsey, B., Boyle, M., Mogayzel, P., Gibson, R., Orenstein, D., Milla, C., & Lechtzin, N. for the eICE study team. North American Cystic Fibrosis Conference, Phoenix, AZ (presentation)

2015 **Allgood, S.,** Thaxton, A., Kozachik, S., Vera, M., Mogayzel, P., & Lechtzin, N. A phenomenological study of pain in adults and adolescents with cystic fibrosis. North American Cystic Fibrosis Conference, Phoenix, AZ (poster)

2014 Hong, G., **Allgood, S.,** Riekert, K., Hankinson, J., Rivera, T., Mogayzel, P., Yaster, M., & Lechtzin, N. American Thoracic Society Conference, San Diego, CA (poster)

- 2013 **Allgood, S.** Did we have you at hello? Recruitment strategies for CF research. North American Cystic Fibrosis Conference, Salt Lake City, UT (presentation)
- 2012 Goss, C.H., Hornick, D.B., Aitken, M.L., Anderson, G., Caldwell, E., Lechtzin, N., Wilhelm, E., Wolfstone, A., **Allgood, S.**, Teresi, M., & Singh, P. Phase 1 pharmacokinetic and safety study of intravenous Ganite™ (gallium nitrate) in CF. North American Cystic Fibrosis Conference, Orlando, FL (presentation)
- 2011 **Allgood, S.** An introduction to eICE: Early intervention in cystic fibrosis exacerbations. North American Cystic Fibrosis Conference, Anaheim, CA (presentation)

Regional

- 2011 McGlotten, R. & **Allgood, S.** Effective orientation strategies for use in clinical research. United States Public Service Nurse Recognition Day, Bethesda, MD (poster)
- 2010 **Allgood, S.** It's not in her head: An insulinoma case report. NIH Clinical Center, Bethesda, MD (presentation)
- 2009 **Allgood, S.** Effects of indomethacin on cytokine and corticosteroid production in post-surgical rats. Johns Hopkins University School of Nursing Research Honors Day, Baltimore, MD

CURRICULUM VITAE

Part II

EDUCATIONAL ACTIVITIES

Classroom Instruction

Fall, 2019, NR.110.502.0101 & 0201 Pathophysiology I, Course Co-Coordinator, 166 students (MEN track)

Fall, 2019, NR.210.608.0101 The Research Process and Its Application to Evidence-Based Practice, 61 students (MEN track)

Spring, 2018, NR.210.610.0101 Health Promotion and Risk Reduction Across the Lifespan, Lecturer, 75 students (MEN track)

Fall, 2012, NR.110.304.0101 Principles and Applications of Nursing Technology, Lab Instructor, 159 students (BSN track)

Classroom Assistance

Spring, 2019, NR.110.891.0101 Responsibilities and Activities of the Nurse Scientist, Teaching Assistant, 10 students (PhD track)

Fall, 2018, NR.110.502.0101 Pathophysiology I, Senior Teaching Assistant, 148 students (MEN track)

Spring, 2018, NR.110.891.0101 Responsibilities and Activities of the Nurse Scientist, IRB protocol evaluations, 10 students (PhD track)

Fall, 2017, NR.120.504.0101 Pathophysiology, Case report evaluations, 153 students (MEN track)

Spring, 2017, NR.110.891.0101 Responsibilities and Activities of the Nurse Scientist, IRB protocol evaluations, 12 students (PhD track)

Spring, 2017, NR.120.504.0101 Pathophysiology, Teaching assistant, 84 students (MEN track) Fall, 2016, NR.120.504.0101 Pathophysiology, Teaching assistant, 141 students (MEN track)

Mentoring

Summer 2018 – present	1 PhD/DNP Student, Research Residency Mentor
Fall 2016 – present	1 Johns Hopkins RWJF Future of Nursing Scholar Student Mentor
2013	1 BSN Student, Research Honors Co-Mentor

PROFESSIONAL ACTIVITIES

2016-present	Hospital and Palliative Nurses Society, member
2009-present	Sigma Theta Tau Nursing Honors Society, Nu Beta Chapter, member
2016-2019	American Pain Society, member