

R³: Applying E-PAUSE to an Ethical Problem in the Clinical Setting Simulation©

August 2022



RESILIENT NURSES INITIATIVE
• MARYLAND •

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Description: This module will allow participants to learn and utilize E-PAUSE, a tool designed to assist nurses to explore ethical challenges, act, reflect and consider options when addressing unprofessional behavior. The learners navigate through a case scenario of a patient (Sydnee Jackson) with pancreatic cancer facing difficult decisions. This is a screen-based simulation.

Objectives:

- Review the ANA Code of Ethics for Nurses
- Define moral distress, advance directives
- Apply the elements of E-Pause to an ethical problem in the clinical setting.

Materials: Use R³: Applying E-PAUSE to an Ethical Problem in the Clinical Setting Simulation©

the American Nurses Association Code of Ethics for Nurses, Internet; laptop/computer with headphones for individual use if each person will do it independently

Preparation—Review ANA Code of Ethics for Nurses, review article E-PAUSE as applied during the pandemic and R³:Applying E-PAUSE to an Ethical Problem in the Clinical Setting Simulation©

Time:

- 20-30 minutes to review simulation. Debriefing time approximately 20-30 minutes.

Likely areas of application/course integration:

- Ethics course
- Professionalism course
- Simulation activity
- Clinical post conference activity
- Can be used as a stand-alone module or in series after the module: R³:E-Pause a Tool to Address Ethical Challenges.

Audiences:

- Nursing students, practicing nurses
- Ideal for individual use

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Instructions/Facilitator Guide:

- Learners can view the screen-based simulation independently pre-lecture or if time permits within a set block of time.
- It is important to set a psychologically safe learning environment for discussion.
- Engage learners in active discussion regarding the challenges nurses face when confronted with an ethical problem in the clinical setting.
- Review the details of the case and the scenario of Sydnee Jackson.

Sample Debriefing for Facilitators

Begin the class:

- Create a mindful space by starting the session with a few mindful breaths
- Review norms for respectful engagement
- Do a check in to get a pulse of the group
- Have participants complete **R³: Applying E-PAUSE to an Ethical Problem in the Clinical Setting Simulation©**
- After completing the module, independently or in a group, engage the participants in a debrief.

Debrief

Facilitators should adjust and adapt these questions as needed for the situation and the participants.

1. What was the experience like for you? What feelings or emotions did you notice in yourself?
2. In reviewing the letters in E-PAUSE are there any areas of further clarification needed?
3. What was the ethical issue in this scenario?
4. How can you apply the ANA Code of Ethics for Nursing to your practice
 - a. Shared decision making
 - b. What perspectives of others were important for the nurse to navigate through?
5. Review each letter in EPAUSE for learners to discuss details of the scenario.
6. How does EPAUSE apply to your clinical practice?
7. Describe one take away from this experience to your next challenging clinical scenario.

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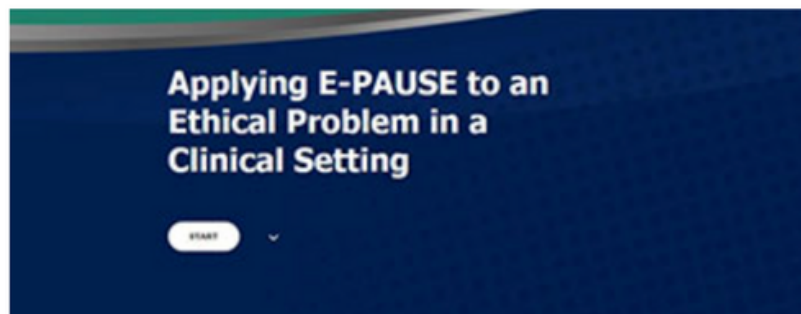
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Additional Activity (optional after debriefing)

- Activity in dyads (allow 15 minutes):
 - Divide participants into pairs
 - Each person will:
 - Describe an ethical situation they encountered in their
 - How the situation made them feel
 - Describe the perspectives of others
 - Describe one action they took and describe resources that were helpful
 - At the conclusion of the sharing, ask each participant to share a new insight about the situation

Resources/References:

- American Nurses Association. (2015). The code of ethics for nurses with interpretive statements. Silver Spring, Md
- Olson LL, Stokes F. (2016). The ANA code of ethics for nurses with interpretive statements: Resource for nursing regulation. *Journal of Nursing Regulation*, 7(2):9-20.
- Rushton CH, Reller N, Swoboda SM. (2020). Applying E-PAUSE to ethical challenges in a pandemic. *AACN Advanced Critical Care*, 15;31(3):334-9.
<https://doi.org/10.4037/aacnacc2020216>
- Rushton, C. (2018) *Moral Resilience: Transforming moral suffering in Healthcare*. Oxford University Press. New York, New York.
- R3:Applying E-Pause to an Ethical Problem in the Clinical Setting as introduction
- R3: Applying E-PAUSE to an Ethical Problem in the Clinical Setting Simulation©



This module was produced with the assistance of a Nurse Support Program II grant administered by the Maryland Higher Education Commission and funded through the Health Services Cost Review Commission. The opinions, findings, and conclusions expressed herein do not necessarily reflect the position or policy of the Health Services Cost Review Commission, and no official endorsement should be inferred.