

## CURRICULUM VITAE

### PERSONAL DATA

**Sarah Szanton, Ph, RN, FAAN**

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### EDUCATION

<b>Year</b>	<b>Degree</b>	<b>Institution</b>	<b>Location</b>
2007	Doctor of Philosophy (PhD)	Johns Hopkins University	Baltimore, MD
1998	Master of Science in Nursing (MSN)	University of Maryland	Baltimore, MD
1993	Bachelor of Science in Nursing (BSN)	Johns Hopkins University School of Nursing	Baltimore, MD
1988	Bachelor of Arts (BA) <i>Magna Cum Laude</i>	Harvard College	Cambridge, MA

### CURRENT LICENSE

<b>Year</b>	<b>Source</b>	<b>Type</b>
1993-present	Maryland Board of Nursing	RN

### PROFESSIONAL EXPERIENCE

<b>Years</b>	<b>Position</b>	<b>Institution</b>	<b>Location</b>
2021-present	Dean	Johns Hopkins University School of Nursing	Baltimore, MD
2015- present	Professor	Johns Hopkins University School of Nursing	Baltimore, MD
2015-2018	Director, PhD Program	Johns Hopkins University School of Nursing	Baltimore, MD
2012-2016	Associate Professor	Johns Hopkins University School of Nursing	Baltimore, MD
2011-present	Inaugural Faculty	Center on Innovative Care in Aging	Baltimore, MD
2008-present	Core Faculty	Johns Hopkins Center on Aging and Health	Baltimore, MD

2008-present	Associate	Johns Hopkins Population Center	Baltimore, MD
2004-2006	Johnson and Johnson Community Health Scholar	Johns Hopkins University School of Nursing	Baltimore, MD
2003-2007	Doctoral Student	Johns Hopkins University School of Nursing	Baltimore, MD
1998-2003	Clinical Instructor	Johns Hopkins University School of Nursing	Baltimore, MD
1998-2003	Adult Nurse Practitioner	Variety of urban settings through Johns Hopkins University School of Nursing faculty practice	Baltimore, MD
1993-1998	Community Relations Associate and Nurse	Health Care for the Homeless of Maryland	Baltimore, MD
1993-1993	Migrant Health Nurse	East Coast Migrant Health Project	Chambersburg, PA
1991-1992	Director of Government Relations	National Family Planning and Reproductive Health Association	Washington, DC
1990-1991	Policy Analyst	National Family Planning and Reproductive Health Association	Washington, DC

## **HONORS AND AWARDS**

2021	Elected to National Academy of Medicine
2019	Human Condition, Heinz Foundation
2019	Sigma Theta Tau, International Nurse Researcher Hall of Fame
2017	Edgerunner award from the American Academy of Nursing
2016	Health Equity Leadership Award, given by Baltimore City
2016	National Influencer in Aging, awarded by Next Avenue
2016	Senior Service America Research Award.
2016	American Public Health Association/Archstone Foundation honorary mention for program innovation
2015	Baltimore Business Journal <i>Health Care Innovator</i> award
2015	Fellow in Gerontological Society of America
2015	Visiting Fellow; The University of Sydney, Australia June 28 <sup>th</sup> -July 5 <sup>th</sup> , 2015
2015	Emerging Edgerunner Award from American Academy of Nursing
2014	Co-recipient of Protégé Award given by the Friends of the National Institute of Nursing Research for outstanding research contributions in less than 10 years after PhD degree

- 2014 Fellow in the American Academy of Nursing
- 2014 Inaugural Johns Hopkins SONIE award for using the media to advance the nursing profession
- 2013- Joint Appointment with Department of Health Policy and Management, Johns Hopkins Bloomberg School of Public Health
- 2013-2014 PI of JHU/Hartford Geriatric Scholars Program in Intervention Research, \$50,000
- 2011-2014 Robert Wood Johnson Nurse Faculty Scholar
- 2010-2011 Visiting Research Fellow, Social Science Research Institute, Duke University
- 2009 Johns Hopkins University Population Center Early Career Award
- 2008 Recipient of NIH Loan Repayment Program
- 2007 National Institute on Aging Summer Research Institute
- 2007 Cardiovascular Disease Prevention Award awarded by the Preventive Cardiovascular Nurses Association
- 2005 Best Geriatrics Abstract at Preventive Cardiology Nurses Association National Meeting
- 2004 Sigma Theta Tau, the National Nursing Honor Society (inducted) to Nu Beta Chapter
- 1996 Maryland Nurses Foundation

**RESEARCH**

**Sponsored Projects**

- 2021-2026 Disparities in infection in home health and patient /caregivers' perceptions (Disinfection in HHC), PI, Shang, Co-I, Agency for Healthcare Research and Quality, \$2,443,775.
- 2020-2025 The research and education to support the science of independent living for inclusion and engagement: National center of excellence RRTC (RESILIENCE RRTC), PI, 15%, NIDILRR ACL, \$4,300,000.
- 2020-2024 Reducing racial disparities in AD/ADRD: Addressing structural discrimination and resilience, PI, 35%, National Institute on Aging, \$2,000,000.
- 2019-2023 CAPABLE: Strategic scaling, PI, 20%, Rita and Alex Hillman Foundation, \$2,849,753.
- 2018-2023 Hopkins center to promote resilience in persons and families living with multiple chronic conditions (the PROMOTE Center), PI, National Institute of Health P30, \$1,740,415.

- 2018-2021 Promoting aging in place by enhancing access to home modification, PI, Pynoos, Jon, (Consultant), Administration on Community Living, \$647,000.
- 2017-2022 Optimizing functional independence of older person with dementia: Implementation and evaluation of the interdisciplinary home-based reablement program (I-HARP), PI, Jeon, Yun-Hee, Co-I, In-kind, Australian National Health and Medical Research Council.
- 2015-2018 MiCAPABLE in the Michigan Medicaid waiver program, PI, Rita and Alex Hillman Foundation, \$600,000.
- 2015-2016 Assessing the impact of public benefits on health outcomes and associated healthcare costs for dual-eligible seniors in Maryland 72541, PI, 7%, Robert Wood Johnson Foundation, \$199,000.
- 2014-2020 Vitamin D supplements to prevent falls in older adults: A dose-response trial U01, AGo47837, PI, Appel, Lawrence, Co-I, 10%, NIH, \$685,149.
- 2013-2015 Hartford geriatric scholars program in intervention research, PI, 10%, John A. Hartford Foundation, \$50,000.
- 2012-2017 Reducing disability via a bundled bio behavioral-environmental approach R01 AGo40100, PI, 30%, NIH, \$2,405,495.
- 2012-2015 CAPABLE for frail dually eligible older adults: Achieving the triple aim by improving functional ability at home 1C1CMS330970-01, PI, 40%, CMS, \$2,843,715.
- 2011-2014 Bio-behavioral mediators of enhanced daily function in disabled low-income older adults 69351, PI, 80%, Building Academic Geriatric Capacity Initiative of the John A. Hartford Foundation, \$60,000.
- 2009-2011 Pilot testing the CAPABLE intervention for low income older adults 09-232, PI, 80%, Building Academic Geriatric Capacity Initiative of the John A. Hartford Foundation, \$60,000.
- 2008-2009 Pilot trial of a health intervention for minority older adults 5P30NR008995-05, PI, In-kind, Center Collaborative Intervention Research, \$20,000.
- 2008- Baltimore study of black aging R01AG024108, PI, Whitfield, Keith, Co-I, In-kind, NIA
- 2007-2010 Psychological stress, oxidative stress, and atherosclerosis 1KL2RR025006-01, PI, Powe, Neil, Trainee, 80%, NIH Roadmap Johns Hopkins Multidisciplinary Clinical Research Career Development Award.
- 2005-2010 Reducing cardiovascular risk in an urban community R01HL082628, PI, Allen, Jerilyn, Co-I, In-kind, NHLBI, NIH, R01, \$801,023.
- 2005-2007 Stress, poverty, and cardiovascular disease in older women 05-122, PI, 100%, Building Academic Geriatric Capacity Initiative of the John A. Hartford Foundation, \$49,000.
- 2005-2007 Stress, poverty and cardiovascular disease in older women 1F31NR009470-01, PI, 100%, NINR, NIH, F31, \$44,760.

- 2004- Women's health and aging study Ro1AGo11703, PI, Fried, Linda, Co-I, In-kind, NIA, NIH, Ro1, \$591,560.
- 2003-2004 Soy and lipoproteins in post-menopausal women Ro1HL070553, PI, Allen, Jerilyn, Research Residency, In-kind, NHLBI, NIH, Ro1, \$1,053,976.
- 2003-2004 Health disparities predoctoral fellowship T32NR007968, PI, Allen, Jerilyn, Trainee, 100%, NINR, NIH, T32.
- 1996-1998 MSN nurse traineeship, PI, 100%, Maryland Department of Health and Hygiene, Full tuition for MSN.
- 1996-1996 Financial support for MSN education, PI, 100%, Maryland Nurses Foundation, \$1,000.
- 1987-1988 The black panther party's breakfast program for children, PI, 100%, Phi Beta Kappa of Radcliffe, \$2,000.

