

**Carlee Peck, FULD Fellow Cohort II**



Daily goals in the Intensive Care Units (ICU) is a quality improvement project implemented in the Surgical ICU and Weinberg ICU at Johns Hopkins Hospital. The goals of this project are to determine whether the daily goal sheet is activated on every patient and to what success the team reaches the goals by the end of the specific day. Under Sandy Swoboda's mentorship I collected and tracked goal sheets from patients on both units during various time frames to determine whether or not this tool was being used effectively.

I am currently a BSN candidate for December 2013. In 2012 I graduated from Northeastern University with a BS in Health Science. Throughout my time at Northeastern I participated in their co-op program where I was able to work while in school. I worked as a project coordinator for a pediatric obesity study at the University of Rochester Medical Center while consulting on various other projects within pediatrics and nursing. After this co-op I continued to work in research at the Interdisciplinary Affective Science Lab at Northeastern.

With my background I always knew that research would somehow be a key part of my nursing practice. However what drew me to nursing was the ability to improve experiences and outcomes for patients. Often research can take a long time to translate to the bedside but with quality improvement often these changes can be implemented rather quickly. With the rising costs of healthcare and our aging population we need to make our hospital's care delivery systems as safe and seamless as possible to best serve our patients.

Through the Fuld program I have developed a clear passion for quality improvement and patient safety. I hope to work with the critical care populations and continue to work on improving communication skills within interdisciplinary teams. My long-term goals are not only to practice but complete a PhD program as well. My life long goal is to work towards a nursing curriculum where every baccalaureate student is introduced to and trained in quality improvement and patient safety.