

Garrett Koslan, FULD Fellow Cohort II



Project and Mentor: Ian Morris and Sharon Allan were my mentors in the Cardio-Vascular Surgical Intensive Care Unit on a project designed to reduce the incidence of Ventilator-Associated Psychology (VAP). The project involved educating staff about the VAP bundle (keeping the head of the bed elevated, endotracheal tube type, oral care, spontaneous awakening, and spontaneous breathing trials. A nurse collected data on the patients' "bundle status" every 24 hours and entered it into the CE City database.

I am from Fresno, CA and a BSN candidate for the Class of 2013. Before attending Johns Hopkins, I earned my BS in Biopsychology from UC Davis in 2006 and my MA in Experimental Psychology from Fresno State in 2012. I had worked in healthcare for 10 years previously, but I found that nursing was the perfect fit because I enjoy working at the bedside and the flexibility within the field to pursue my interests.

I have noticed a common theme amongst the healthcare providers that errors, either near misses or reportable events, are viewed in a negative perspective. I am interested in enhancing care and safety at the bedside through changing this negative perspective of errors to one that views errors as a vital learning tool to improve patient outcomes. Having a strong background in research will help me critically analyze findings that can result in this change.

My goal after becoming a nurse clinician is to develop within 2 to 3 years, the essential nursing skills that will allow me to serve as a preceptor or mentor to new graduate nurses and nursing students who I work with. In this role, I hope to impart the knowledge I learned about patient safety and quality care through the Fuld Program.