**Funded Research (Mentees)**

- 2021-2022 HEROIC- Heart Failure Resilience Intervention for Caregivers. Building interdisciplinary research in women's health; Funded by NICHD Office of Women's Health, (K12HD085845) Abshire, Martha (Trainee), D. Ford (PI), 1/1/2021-12/31/2022; 75% effort Primary Mentor.
- 2018-2022 Harold Amos medical faculty program communication behaviors and development of depression pain intervention among older African American women; P.I.: Taylor, Janiece. Primary Mentor.
- 2017-2022 Household income, financial stress and physiologic aging markers in low income adults across the life course; Funded By: NIA (K01AG054751), Role: PI, 75% effort, Total Direct costs: \$651,375; P.I: Samuel, Laura. Primary Mentor.

**Practice**

- 2008-2012 East Baltimore Nursing Clinic, Apostolic Towers, 10% effort
- 2005-2007 Nurse Practitioner, The Shepherd's Clinic, 5% effort
- 2001-2003 Bon Secours, House Calls Program, 30% effort
- 2000-2001 Nurse Practitioner, Health Care for the Homeless, 30% effort
- 1998-2000 Nurse Practitioner, Urban Medical Institute, 30% effort

## SCHOLARSHIP

### Publications

#### Peer Reviewed Journal Articles (\*data-based)

1. \*Samuel L.J., **Szanton S.L.**, Wolff J.L., Gaskin D.J. Supplemental nutrition assistance program 2009 expansion and cardiometabolic markers among low-income adults. *Prev Med.* 2021 Sep;150:106678. DOI: [10.1016/j.ypmed.2021.106678](https://doi.org/10.1016/j.ypmed.2021.106678). Epub 2021 Jun 5. PMID: 34097951; PMCID: PMC8316430.
2. \*Wanigatunga A.A., Sternberg A.L., Blackford A.L., Cai Y., Mitchell C.M., Roth D.L., Miller E.R. 3rd, **Szanton S.L.**, Juraschek S.P., Michos E.D., Schrack J.A., Appel L.J.; STURDY Collaborative Research Group. The effects of vitamin D supplementation on types of falls. *J Am Geriatr Soc.* 2021 Oct;69(10):2851-2864. DOI: [10.1111/jgs.17290](https://doi.org/10.1111/jgs.17290). Epub 2021 Jun 12. PMID: 34118059; PMCID: PMC8497407.
3. \*Li J, **Szanton S.L.**, McPhillips M.V., Lukkahatai N., Pien G.W., Chen K., Hladek M.D., Hodgson N., Gooneratne N.S. An mHealth-Facilitated Personalized Intervention for Physical Activity and Sleep in Community-Dwelling Older Adults. *J Aging Phys Act.* 2021 Sep 6:1-10. DOI: [10.1123/japa.2020-0463](https://doi.org/10.1123/japa.2020-0463). Epub ahead of print. PMID: 34489366.
4. \*Samuel L.J., Wright R., Granbom M., Taylor J.L., Hupp C., Roberts Lavigne L.C., **Szanton S.L.** Community-dwelling older adults who are low-income and disabled weathering financial challenges. *Geriatr Nurs.* 2021 Jul-Aug;42(4):901-907. DOI: [10.1016/j.gerinurse.2021.04.025](https://doi.org/10.1016/j.gerinurse.2021.04.025). Epub 2021 Jun 4. PMID: 34098443; PMCID: PMC8316314.
5. \*Regier N.G., Taylor J.L., **Szanton S.L.**, Parmelee P.A., Perrin N., Liu M., Jenkins E., Hodgson N.A., Gitlin L.N. Pain in persons with dementia and the direct and indirect impacts on caregiver burden. *Geriatr Nurs.* 2021 Mar-Apr;42(2):366-371. DOI: [10.1016/j.gerinurse.2021.01.007](https://doi.org/10.1016/j.gerinurse.2021.01.007). Epub 2021 Feb 8. PMID: 33571930.
6. \*Granbom M., Perrin N., **Szanton S.**, K. M. Cudjoe T., Gitlin L.N. Household Accessibility and Residential Relocation in Older Adults. *J Gerontol B Psychol Sci Soc Sci.* 2019 Sep 15;74(7):e72-e83. DOI: [10.1093/geronb/gby131](https://doi.org/10.1093/geronb/gby131). PMID: 30388250; PMCID: PMC6748711
7. \*Regier N.G., Taylor J.L., **Szanton S.L.**, Parmelee P.A., Perrin N., Liu M., Jenkins E., Hodgson N.A., Gitlin L.N.. Pain in persons with dementia and the direct and indirect impacts on caregiver burden. *Geriatr Nurs.* 2021 Mar-Apr;42(2):366-371. doi: [10.1016/j.gerinurse.2021.01.007](https://doi.org/10.1016/j.gerinurse.2021.01.007). Epub 2021 Feb 8. PMID: 33571930.
8. \*Li, Y., Liu, M., Sun, X. Hou, T., Tang, S., **Szanton, S.** Independent and synergistic effects of pain, insomnia, and depression on falls among older adults: a longitudinal study. *BMC Geriatr* 20, 491 (2020). <https://doi.org/10.1186/s12877-020-01887-z>
9. \*Li Z., Li J., Yu G., Yu F., Li K., **Szanton S.** The effect of resistance training on sleep in Chinese older adults: A randomized controlled trial. *Geriatr Nurs.* 2021 Jan-Feb;42(1):289-294. DOI: [10.1016/j.gerinurse.2020.09.002](https://doi.org/10.1016/j.gerinurse.2020.09.002). Epub 2020 Sep 22. PMID: 32977992.
10. \*Nkimheng M., Commodore-Mensah Y., Angel J.L., Bandeen-Roche K., Thorpe R.J. Jr., Han H.R., Winch P.J., **Szanton S.L.** Longer Residence in the United States is Associated With More Physical Function

Limitations in African Immigrant Older Adults. *J Appl Gerontol*. 2022 Feb;41(2):411-420. DOI: [10.1177/0733464820977608](https://doi.org/10.1177/0733464820977608). Epub 2020 Dec 22. PMID: 33353456; PMCID: [PMC8217389](https://pubmed.ncbi.nlm.nih.gov/PMC8217389/).

11. \*Nkimbeng M., Cudjoe J., Turkson-Ocran R.A., Commodore-Mensah Y., Thorpe R.J. Jr., **Szanton S.L.** Disparities in the Prevalence and Correlates of Disability in Older Immigrants in the USA: a Systematic Review of the Literature. *J Racial Ethn Health Disparities*. 2019 Jun;6(3):552-562. DOI: [10.1007/s40615-018-00554-9](https://doi.org/10.1007/s40615-018-00554-9). Epub 2019 Jan 7. PMID: [30618007](https://pubmed.ncbi.nlm.nih.gov/30618007/); PMCID: PMC6500484.
12. \*Samuel L.J., Gaskin D.J., Trujillo A.J., **Szanton S.L.**, Samuel A., Slade E., Race, ethnicity, poverty and the social determinants of the coronavirus divide: U.S. county-level disparities and risk factors. *BMC Public Health*. 2021 Jun 29;21(1):1250. DOI: [10.1186/s12889-021-11205-w](https://doi.org/10.1186/s12889-021-11205-w). PMID: 34187414; PMCID: [PMC8240081](https://pubmed.ncbi.nlm.nih.gov/PMC8240081/).
13. \*Laken C. Roberts Lavigne, MPH., Jing Tian, MS, Melissa Hladek, Ph.D., Sarah E. LaFave, MPH, **Sarah L. Szanton, Ph.D.**, Laura J. Samuel, Ph.D., Residential Street Block Disorder and Biological Markers of Aging in Older Adults: The National Health and Aging Trends Study, *The Journals of Gerontology: Series A*, Volume 76, Issue 11, November 2021, Pages 1969-1976, <https://doi.org/10.1093/gerona/qlab166>.
14. \***Szanton S.L.**, LaFave S.E., Thorpe R.J. Structural Racial Discrimination and Structural Resilience: Measurement Precedes Change. *J Gerontol A Biol Sci Med Sci*. 2021 Dec 23:qlab344. Vol. XX, No. XX, 1–3. DOI [10.1093/gerona/qlab344](https://doi.org/10.1093/gerona/qlab344). PMID: 34940845.
15. \*Nkimbeng M., Nmezi N.A., Baker Z.G., Taylor J.L., Commodore-Mensah Y., Shippee T.P., **Szanton S.L.**, Gaugler J.E. Depressive Symptoms in Older African Immigrants with Mobility Limitations: A Descriptive Study. *Clin Gerontol*. 2021 Sep 16:1-13. DOI: [10.1080/07317115.2021.1976893](https://doi.org/10.1080/07317115.2021.1976893). PMID: 34528489.
16. \*Okoye S.M., Spira A.P., Perrin N.A., Schrack J.A., Han H.R., Wanigatunga S., Nyhuis C., **Szanton S.L.** Exterior housing conditions are associated with objective measures of poor sleep among low-income older adults with disabilities. *Sleep Health*. 2021 Dec;7(6):731-734. DOI: [10.1016/j.sleh.2021.09.002](https://doi.org/10.1016/j.sleh.2021.09.002). Epub 2021 Oct 8. PMID: 34629322.
17. \*Okoye S.M., **Szanton S.L.**, Perrin N.A., Nkimbeng M., Schrack J.A., Han H.R., Nyhuis C., Wanigatunga S., Spira A.P. Objectively measured sleep and physical function: Associations in low-income older adults with disabilities. *Sleep Health*. 2021 Dec;7(6):735-741. DOI: [10.1016/j.sleh.2021.09.001](https://doi.org/10.1016/j.sleh.2021.09.001). Epub 2021 Oct 1. PMID: 34602384; PMCID: PMC8665105.
18. \***Szanton S.L.**, Leff B., Li Q., Breyse J., Spoelstra S., Kell J., Purvis J., Xue Q.L., Wilson J., Gitlin L.N. CAPABLE program improves disability in multiple randomized trials. *J Am Geriatr Soc*. 2021 Dec;69(12):3631-3640. DOI [10.1111/jgs.17383](https://doi.org/10.1111/jgs.17383). Epub 2021 Jul 27. PMID: 34314516.
19. \*LaFave S.E., Suen J.J., Seau Q., Bergman A., Fisher M.C., Thorpe R.J. Jr, **Szanton S.L.** Racism and Older Black Americans' Health: a Systematic Review. *J Urban Health*. 2022 Jan 7. DOI: [10.1007/s11524-021-00591-6](https://doi.org/10.1007/s11524-021-00591-6). Epub ahead of print.
20. \*Okoye, S.M., Spira, A.P., Perrin, N., Schrack, J.A., Han, H.R., Wanigatunga, S., Nyhuis, C. & **Szanton, S.L.** (2021). Exterior housing conditions are associated with objective measures of poor sleep among low-income older adults with disabilities. *Sleep Health Journal*, 648, DOI: [10.1016/j.sleh.2021.09.002](https://doi.org/10.1016/j.sleh.2021.09.002). Epub ahead of print.

