Reducing Distraction in the Clinical Environment Caused by Ascom Phones

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1 Background
Nurses on 12E, an acute care neurology unit, receive a distracting number of phone calls and text messages on Ascom phones.

• The interruptions often occur during tasks such as medication administration, patient care and documentation.
• The distractions can contribute to an overall reduction in focus on tasks, morale, and patient satisfaction (Rozell, Jones, Lynn 2009).
• Rozell proposes that one way to reduce the level of distraction is to identify and eliminate system inefficiencies within a workflow.

2 Objectives
• Identify the inefficiencies within the 12E workflow when sending Ascom text messages.
• Reduce the overall number of text messages nurses received on their Ascom phones.

This was accomplished through four specific goals:
1. Improve staff responsiveness to patient requests.
2. Optimize Unit Associate role in responding to patient requests.
3. Improve staff education regarding Ascom phone use and proper message triage.
4. Improve and manage patient’s understanding and expectations with requests.

3 Methods
• Assessing unit staff perception: Online survey were collected at two time points to assess nurses perception of the functionality and distraction of the Ascom phone.

• Assessing patient satisfaction with call bell response: HCAHPS data (two patient satisfaction indicators) were reviewed pre/post implementation of interventions.

• Quantifying the text messages received by unit staff: Ascom text message data was analyzed using Excel for overall trends in text messages sent.

Intervention: To help patients better understand the roles of different job types on the unit, these signs were placed in each patient room.

What can we help you with?
• Medication needs & requests
• Machine beeping
• Feeling pain or discomfort
• Bathroom help
• Showering
• Repositioning

Don’t see what you need on this list?
Please press the red call button

4 Results
1) Unit Staff Perception Survey:
1. Patients understand the different roles and responsibilities of Clinical Technicians, Nurses and other hospital staff (Unit Associates, CCSR’s).

2. Patient requests are triaged appropriately.

<table>
<thead>
<tr>
<th>Time 1</th>
<th>Time 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Completely agree</td>
<td>9.1% 10.7%</td>
</tr>
<tr>
<td>Somewhat agree</td>
<td>30.3% 60.7%</td>
</tr>
<tr>
<td>Neutral</td>
<td>9.1% 14.3%</td>
</tr>
<tr>
<td>Somewhat disagree</td>
<td>42.2% 14.3%</td>
</tr>
<tr>
<td>Completely disagree</td>
<td>0% 0%</td>
</tr>
<tr>
<td>Average</td>
<td>3.12 2.32</td>
</tr>
</tbody>
</table>

2) HCAHPS (Patient satisfaction indicators) pertaining to nurse responsiveness:

HCAHPS indicators Pre-Intervention Score Post-Intervention Score
Responsiveness of hospital staff (call button as soon as you wanted it) 58 66

3) Ascom text message volume:

Calls to all job types (RN/CA/UA)

Time to RN

Time to CA

Time to UA

5 Conclusions
• Unit Staff Perception Survey: The scores on the survey indicate a shift in the staff’s perception of how patient’s understand the various roles on the unit as well as the triage of text messages to job types.

• HCAHPS: Patient’s reported higher satisfaction in regards to the timeliness of RN’s responses to their requests.

• Ascom text message volume: There was an overall reduction in text messages, with the biggest drop in messages sent to RNs. The rise in messages sent to CA and UA job types may represent the change in workflow and appropriate messaging to job type.

6 Future Directions
While the results of the intervention indicate higher patient satisfaction scores, better nurses perception and reduced volume of messages, further research could investigate:

• If the interventions implemented in this project continue to positively impact the unit workflow
• Continued incorporation of “What can we help you with” signs for newly admitted patients
• Reducing the calls received on the Ascom phone in addition to the text message
• Quantifying if peak Ascom usage times to make targeted interventions (i.e. med administration, shift change)

7 References

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