

## Curriculum Vitae

### PERSONAL DATA

**Name:** Sarah Szanton, PhD, RN, FAAN

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### EDUCATION

<b>Year</b>	<b>Degree</b>	<b>Institution</b>	<b>Location</b>
2007	Doctor of Philosophy (PhD)	Johns Hopkins University	Baltimore, MD
1998	Masters of Science in Nursing (MSN)	University of Maryland	Baltimore, MD
1993	Bachelors of Science in Nursing (BSN)	Johns Hopkins University School of Nursing	Baltimore, MD
1988	Bachelor of Arts (BA) <i>Magna Cum Laude</i>	Harvard College	Cambridge, MA

### CURRENT LICENSE AND CERTIFICATION

<b>Year</b>	<b>Source</b>	<b>Type</b>
1993-present	Maryland Department of Health and Hygiene	RN

### PROFESSIONAL EXPERIENCE

<b>Year</b>	<b>Position</b>	<b>Institution</b>	<b>Location</b>
2021-present	Dean	Johns Hopkins University School of Nursing	Baltimore, MD
2017-present	Professor	Johns Hopkins University School of Nursing	Baltimore, MD
2013-present	Adjunct Faculty	University of Technology, Sydney	Sydney, Australia

2015-2018	Director, PhD program	Johns Hopkins University School of Nursing	Baltimore, MD
2012 -2016	Associate Professor	Johns Hopkins University School of Nursing	Baltimore, MD
2011-present	Inaugural Faculty	Center on Innovative Care in Aging	Baltimore, MD
2008-present	Core Faculty	Johns Hopkins Center on Aging and Health	Baltimore, MD
2008-present	Associate	Johns Hopkins Population Center	Baltimore, MD
2007-2012	Assistant Professor	Johns Hopkins University School of Nursing	Baltimore, MD
2003-2007	Doctoral Student	Johns Hopkins University School of Nursing	Baltimore, MD
2004-2006	Johnson and Johnson Community Health Scholar	Johns Hopkins University School of Nursing	Baltimore, MD
1998-2003	Clinical Instructor	Johns Hopkins University School of Nursing	Baltimore, MD
1998-2003	Adult Nurse Practitioner	Variety of urban settings through Johns Hopkins University School of Nursing faculty practice	Baltimore, MD
1998-1999	Public Policy Analyst	Bon Secours Baltimore Health System	Baltimore, MD
1993-1998	Community Relations Associate and Nurse	Health Care for the Homeless of Maryland	Baltimore, MD
1993	Migrant Health Nurse	East Coast Migrant Health Project	Chambersburg, PA
1991-1992	Director of Government Relations	National Family Planning And Reproductive Health Association	Washington, D.C.
1990-1991	Policy Analyst	National Family Planning And Reproductive Health Association	Washington, D.C.

**HONORS AND AWARDS**

- 2019 Human Condition, Heinz Foundation
- 2019 Sigma Theta Tau, International Nurse Researcher Hall of Fame

- 2017 Edgerunner award from the American Academy of Nursing
- 2016 Health Equity Leadership Award, given by Baltimore City
- 2016 National Influencer in Aging, awarded by Next Avenue
- 2016 Senior Service America Research Award.
- 2016 American Public Health Association/Archstone Foundation honorary mention for program innovation
- 2015 Baltimore Business Journal *Health Care Innovator* award
- 2015 Fellow in Gerontological Society of America
- 2015 Visiting Fellow; The University of Sydney, Australia June 28<sup>th</sup>-July 5<sup>th</sup>, 2015
- 2015 Emerging Edgerunner Award from American Academy of Nursing
- 2014 Co-recipient of Protégé Award given by the Friends of the National Institute of Nursing Research for outstanding research contributions in less than 10 years after PhD degree
- 2014 Fellow in the American Academy of Nursing
- 2014 Inaugural Johns Hopkins SONIE award for using the media to advance the nursing profession
- 2013-present Joint Appointment with Department of Health Policy and Management, Johns Hopkins Bloomberg School of Public Health
- 2013-2014 PI of JHU/Hartford Geriatric Scholars Program in Intervention Research, \$50,000
- 2011-14 Robert Wood Johnson Nurse Faculty Scholar
- 2010-11 Visiting Research Fellow, Social Science Research Institute, Duke University
- 2009 Johns Hopkins University Population Center Early Career Award
- 2008 Recipient of NIH Loan Repayment Program
- 2007 National Institute on Aging Summer Research Institute
- 2007 Cardiovascular Disease Prevention Award awarded by the Preventive Cardiovascular Nurses Association
- 2005 Best Geriatrics Abstract at Preventive Cardiology Nurses Association National Meeting
- 2004 Sigma Theta Tau, the National Nursing Honor Society (inducted) to Nu Beta Chapter