21. \*Okoye, S.M., **Szanton, S.L.**, Perrin, N., Nkimbeng, M., Schrack, J.A., Han, H.R., Nyhuis, C., Wanigatunga, S., & Spira, A.P. (2021). \*. *Sleep Health Journal*, DOI: [10.1016/j.sleh.2021.09.001](https://doi.org/10.1016/j.sleh.2021.09.001). Epub ahead of print.
22. \*Nkimbeng, M., Nmezi, N. A., Baker, Z.B., Taylor, J.L., Commodore-Mensah, Y., Shippee, T.P., **Szanton, S.L** & Gaugler, J.E. (2021). Depressive symptoms in older African immigrants with mobility limitations: A descriptive study. *Clinical Gerontologist*, 1-13. DOI: [10.1080/07317115.2021.1976893](https://doi.org/10.1080/07317115.2021.1976893).
23. \*Li, J., **Szanton, S.L.**, McPhillips, M., Lukkahatai, N., Pien, G.W, Chen, K., Hladek, M., Hodgson, N., & Gooneratne, N. (2021). An mHealth-facilitated personalized intervention for physical activity and sleep in community-dwelling older adults. *Journal of Aging and Physical Activity*, 1-10. DOI: [10.1123/japa.2020-0463](https://doi.org/10.1123/japa.2020-0463).
24. \***Szanton S.L.**, Hladek M.D. (2021). The effect of tailored home hazard removal on falls among community-dwelling older adults. *JAMA Network Open*, 4(8):e2122325. DOI: [10.1001/jamanetworkopen.2021.22325](https://doi.org/10.1001/jamanetworkopen.2021.22325).
25. \*Hladek, M.D, Zhu, J., Buta, B.J., **Szanton, S.L.**, Bandeen-Roche, K., Walston, J.D., Xue, QL. (2021). Self-efficacy proxy predicts frailty incidence over time in non-institutionalized older adults. *J Am Geriatr Soc*, DOI: [10.1111/jgs.17417](https://doi.org/10.1111/jgs.17417). Epub ahead of print.
26. \***Szanton, S.L.**, Leff, B., Li, Q., Breyse, J., Spoelstra, S., Kell, J., Purvis J., Xue, Q., Wilson, J. Gitlin, L.N. (2021). CAPABLE program improves disability in multiple randomized trials. *Journal of the American Geriatrics Society*, 1-10. DOI: [10.1111/jgs.17383](https://doi.org/10.1111/jgs.17383).
27. \*Samuel, L.J., Gaskin, D.J., Trujillo, A.J., **Szanton, S.L.**, Samuel, A., Slade, E. (2021). Race, ethnicity, poverty and the social determinants of the coronavirus divide: U.S. county-level disparities and risk factors. *BMC Public Health*, 21(1), 1-11. DOI: [10.1186/s12889-021-11205-w](https://doi.org/10.1186/s12889-021-11205-w).
28. \*Li, Y., Liu, M., Miyawaki, C.E., Sun, X., Hou, T., Tang, S., **Szanton, S. L.** (2021). Bidirectional relationship between subjective age and frailty: A prospective cohort study. *BMC Geriatrics*, 21(1):395. [https://DOI.org/10.1186/s12877-021-02344-1](https://doi.org/10.1186/s12877-021-02344-1).
29. \*Wanigatunga, A.A., Sternberg, A.L., Blackford, A.L., Cai, Y., Mitchell, C.M., Roth, D.L., Miller, E.R., **Szanton, S.L.**, Juraschek, S.P., Michos, E.M., Schrack, J.A., Appel, L.J. (2021). The effects of vitamin D supplementation on types of falls. *Journal of the American Geriatrics Society*, 2851-2864, DOI: [10.1111/jgs.17290](https://doi.org/10.1111/jgs.17290).
30. \*Roberts Lavigne, L.C., Tian, J., Hladek, M., LaFave, S.E., **Szanton, S.L.**, Samuel, L.J. (2021). Residential street block disorder and biological markers of aging in older adults: The national health and aging trends study. *The Journals of Gerontology: Series A, Biological Sciences and Medical Sciences*, 76(11):1969-1976, [https://DOI.org/10.1093/gerona/glab166](https://doi.org/10.1093/gerona/glab166).
31. \*Liu, M., Hou, T., Li, Y., Sun, X., **Szanton, S.L.**, Clemson, L., Davidson, P.M. (2021). Fear of falling is as important as multiple previous falls in terms of limiting daily activities: A longitudinal study. *BMC Geriatrics*, 21(1):350, [https://DOI.org/10.1186/s12877-021-02305-8](https://doi.org/10.1186/s12877-021-02305-8).
32. \*Samuel, L.J., Wright, R., Granbom, M., Taylor, J.L., Hupp, C. Lavigne, L., **Szanton, S.L.**, (2021). Community-dwelling older adults who are low-income and disabled weathering financial challenges. *Geriatric Nursing*, 42(4): 901-907, DOI: [10.1016/j.gerinurse.2021.04.025](https://doi.org/10.1016/j.gerinurse.2021.04.025).



