

HEALTH AND WELLNESS SERVICES AT HOUSE OF RUTH MARYLAND (HRM)

Program of the
Johns Hopkins University School of Nursing (JHSON)
Center for Community Innovation and Scholarship (COMPASS)
Office of Associate Dean for Community Programs



BACKGROUND

The Johns Hopkins School of Nursing (JHSON) Health and Wellness Services at the House of Ruth Maryland (HRM) was founded in 1997 by dedicated faculty and students. The HRM is an emergency shelter for women and children escaping intimate partner violence (IPV). Women and their children come to HRM because of a history of physical and emotional abuse leading to a personal crisis with abrupt departure from their usual home and resources, including health care. JHSON nurses collaborate with HRM staff to assist families residing at the shelter with their health and social needs.

ACADEMIC-COMMUNITY COLLABORATION

Service - Learning

- Educate students and clients about the effect of violence on health and well-being throughout the life span.
- Educating students and clients on best practices to meet health care needs and to navigate a complex health care system.

Program Support - Extends Shelter Programs

- Develop supportive educational programs related to health promotion topics
- Identify families in shelter who are at risk of adverse mental and physical health outcomes based on social and economic barriers to receiving adequate health care.

HEALTH AND WELLNESS SERVICES AT HRM TEAM

- JHSON Faculty Site Supervisor
- COMPASS Center Manager
- Community Health Registered Nurses
- JHSON Faculty, Staff, and Students

SERVICES PROVIDED

Assess for health and social challenges (based on social determinants to health)

Provide individualized health counseling to assist clients:

- Navigate through complicated health care
- Apply for health insurance
- Locate a Primary Care Provider
- Connect with community agencies
- Health Education (individual and group)
- Health Promotion and Wellness activities

CURRENT HEALTH AND WELLNESS VOLUNTEERS:

- JHSOM Urban Residency Program
- Medicine for the Greater Good

nursing.jhu.edu/ruth



COMPASS CENTER
Community Programs, Innovation, and Scholarship