33. \*Samuel, L.J., **Szanton, S.L.**, Wolff, J.L., Gaskin, D.J., (2021). Supplemental nutrition assistance program 2009 expansion and cardiometabolic markers among low-income adults. *Preventive Medicine*, 150: 1-7, DOI: [10.1016/j.ypmed.2021.106678](https://doi.org/10.1016/j.ypmed.2021.106678).
34. \*Sherry, Melissa K., Bishai, David M., Padula, William V., Weiner, Jonathan P., **Szanton, Sarah L.**, Wolff, Jennifer L. (2021). Impact of neighborhood social and environmental resources on Medicaid spending. *American Journal of Preventive Medicine*, 61(2): e93-3101, DOI: [10.1016/j.amepre.2021.02.019](https://doi.org/10.1016/j.amepre.2021.02.019).
35. \*Okoye, S.M., Samuel, L.J., Fabius, C., Mulcahy, J., Reider, L., **Szanton, S.**, Wolff, J.L., (2021). Home and neighborhood context of falls among black and white older Americans. *Journal of Aging and Health*, 33(9): 721-731. [https://DOI.org/10.1177/08982643211009436](https://doi.org/10.1177/08982643211009436).
36. \*Hladek, M., Gill, J. M., Lai, C., Bandeen-Roche, K., Xue, Q.-L., Allen, J., Leyden, C., Kanefsky, R., **Szanton, S. L.** (2021). High social coping self-efficacy associated with lower sweat interleukin-6 in older adults with chronic illness. *Journal of Applied Gerontology*, [https://DOI.org/10.1177/07334648211006518](https://doi.org/10.1177/07334648211006518).
37. \*Granbom, M., Nkimbeng, M., Roberts, L.C., Gitlin, L.N., Taylor, J.L., **Szanton, S.L** (2020). So I am Stuck, but it's OK: Residential reasoning and housing decision-making of low-income older adults with disabilities. *Housing and Society*, 48(1):43-59, DOI: [10.1080/08882746.2020.1816782](https://doi.org/10.1080/08882746.2020.1816782).
38. \*Liu, M., Hou, T., Nkimbeng, M., Li, Y., Taylor, J.L., Sun, X., Tang, S., **Szanton, S.L.** (2021). Associations between symptoms of pain, insomnia and depression, and frailty in older adults: A cross-sectional analysis of a cohort study. *Int J Nurs Stud*, 117:103873, DOI: [10.1016/j.ijnurstu.2021.103873](https://doi.org/10.1016/j.ijnurstu.2021.103873).
39. \*Regier, N.G., Taylor, J.L., **Szanton, S.L.**, Parmelee, P.A., Perrin, N., Liu, M., Rivers, E., Hodgson, N.A., Gitlin, L.N. (2021). Pain in persons with dementia and the direct and indirect impacts on caregiver burden. *Geriatric Nursing*, 42(2): 366-371. DOI: [10.1016/j.gerinurse.2021.01.007](https://doi.org/10.1016/j.gerinurse.2021.01.007).
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131. Gitlin, L.N., **Szanton, S.L.**, Huang, J. Roth, D.L. (2014). Factors mediating the effects of a depression intervention on functional disability in older African Americans. *Journal of the American Geriatrics Society*, 62(12) 2280-2287 PMID: PMC4415989.
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177. \*Dennison, C.R., **Szanton S.L.**, Previte, R., Hill, M.N., Allen, J.K. (2007). High prevalence of cardiovascular risk factor clustering and suboptimal treatment among poor urban diabetics. *Circulation*, 116 (16): 11-387.
178. **Szanton, S.L.**, Gill, J., Allen, J.K. (2005). Allostatic load: A mechanism of socioeconomic health disparities? *Biological Research for Nursing*, 7(1): 7-15. PMCID: PMC2874580.
179. Gill, J. **Szanton, S.L.**, Page G. (2005). Biological underpinnings of health alterations in women with PTSD: A sex disparity. *Biological Research for Nursing*, 7(1): 44-54.
180. Allen, J.K, **Szanton, S.L.** (2005). Gender and ethnicity: State of the science in cardiovascular nursing research. *Journal of Cardiovascular Nursing*, 20(1): 1-6.

## **Publications in press**

1. Drazich, B.F., Li, Q., Perrin, N.A., **Szanton, S.L.**, Lee, J-W., Huang, C-M., Carlson, M.C., Samuel, L.J., Regier, N.G., Rebok, G.W., Taylor, J.L. (in press). The relationship between older adults' technology use, in-person engagement, and pandemic-related mental health. *Aging and Mental Health*.
2. Drazich B.F., Jenkins E., Nkimbeng M., Abshire Saylor M., **Szanton S.L.**, Wright R, Beach M.C. and Taylor J.L. (2022). Exploring the Experiences of Co-morbid Pain and Depression in Older African American Women and Their Preferred Management Strategies. *Front Pain Res.* 3:845513. doi: 10.3389/fpain.2022.845513. (In press).
3. **Szanton, S.L.**, Bonner, A., Paone, D., Atalla, M., Hornstein, E., Alley, D., Leff, B., Gitlin, L.N., (In press) Drivers and Restraints to Adoption and Spread of Evidence-based Health Service Delivery Interventions: The Case of CAPABLE. *Geriatric Nursing*
4. Guralnik J.M., Sternberg A.L., Mitchell C.M., Blackford A.L., Schrack J., Wanigatunga A.A., Michos E., Juraschek S.P., **Szanton S.**, Kalyani R., Cai Y., Appel L.J.; STURDY Collaborative Research Group. Effects of Vitamin D on Physical Function: Results from the STURDY Trial. *J Gerontol A Biol Sci Med Sci.* 2021 Dec 20:glab379. doi: [10.1093/gerona/glab379](https://doi.org/10.1093/gerona/glab379). (In press) PMID: 34928336.
5. Nkimbeng, M., Akumbom, A., Granbom, M., **Szanton, S.L.**, Shippee, T.P., Thorpe Jr, R., Gaugler, J.E. . (In press) Where to retire? Experiences of Older African Immigrants in the United States. *International Journal of Environmental Research and Public Health*.

## **Book Chapters**

1. Robinson, M., **Szanton, S.L.** (2019). Home assessments-improving patients' capacity for self-management. *Home- Based Medical Care for Older Adults 2020*.
2. **Szanton, S.L.**, Thomas, K. Thriving in community, Chapter in *Handbook of Geriatric Assessment; 5<sup>th</sup> edition*. Edited by Terry Fulmer and Bruce Chernof: Jones and Bartlett.
3. **Szanton, S.L.** (2017). Aging in place: Innovative teams, chapter in *Nursing Research shaping Health Policy*: Springer Publishers. Edited by Patricia Grady and Ada Sue Hinshaw
4. Thorpe, R., **Szanton, S.L.**, Walker, J., Cary, M. Hill, L., Morgan, A.T.A., Whitfield, K.E., (2015). Book Section in *The Encyclopedia of Adulthood and Aging* :John Wiley and Sons.
5. **Szanton, S.L.**, Gill, J.G., Thorpe Jr., R.J., Whitfield, K.E. (Ed.). (2010). The society-to-cells model of resilience in older adults. *Annual Reviews of Gerontology and Geriatric*, 30(1): 5-34.
6. Whitfield, K.E., Thorpe, R., **Szanton, S.L.**, Schaie, W. (Ed.). (2010). Health disparities, social class, and aging. *In Psychology and Aging*, Elsevier. 205-216.
7. Seplaki, C.L., **Szanton, S.L.** (2008). Frailty and Robustness, Book section for *The Encyclopedia of the Life Course and Human Development* (Ed: D. Carr)

## Conference Meetings/Presentations

### International (Invited)

- 2015 **Szanton, S.L.**, Invited speaker at Swiss Conference on Integrated Health Care "Inter-professional Care for a Sustainable Health System "Promoting Aging in Place through Inter-professional care and person-environment focus." Berne, Switzerland. 10/16/15 (invited)
- 2015 Invited keynote at University of Sydney Research Week Conference "Using clinical insights to design research and affect policy: The CAPABLE journey." 7/1/2015, Sydney, Australia (invited)
- 2014 **Szanton, S.L.**, Invited speaker "Designing and implementing an interprofessional and Multi-component intervention for older adults with disability." 3/28/14. Lund University, Lund, Sweden. (invited)
- 2014 **Szanton, S.L.**, Invited panelist for symposium on "The complexity of community-based care for frail older people" 3/26/2014, Maastricht University, Holland. (invited)

### National (Invited)

- 2021 **S.L. Szanton**, Li, Q., Gitlin, L., CAPABLE program improves disability in research and implementation settings. *The Gerontological Society of America Annual Scientific Meeting, Symposium*, November 2021 (invited)
- 2021 Mueller, C.A., Corazzini, K.N., Wolff, J.L., Prusaczyk, B., **S.L. Szanton**, Fields, B., Presidential Symposium: Disruption to transformation of communities of care: Key issues and opportunities in health. *The Gerontological Society of America Annual Scientific Meeting, Presidential Symposium*, November 2021 (invited)
- 2021 Nieman, C.L., Han, H., Marrone, N., Suen, J. J., **S.L. Szanton**, Trumbo, J., Lin, F. Community engagement and human-centered design: lessons from HEARS in inclusive recruitment of older adults. Symposium. *The Gerontological Society of America Annual Scientific Meeting, Symposium*, November 2021 (invited)
- 2021 Samuel, L., Cudjoe, T., deCardi Hladek, M., Drazich, B. F., Li, Q, **S.L. Szanton**, COVID-19 and psychosocial changes: Results from the national health and aging trends study (NHATS). *The Gerontological Society of America Annual Scientific Meeting, Symposium*, November 2021 (invited)
- 2021 S.E. LaFave, A. Bergman, J.L. Taylor, **S.L. Szanton**, Older African Americans' exposure to structural racial discrimination in healthcare: A qualitative study. *Association for Clinical and Translational Science Annual Meeting, Poster Presentations*, March 2021 (invited)
- 2019 Association of Healthcare Journalist Conference, Baltimore MD, 5/4/19 "Successful Aging in Place: What's working?" (invited)
- 2019 **S.L. Szanton**, Investing in Interventions that Address Non-Medical Health-Related Social Needs. National Academies of Sciences, Engineering, and Medicine. 4/2019, Washington, D.C.

- 2018 National Academies of Sciences, Engineering, and Medicine, Integrating Health Care and Social Services for People with Serious Illness, Washington, D.C., 7/19/18 (invited)
- 2016 Center for Medicare and Medicaid Services Quality Conference, Baltimore MD, 12/13/16 (invited)
- 2016 National Academies of Sciences, Engineering, and Medicine Affordable and Accessible Housing for Vulnerable Older Adults and People with Disabilities Living in the Community, Washington, D.C., 12/12/16 (invited)
- 2016 Habitat for Humanity Learning Collaborative Conference, Philadelphia, PA 12/7/16 (invited)
- 2016 Federal Reserve of Philadelphia. Invited panelist. "Improving Population Health through Housing, Function and Income" Philadelphia, PA, 5/5/16 (invited)
- 2015 Social Justice Symposium. Invited panelist. University of Massachusetts, Amherst, MA., 3/30/15 (invited)
- 2015 World Health Congress. Invited panelist in Innovations in Medicaid and Medicare integration. Washington, D.C., 3/24/15 (invited)
- 2014 Neighborworks Symposium on Exponential Impact: Connecting Health, Housing and Community, Washington, DC. 12/10/14 (invited)
- 2014 Research Based Policy Initiatives to Reduce Hospital & Nursing Home Transition, a State Perspective. *Gerontological Society of America*, 11/2014, Washington D.C., **S.L. Szanton**, (invited)
- 2014 Institute of Medicine workshop of the Future of Home Health Care, **S.L. Szanton**, invited presenter, Washington DC, 9/30/14. (invited)
- 2013 The Missing Link: Connecting Assessment of Family Caregivers to Care Recipient Outcomes *Gerontological Society of America*, 11/2013, New Orleans, LA. **S.L. Szanton**, (invited)
- 2013 **Szanton, S.L.**, Invited speaker to Academy Health's Interdisciplinary Research Group on Nursing Issues , Baltimore, MD. June 22, 2013. (invited)
- 2013 **Szanton, S.L.** Invited panelist for the Atlantic Magazine's Generations Forum. "Navigating New Urban Landscapes: Infrastructure Needs and Livable Communities" Washington, D.C. May 22, 2013 (invited)
- 2013 **Szanton, S.L.** Invited plenary at the Science of Chronic Illness Self-Management forum of National Nursing Research Roundtable entitled "A Community-based Approach to Self-Management" Bethesda, MD March 8, 2013 (invited)
- 2012 **Szanton, S.L.** Resnick, B., Prevost, S., Nathanson, P. Invited discussant for Plenary IV "The Changing Situation of Seniors" at 12<sup>th</sup> Annual Building Academic Geriatric Nurse Capacity (BAGNC) Leadership Conference, San Diego, CA 11/14/2012. (invited)
- 2012 **Szanton, S.L.** Popejoy, L. Invited speaker for Concurrent session "Sustaining Optimism, Seeking Balance" at 12<sup>th</sup> Annual Building Academic Geriatric Nurse Capacity (BAGNC) Leadership Conference, San Diego, CA 11/13/2012. (invited)

- 2012 **Szanton, S.L.**, Terhaar, M. "Getting on the Same Page with the IRB." Podium Presentation at AACN's 2012 Doctoral Education Conference at Naples Grande Beach, Naples, FL. (invited)
- 2011 **Szanton, S.L.**, Enabling Aging in Place: Designing and implementing an interprofessional and Multi-component intervention for older adults with disability." Invited talk as part of a Gerontological Society of America pre-conference workshop entitled: Current and Future Challenges in Designing Behavioral Interventions: From Randomized Trials to Community Implementation. November 2011. (invited)
- 2011 **Szanton, S.L.**, Laura Gitlin. Webinar "How the CLASS benefit could be used by individuals." 5/2011. (invited)
- 2011 **Szanton, S.L.** Putting practice into research to decrease health disparities among older adults. Invited presenter at Center on Biobehavioral and Social Aspects of Health Disparities at Duke University conference "Issues and Challenges in Health Disparities Research on Older Adults." 1/2011. (invited)
- 2010 Williams, Sharon. Transitions in Stroke Care: findings from the Stroke Telemedicine Access Recovery (STAR) Project *Gerontological Society of America*, 11/2010, New Orleans, LA. **S.L. Szanton**, (invited)

#### International (Peer Reviewed)

- 2017 **Szanton, S.L.**, Leff, B., Wolff, J.L., Roberts, L., Guralnik, J., M., Gitlin, L.N. CAPABLE is associated with Decreased Disability in Low Income Older Adults in Baltimore. *International Association of Gerontology and Geriatrics* San Francisco, CA, 7/17 (peer reviewed)
- 2017 **Szanton, S.L.**, Leff, B., Wolff, J.L., Roberts, L., Guralnik, J., M., Gitlin, L.N. Cost Savings for CAPABLE program driven by Decreases in Hospital and Long-Term Care for Participants. *International Association of Gerontology and Geriatrics* San Francisco, CA, 7/17 (peer reviewed)
- 2017 **Szanton, S.L.**, Soliman, D. Leff, B., Gitlin, L.N. Moving from Trial to Multiple Markets: Planning with a National Foundation for Implementation. *International Association of Gerontology and Geriatrics* San Francisco, CA, 7/17 (peer reviewed)
- 2017 **Szanton, S.L.**, Gitlin, L.N., Delaney, A.L., Walker, J.L., Thorpe, R.J., Roth, D.L., Crews, D. Tailoring a Successful Program to New Population; From CAPABLE to SOCIABLE *International Association of Gerontology and Geriatrics* San Francisco, CA, 7/17 (peer reviewed)
- 2017 Walker, R., **Szanton, S.L.**, Adaptation of an Aging-in-Place Intervention to Address the Needs of Rural Cancer Survivors *International Association of Gerontology and Geriatrics*, San Francisco, CA, 7/17 (peer reviewed)
- 2017 Spoelstra, S., Kohler, M., Roth, J., Evelyn-Gustave, A., Schueller, M., **Szanton, S.L.**, Implementing CAPABLE as MI-CAPABLE in a Medicaid Waiver. *International Association of Gerontology and Geriatrics* San Francisco, CA, 7/17 (peer reviewed)
- 2017 Russell, D., Feinberg, J.L., Bowles, K. **Szanton, S.L.**, A pilot study assessing in-home performance among vulnerable older adults in New York City. *International Association of Gerontology and Geriatrics* San Francisco, CA, 7/17 (peer reviewed)



- 2015 Walker, R., Samuel, L., **Szanton, S.L.** Dignity Matters: A Society to Cells Perspective on Physiological and Cellular Effects on Threats to Dignity in Later Life *Sigma Theta Tau International*, San Juan, Puerto Rico, 6/15

### **National (Peer Reviewed)**

- 2020 Bean, Jonathan F., Stevens-Lapsley, Jennifer, Brach, Jennifer, **Szanton, Sarah** (2020). Bridging the Gap Between Innovative Research and Clinical Care: New Models of Preventative Rehabilitative Care for Older Adults
- 2020 Missell, R., **Szanton, S.**, Caprio T.V., Nathan K., Simning, A., (2020). CAPABLE Transitions: A home health agency-based intervention to optimize the SNF-to-home transition. The Gerontological Society of America's 2020 Annual Scientific Meeting, Online. *Selected for Oral Presentation*
- 2020 Liu, M., Li, Y., Sun, X., Miyawaki, C.E., Hou, T., Tang, S., & **Szanton, S.L.** (2020). Bidirectional longitudinal relationships between homebound status and falls among older adults. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2020 Liu, M., Xue, Q., Gitlin, L.N., Wolff, J., Guralnik, J., Leff, B., & **Szanton, S.L.** (2020). Disability prevention program improves life-space and falls efficacy: A randomized control trial. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2020 Li, Y., Liu, M., Miyawaki, C.E., Hou, T., Sun, X., Tang, S., & **Szanton, S.L.** (2020). Bidirectional relationship between subjective age and fear of falling: findings from the NHATS. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2020 Li, Y., Liu, M., Miyawaki, C.E., Sun, X., Hou, T., Tang, S., & **Szanton, S.L.** (2020). Bidirectional relationship between subjective age and frailty: findings from the NHATS. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2020 Sun, X., Liu, M., Miyawaki, C.E., Li, Y., Hou, T., Tang S., **Szanton, S.L.** (2020). Longitudinal relationships between favorite activities and homebound status in older adults. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2020 Sun, X., Liu, M., Miyawaki, C.E., Li, Y., Hou, T., Tang S., **Szanton, S.L.** (2020). The association between personality and homebound status in older adults: results from the NHATS. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2020 Hou, T., Liu, M., Miyawaki, C.E., Li, Y., Sun, X., Tang S., **Szanton, S.L.** (2020). Favorite activity patterns among older adults with and without dementia: findings from the NHATS. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2019 **Szanton, S.L.**, Kell, J., Bourdon, T., Purvis, J., Zhang, X., Gitlin, L., An Aging in Place model in the innovation pipeline: Testing an evidence-based program in an Accountable Care Organization. *Academy Health* (peer reviewed)
- 2018 Spoetra, S., Gitlin, L.N., **Szanton, S.L.** Dissemination of CAPABLE model of care in a Medicaid waiver home and community-based waiver program to improve function. Tuesday, December 4, 2018 *Gerontological Society of America* (peer reviewed)
- 2018 L. J. Samuel, M. Granbom, C. Hupp, **S. L. Szanton.** An Exploration of the Financial Situations Faced by Low-Income Older Adults and Strategies for Handling Finances. Thursday November 15, 2018, *Gerontological Society of America* (peer reviewed)

- 2018 L. J. Samuel, L. Roberts, R. J. Thorpe, **S. L. Szanton**. Financial Strain Predicts Incident Disability in Older Adults in the National Health and Aging Trends Study. Thursday November 15, 2018 (peer reviewed)
- 2018 J. L. Taylor, N. G. Regier, G. C. Hanson, E. Rivers, N. A. Hodgson, P. A. Parmelee, **S. L. Szanton**, L. N. Gitlin. Pain in Persons Living with Dementia and Associated Caregiver Burden. Thursday November 15, 2018 *Gerontological Society of America* (peer reviewed)
- 2018 S. M. Okoye, **S. L. Szanton**, M. Nkimbeng, N. Perrin, A. Spira. Sleep and Physical Performance in Disabled Low- Income Older Women. Thursday November 15, 2018 *Gerontological Society of America* (peer reviewed)
- 2018 S. L. Spoelstra, A. Sikorskii, M. Schueller, A. Chatfield, **S. L. Szanton**. Improving Function in the Community: Implementing Community Aging in Place, Advancing Better Living for Elders. Thursday November 15, 2018 *Gerontological Society of America* (peer reviewed)
- 2018 C. L. Nieman, J. J. Suen, H. Han, B. Slogeris, M. S. Weikert, **S. L. Szanton**, L. N. Gitlin, F. R. Lin. Can We Accelerate the Pipeline?: Lessons from HEARS on Social Design and Entrepreneurship in Intervention Research. Thursday November 15, 2018 *Gerontological Society of America* (peer reviewed)
- 2018 L. J. Parker, J. L. Taylor, L. Samuel, **S. L. Szanton**, L. N. Gitlin. Discrimination and Executive Functioning Among a Racially Diverse Sample of Community-Dwelling Adults. Thursday November 15, 2018 *Gerontological Society of America* (peer reviewed)
- 2018 **S.L. Szanton**, Xue, Q.L., Leff, B., Wolff, J.L., Boyd, C.M., Bishai, D., R. Thorpe, R.J. Jr., Tanner, E.K. Guralnik, J., Gitlin, L.N., Reducing Disability Among Low Income Older Adults: Results from the CAPABLE trial. 7/2018, Seattle, WA.
- 2016 **S.L. Szanton**, Samuel, L.J. Cahill, R. Thorpe, R.J. Jr., Wolff, J.L., Betley, C. Public benefits are associated with fewer nursing home days in dually eligible older adults. *Gerontological Society of America*, 11/2016, New Orleans, LA.
- 2016 **S.L. Szanton**, Walker, J.L., Roth, J., Hladek, M. Roberts, L. "The CAPABLE approach to self-management: Nursing Care of Older Adults Special Interest Group Session: *Gerontological Society of America*, 11/2016, New Orleans, LA.
- 2016 Samuel, L.J., **Szanton, S.L.**, Thorpe, R.J., Seplaki, C.L., Agree, E.A., Roth, D.L. (November 2016) Cross-Lagged Associations Among Financial Strain, Home Environment, and Walking Speed. *Gerontological Society of America*, New Orleans, LA.
- 2016 Thorpe, Jr. RJ, **Szanton S.L.**, Kasper J. "Race Differences in Mobility Tasks Among Men in the National Health and Aging Trends Study", Minority Health Symposium, *Gerontological Society of America*, New Orleans, Louisiana 11/2016
- 2016 Ornstein, K., **Szanton, S.L.**, Leff, B. Does it take a Village? Examining the Caregivers of a National Sample of Homebound Older Adults *Gerontological Society of America*, New Orleans, Louisiana

- 2016 Xu, J., Arruda, S., Gallo, J. J., Wenzel, J., Nolan, M. T., Flowers, D., **Szanton, S. L.**, Dennison-Himmelfarb, C., Han, H. R. (November 2016) Use of vignettes to understand heart failure self-care decisions. Podium presentation, 2016 *Gerontological Society of America*, New Orleans, Louisiana.
- 2015 Nkimbeng, M., Savage, J. **Szanton, S.L.** "Fall Prevention in the Community Aging in Place: Advancing Better Living for Elders (CAPABLE) program" Population Health Alliance Forum 11/15 Washington, DC.
- 2015 Spoelstra, S., Roth, J., Evelyn-Gustave, A., DeKoekkoek, T., Schueller, M., Chartier, J., **Szanton, S.L.** Translating CAPABLE (Community Aging in Place for Better Elderly Living) in a State Waiver Program. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Walker, R., **Szanton, S.L.**, Wood, L., Lyons, K., Spencer, R., Freedson, P. THRIVE@HOME: A New Biobehavioral-Environmental Protocol to Promote Activity and Reduce Symptom Interference for Aging Cancer Survivors. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Marshall, G., Lewis, S., **Szanton, S.L.**, Stansbury, K., Thorpe, R. Financial Hardship and Psychological Distress Among Middle-Aged and Older Americans. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Samuel, L.J., **Szanton, S.L.**, Cahill, R., Mohamoud, S., Betley, C. Access to Public Benefits Programs Is Associated with Lower Hospitalization Rates in Dually Eligible Older Adults. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 **Szanton, S.L.**, Wolff, J., Roberts, L., Leff, B., Thorpe, R., Tanner, E., Guralnik, J., Gitlin, L. Improving ADL Ability Through Nurse, Occupational Therapy, and Handyman Intervention: CAPABLE. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Walker, J., Roberts, L., Waldersen, B., Wolff, J., Gitlin, L., Bridges, A., Thorpe, R., **Szanton, S.L.** Strategies to Improve Pain Management Among CAPABLE Participants with Chronic Pain. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Waldersen, B., Wolff, J., Roberts, L., Bridges, A., Walker, J., Gitlin, L., **Szanton, S.L.** CAPABLE Study: Person-Directed Functional Goal Setting Among Community Dwelling Older Adults. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Nieman, C., Mamo, S., Marrone, N., **Szanton, S.L.**, Tanner, E., Lin, F. Baltimore HEARS: A Community-Delivered Affordable, Accessible Hearing Care Intervention Pilot for Older Adults. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Samuel, L., Thorpe, R., Usher, T., **Szanton, S.L.** Socioeconomic Status and Changes in Physical Function: A Test of Cumulative (Dis) advantage. *Gerontological Society of America*. Orlando, FL. 11/15
- 2015 **Szanton, S.L.**, Gitlin, L., Leff, B., Guralnik, J., Boyd, C., Thorpe, R. Managing Multiple Chronic Conditions to Support Physical Function: The CAPABLE Trial *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Walker, J., Thorpe, R., **Szanton, S.L.**, Cary, M., Whitfield, K. Pain and Depressive Symptoms Among Older African American Men. *Gerontological Society of America*. Orlando, FL. 11/2015

- 2015 **Szanton, S.L.**, Samuel, L.J., Cahill, R., Wolff, J.L., Thorpe, R.J.Jr., Mohamoud, S., Betley, C. Public Benefits Reduce Risk for Nursing Home Entry Among Maryland's Dual Eligible Older Adults. *Academy Health*, Minneapolis, MN 6/15
- 2015 Samuel, L.J., **Szanton, S.L.**, Cahill, R., Mohamoud, S., Betley, C. Public Benefits and Risk for Hospitalization Among Maryland's Dual Eligible Older Adults. *Academy Health*, Minneapolis, MN 6/15
- 2014 **Szanton, S.L.**, Spoelstra, S., Gitlin, L.N., Complexities and Actualization: Embedding a Home-based Functional Improvement Intervention within a Medicaid Waiver. *Dissemination and Implementation Conference, jointly sponsored by the National Institutes of Health and Academy Health* Bethesda, MD, 12/2014
- 2014 **Szanton, S.L.**, Gitlin, L.N., Leff, B., Thorpe, R.J., Guralnik, J., Xue, Q-L, Tanner, E.K. A Home-Based, Interdisciplinary Model Of Care for Older Adults: Early Findings from CAPABLE *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 Spoelstra, S., **Szanton, S.L.**, Research Based Policy Initiatives to Reduce Hospital & Nursing Home Transition, a State Perspective *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 Marshall, G., **Szanton, S.L.** Thorpe, R.J., Financial Strain and Self-rated Mental Health Among Older Black Americans. *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 Nieman, C.L., **Szanton, S.L.**, Tanner, E.K., Thorpe, R.J., Lin, F.R., The Baltimore HEARS Study: A Novel Community-based Hearing Health Care Intervention *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 Ornstein, K. Leff, B., Roberts, L. Covinsky, K., Federman, A., Ritchie, C., **Szanton, S.L.**, Determining the Prevalence of the Homebound Elderly in the U.S. *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 **Szanton, S.L.**, Roberts, L., Leff, B., Federman, A., Covinsky, K Ritchie, C., Seplaki, C.L., Ornstein, K. Home but Still Engaged: Functional and Social Correlates of Being Homebound *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 **Szanton, S.L.**, Gitlin, L.N., Fidelity Challenges and Opportunities in a Bio-behavioral-environmental Intervention: CAPABLE Study *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 **Szanton, S.L.**, Klimmek, R.W., Roberts, L., Thorpe, R.J., Wolff, J. Agree, E., Gitlin, L.N., Seplaki, C.L. Older Adults' Favorite Activities *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 Roberts, L., Lawrence, A., Delaney, A., Thorpe, R., **Szanton, S.** Multilayered Recruitment of Frail Older Adults for a Home-Based Disability Intervention in Baltimore. *Health Care Innovation Awards National Summit*. Baltimore, MD, 10/27/14
- 2013 **Szanton, S.L.**, symposium chair, Reducing Risk Factors At Home To Improve Function: Findings Of Studies From 3 Continents *Gerontological Society of America* New Orleans, LA 11/24/2013
- 2013 **Szanton, S.L.**, Robert, L. Thorpe. R., Gitlin, L.N. Home hazards, mood, and pain among urban, disabled older adults *Gerontological Society of America*. New Orleans, LA 11/24/2013

- 2013 Thorpe RJ, Walker JL., Cary MP, **Szanton SL**, Whitfield KE. "Association between Chronic Conditions and Disability in African Americans" Gerontological Society of America 2013 Meeting, New Orleans, LA, November 20-24, 2013
- 2012 Kahn, J.R., Ling, J., **Szanton, S.L.**, Shardell, M., Alley, D. Financial Strain and Older Couples: A Fixed Effects Model. *Gerontological Society of America*. San Diego, CA 11/17/2012
- 2012 **Szanton, S.L.**, Thorpe, R. Leff, B. Tanner, E. Guralnik, J.M., Gitlin, L.N. Fiscal and Policy Implications for Improving Functional Ability in the U.S.: the CAPABLE program. *Gerontological Society of America*. San Diego, CA 11/16/2012
- 2012 **Szanton, S.L.**, symposium chair, New Frontiers in Technology Use to Monitor, Engage, and Strengthen Older adults. *Gerontological Society of America*. San Diego, CA 11/15/2012
- 2012 Klimmek, R.W., Wenzel, J., **Szanton, S.L.**, Nolan, M.N. "We're Gonna Do This:" Case Studies of Older Rural African American Cancer Survivors and their Caregivers Transitioning After Treatment. *2012 Science of Eliminating Health Disparities Summit*, National Harbor, MD, 11/1/2012
- 2012 **Szanton, S.L.**, Thorpe, R.J., Gitlin, L.N. Beat the Blues depression program improves depression symptoms in older African-Americans with financial strain. *2012 Science of Eliminating Health Disparities Summit*, National Harbor, MD, 11/1/2012
- 2012 **Szanton, S.L.**, Tanner, E.K., Leff, B., Wolff, J., Gitlin, L., CAPABLE – A Bio-behavioral-environmental program to increase function and decrease institutionalization *Academy Health*, 6/12, Orlando, FL.
- 2011 **Szanton, S.L.**, Granger, D.A., Cherry, B.J., Mandel, D., Lai, M.Y., Carlson, M., Azen, S., Clark, F. Biological Sensitivity to Lifestyle Redesign intervention in the Well Elderly: Links between Treatment Effects and Salivary cortisol *American Psychosomatic Society*. 3/2011, San Antonio, TX
- 2011 Palta, P. Samuel, L, Miller, E.R., **Szanton, S.L.**, Psychological Stress Is Associated with higher Oxidative Stress: Results from a Meta-analysis of Observational Studies. *American Psychosomatic Society*. 3/2011, San Antonio, TX
- 2010 **Szanton, S.L.**, Tanner, E.K., Ornstein, K., Dennison, C. Novel interventions to decrease transitions to acute care. *Gerontological Society of America*, 11/2010, New Orleans, LA. **Szanton** was symposium organizer.
- 2010 **Szanton, S.L.**, Tanner, E.K., Agree, E.A, Boyd, C.M, Weiss, C.O., Guralnik, J.M., Gitlin, L., A Multi-Component Pilot to Enhance Aging-In-Place Capacity For Low-Income Older Adults *Gerontological Society of America*, 11/2010 New Orleans, LA
- 2010 **Szanton, S.L.**, Palta, P., Hayat, M., Connolly, A.B., Piferi, R.P, Page, G.G. Can health disparities in immune function and blood pressure improve with mindfulness-based stress reduction? *Presented at the Council for the Advancement of Nursing Science*, 9/2010, Washington, DC
- 2010 **Szanton, S.L.**, Gill, J.S. Resilience from society to cells: a theoretical psychosomatic model of health disparities. *Presented at the American Psychosomatic Society*, 3/2010, Portland, OR

- 2010 **Szanton, S.L.**, Palta, P., Hayat, M., Connolly, A.B., Piferi, R.P. Mindfulness-based stress reduction may lower blood pressure in low income minority older adults: a pilot study. *Presented at the American Psychosomatic Society*. 3/2010, Portland, OR
- 2009 **Szanton, S.L.**, Thorpe, R.J., Whitfield, K.E. Life-course financial strain and health in African-American Adults. *Presented at Gerontological Association of America*, 11/2009, Atlanta, GA
- 2009 Thorpe, R.J., **Szanton, S.L.**, Bell, C., Whitfield, K. Socioeconomic differences in health and disability by age in African Americans. *Gerontological Society of America 2009 Meeting*, Atlanta, GA, November 18-22, 2009 (Oral)
- 2009 **Szanton, S.L.**, Miller, E.R., Thorpe, R.J., Epel, E.S., Rifkind, J.M., Mohanty, J.G., Zonderman, A.B., Evans, M.K. Psychological stress associated with red blood cell oxidative stress: results from the healthy aging in neighborhoods of diversity across the life span (HANDLS) study. *Presented at American Psychosomatic Society*, 3/2009, Chicago, IL
- 2009 Southern Nursing Research Society symposium on Health Promotion and Quality of Life. Baltimore, MD (Moderator)
- 2008 **Szanton, S.L.**, Thorpe, R.J., Whitfield, K.E. African-American educational attainment: identical and fraternal intra-twin correlations. *Presented at Gerontological Association of America*, 1/2008, Washington, DC
- 2008 Seplaki, C.L., **Szanton, S.L.**, Thorpe, R.J., Gonzalzo, S., Fried, L.P. Socioeconomic status and trajectories of geriatric frailty and survival: Findings from the women's health and aging studies. *Presented at Gerontological Association of America*, 11/2008, Washington, DC
- 2008 Thorpe, R.J., **Szanton, S.L.**, Whitfield, K.E. Lung function and disability: Does gender and age matter? *Abstract presented at Gerontological Association of America*, 11/2008, Washington, DC
- 2007 **Szanton, S.L.**, Fried, L.P., Thorpe, R.J., Bandeen-Roche, K., Allen J.K. Perceived income inadequacy as a risk factor for cardiovascular disease in older community dwelling women. *Sigma Theta Tau International 39<sup>th</sup> Biennial Convention*, Baltimore, MD
- 2007 **Szanton, S.L.**, White, K., Stanik-Hutt, J., Wharton, F. Becoming a nurse educator. Special invited session sponsored by the *American Colleges of Nursing*. *Sigma Theta Tau International 39<sup>th</sup> Biennial Convention*, 11/2007, Baltimore, MD
- 2007 **Szanton, S.L.**, Allen, J.K., Seplaki, C.L., Bandeen-Roche, K., Fried L.P. Perceived income inadequacy is associated with mortality in older community-dwelling women. *Gerontological Society of America National Congress*, 11/2007, San Francisco, CA
- 2007 **Szanton S.L.**, Thorpe, R.J., Bandeen-Roche, K., Fried L.P., Allen, J.K. Perceived income inadequacy is associated with incident cardiovascular disease in older community dwelling women. *American Heart Association Council on Cardiovascular Disease Epidemiology and Prevention*, 3/2007, Orlando, FL
- 2006 **Szanton, S.L.**, Allen, J.K., Seplaki, C.L., Bandeen-Roche, K., Fried, L.P. Allostatic load and frailty: A possible link between chronic stress and health disparities in older adults. *National Congress on the State of the Science in Nursing Research*, 9/2006, Washington, DC

- 2006 **Szanton, S.L.**, Allen, J.K., Seplaki, C.L., Bandeen-Roche, K., Fried, L.P. Relationship between allostatic load, education and frailty. *Gerontological Society of America National Congress 11/2006*, Dallas, TX
- 2006 Seplaki, C.L., **Szanton, S.L.**, Augustin, T., Fried, L.P. Understanding socioeconomic differentials in health: Associations between income satisfaction and physiological dysregulation. *Gerontological Society of America National Congress, 11/2006*, Dallas, TX (poster)
- 2006 Allen, J.K., **Szanton, S.L.**, Lindenstruth, K. Effect of metabolic syndrome on lipoprotein subclass particle size and concentration in postmenopausal women. *American Heart Association Annual Scientific Session, 11/2006*, Dallas, TX
- 2006 **Szanton, S.L.** Allostatic load and frailty: Does their relationship help us understand health disparities. *Women's Health and Aging Investigator's Meeting, 3/2006*, Baltimore, MD
- 2005 Allen, J.K., Becker, D., Kwiterovich, P., Paez, K., **Szanton, S.L.**, Lindenstruth, K., Curtis, C., Soy improves lipoprotein particle number in postmenopausal women. *American Heart Association Annual Scientific Sessions, 11/2005*, Dallas, TX
- 2005 **Szanton, S.L.** Presented to National audience of Johnson and Johnson grantees on evaluating community projects 5/2005, Washington, DC
- 2005 Allen, J.K., **Szanton, S.L.**, McGready, J., Lindenstruth, K., Curtis, C. Impact of obesity on atherogenic lipoprotein subclasses in healthy African American and Caucasian postmenopausal women. *American Heart Association 45th Annual Conference on Cardiovascular Disease Epidemiology and Prevention, 3/2005*, Washington, DC
- 2005 **Szanton, S.L.**, Gill, J., Allen, J.K. Allostatic load: A mechanism of geriatric cardiovascular health disparities? *Preventive Cardiovascular Nurses Association National Conference, 3/2005*, New Orleans, LA (poster)
- 2002 **Szanton, S.L.** Reaching and Serving Populations with Special Needs. *National Conference of the National Family Planning and Reproductive Health Association, 4/2002*, Washington, DC (invited)

### Regional

- 2015 **Szanton, S.L.** "Supporting older adults' functional goals through person-environment fit: the CAPABLE studies." Invited speaker for CMS Regional Innovation Summit, Philadelphia, PA, October 2, 2015 (invited)
- 2015 **Szanton, S.L.** "Supporting older adults' functional goals through person-environment fit: the CAPABLE studies." Invited speaker for Purdue Center on Aging and the Life Course Annual Research Symposium, West Lafayette, IN October 2, 2015 (invited)
- 2014 **Szanton, S.L.** "Decreasing the gap between person and environment: the CAPABLE approach to self-management" Invited speaker for Annual Joint Geriatrics and General Internal Medicine Grand Rounds, Mount Sinai School of Medicine, New York, January 30, 2014. (invited)
- 2014 **Szanton, S.L.** "Services for Older Adults: A Changing Landscape for In-Home Care"

- Invited Speaker for Public Health Practice Grand Rounds at The Johns Hopkins Bloomberg School of Public Health Mid-Atlantic Public Health Training Center, Baltimore, MD January 15, 2014 (invited)
- 2013 **Szanton, S.L.** "Shortening the research translation pipeline through current policy opportunities." Invited speaker to University of Pennsylvania School of Nursing Grand Round, October 30, 2013 (invited)
- 2013 **Szanton, S.L.** Marilyn Geare Edmunds endowed lecture invited speaker September 17, 2013 at the University of Maryland School of Nursing. (invited)
- 2012 **Szanton, S.L.** "Leverage your practice problems into research opportunities" Promoting Excellence in Nursing Research Rounds, George Mason University, 10/12 (invited)
- 2012 **Szanton, S.L.** Excellence in Research series, George Mason University School of Nursing, Fairfax, VA invited for 10/2012 (invited)
- 2012 **Szanton, S.L.** "Using Practice to Develop a program of Research" Public Health Grand Rounds, University of Rochester, 4/2012 (invited)
- 2011 **Szanton, S.L.** "A Multi-component Pilot to Decrease Disability in Low-income Older Adults" Invited speaker for New Investigators' Day at Johns Hopkins University School of Nursing, 5/3/11, Baltimore, MD (invited)
- 2011 **Szanton, S.L.** "Putting practice into research for safety and mobility with older adults." Invited speaker for Public Health Week at Johns Hopkins University School of Nursing, 4/6/11, Baltimore, MD (invited)
- 2011 **Szanton, S.L.** "Using the Wii to help disabled older adults function." Invited speaker for Health and Technology Scholars session with accreditation by the National League for Nursing. 3/18/11, Mt Washington, MD (invited)
- 2010 **Szanton, S.L.** "CAPABLE: A novel intervention to bend the cost curve" Invited speaker for University of Maryland Epidemiology and Public Health Grand Rounds. 11/2/2010, Baltimore, MD (invited)
- 2010 **Szanton, S.L.** Early Career Advice from an Early Career Academic." Invited speaker at Johns Hopkins Clinical Research Scholars Program Meeting 10/12/2010, Baltimore, MD (invited)

### **Peer Review Activities**

- 2018-present Reviewer for *Archives of Physical Medicine and Rehabilitation*
- 2018-present Reviewer for *Clinical Interventions in Aging*
- 2016-present Reviewer for *Health Affairs*
- 2016-present Reviewer for *Health Services Research*
- 2016-present Reviewer for *Research on Aging*



- 2013-present Reviewer for *Journal of the American Geriatrics Society*
- 2013-present Reviewer for *Contemporary Clinical Trials*
- 2011-present Reviewer for *BMC Geriatrics*
- 2011-present Reviewer for *Journal of the American Academy of Nurse Practitioners*
- 2010-present Reviewer for *Annals of Behavioral Medicine*
- 2009-present Reviewer for *Psychosomatic Medicine*
- 2009-present Reviewer for *Biological Research in Nursing*
- 2008-present Reviewer for *Journal of Gerontology: Medical Sciences*
- 2007-present Reviewer for *Journal of Gerontology: Social Sciences*
- 2016 Invited peer reviewer for Patient Centered Outcomes Research Institute
- 2015 Invited peer reviewer for National Science Foundation
- 2015 Invited peer reviewer for State of Israel, Ministry of Science, Technology and Space
- 2010 Abstract reviewer for Council Advancement of Nursing Science

### **Peer Review Proposal Activities**

#### **External to School of Nursing**

- 2014-present Reviewer for Patient Center Outcomes Research Institute; Szanton, S.L.
- 2014-present Grant reviewer for Medical Research Council, UK
- 2014-present Grant reviewer for Irish Health Research Board
- 2010-present Grant reviewer for American Nurses Foundation
- 2010-present Grant reviewer for Alzheimer's and Related Diseases Research Award Fund
- 2020 Special Emphasis Panel, NIH, Innovations to Foster Healthy Longevity in Low-Income Settings; Szanton, S.L.
- 2012 Grant reviewer for NIH on Special Emphasis Panel: Stroke Prevention/Intervention Research Program 7/12

### **Editorial Activities**

- 2015-present Sr. Editor *Ethnicity and Health*

2012-present Editorial board member for *Geriatric Nursing*

## **PROFESSIONAL ACTIVITIES**

### **Society/Association Memberships and Leaderships**

- 2021 Member, National Institute for Nursing Research Strategic Planning Committee
- 2021 Invited National Academy of Medicine Member, Planning Committee for the NAM Workshop, "Financing that Rewards Better Health and Well-being."
- 2020-2023 Member, National Advisory Council for Betty Irene Moore Fellowship Program for Nurse Leaders and Innovators
- 2020-2021 Panelist, Medical Research Council, UK Dementia Research Institute
- 2020-present Member, National Health and Aging Trends Survey Data Management Committee
- 2017-present Baltimore City Falls Prevention Advisory Committee member, Baltimore City Health Department
- 2012-present Long-term care interest group, Advisory Council member of Academy Health
- 2011-present Academy Health, member
- 2011-present American Geriatrics Society, member
- 2010-present Abstract reviewer for Gerontological Society of America National Congress
- 2009-present Senior Advisor, Baltimore City Housing Department, Senior Home Preservation Project
- 2005-present Gerontological Society of America, member 2016 Invited expert panelist, The Department of Housing and Urban Development "Overcoming Obstacles to Policies Preventing Falls".
- 2000-present Sigma Theta Tau, Nu Beta Chapter, member
- 1998-present Nurse Practitioner Association of Maryland, member
- 1998-present American College of Nurse Practitioners, member
- 2018-2021 Member, National Committee for Quality Assurance (NCQA) National Advisory panel on developing person-driven outcome measures
- 2018-2019 Member, American Occupational Therapy Association Systematic Review Advisory Group
- 2017-2018 Chair, Hillman Innovations in Care Program Advisory Committee for Rita and Alex Hillman Foundation

- 2017           Invited Technical Advisory Panel member for ASPE of Health and Human Services for developing models that of preventive home visits for older adults
- 2017           Invited Technical Advisory Panel member for Department of Housing and Urban Development on supportive services demonstration model
- 2016           Invited participant in Technical Advisory Panel for Center for Medicare and Medicaid Services Accountable Communities Initiative
- 2014           Invited expert reviewer for Robert Wood Johnson Foundation policy brief on innovation in long term care services and supports
- 2014           Invited expert panelist, Stanford Clinical Excellence Research Center, care delivery redesign project on acute conditions treated at home.
- 2012-2013     Chair of the Margret M. and Paul B. Baltes Awards Committee for the Gerontological Society of America
- 2011-2012     Chair-elect of the Margret M. and Paul B. Baltes Awards Committee for the Gerontological Society of America
- 2011           Invited and served as "Leader –in-residence" for Leading Age 2012 Leadership Academy national cohort of Fellows
- 2009-2011     Liaison Committee for American Psychosomatic Society, member
- 2008           Consultancy: Duke University on Carolina African-American Twins Study
- 2007- 2009     Communications Committee for Preventive Cardiovascular Nurses Association, member
- 2003- 2008     Preventive Cardiology Nurses Association, member
- 2003- 2007     American Heart Association, member