1996

Maryland Nurses Foundation

**RESEARCH**

<b><u>Dates</u></b>	<b><u>Title</u></b>	<b><u>PI</u></b>	<b><u>Role</u></b>	<b><u>FTE</u></b>	<b><u>Funding Agency</u></b>	<b><u>Total Direct Costs</u></b>
09/30/20-08/31/24	<i>Reducing racial disparities in AD/ADRD: Addressing structural discrimination and resilience</i>	Szanton	PI	35%	National Institute on Aging	\$2,000,000
05/31/20-05/30/25	<i>The Research and Education to support the Science of Independent Living for Inclusion and Engagement: National Center of Excellence RRTC (RESILIENCE RRTC)</i>	Sarah Szanton	PI	15%	NIDILRR ACL	\$4,300,000
01/01/2019-12/31/2023	<i>CAPABLE: Strategic Scaling</i>	Sarah Szanton	PI	20%	Rita And Alex Hillman Foundation	\$2,849,753
07/01/2018-06/30/2023	<i>Hopkins Center to Promote resilience in persons and families living with multiple chronic conditions (the PROMOTE Center)</i>	Sarah Szanton	PI		National Institute of Health P30	\$1,740,415
9/18-9/21	<i>Promoting Aging in Place by Enhancing Access to Home Modification</i>	Jon Pynoos	Consultant		Administration on Community Living	\$647,000

9/17-8/22	<i>Novel Intervention to reduce post-discharge disability in vulnerable older adults Ro1AGo566o7</i>	Sarah Szanton	PI	30%	National Institute on Aging	\$1,905,501
10/17-9/22	<i>Optimizing functional independence of older persons with dementia: Implementation and Evaluation of the Interdisciplinary Home-bAsed Reablement Program (I-HARP)</i>	Yun-Hee Jeon	Co-I	In-kind	Australian National Health and Medical Research Council	
3/15-2/16	<i>Assessing the impact of public benefits on health outcomes and associated health care costs for dual-eligible seniors in Maryland 72541</i>	Sarah Szanton	PI	7%	Robert Wood Johnson Foundation	\$199,000
1/15-12/18	<i>MiCAPABLE- in the Michigan Medicaid Waiver Program.</i>	Sarah Szanton	Co-PI		Rita and Alex Hillman Foundation	\$600,000
7/14-6/20	<i>Vitamin D Supplements to Prevent Falls in Older Adults: A Dose-Response Trial Uo1 AGo47837</i>	Lawrence Appel	Co-I	10%	NIH	\$685,149
3/13-2/15	<i>Hartford Geriatric Scholars Program in Intervention Research</i>	Sarah Szanton	PI	10%	John A. Hartford Foundation	\$50,000

7/12-6/15	<i>CAPABLE for frail dually eligible older adults: achieving the triple aim by improving functional ability at home</i> 1C1CMS330970-01	Sarah Szanton		40%	CMS	\$2,843,715
5/12-4/17	<i>Reducing disability via a bundled bio behavioral-environmental approach Ro1</i> AG040100	Sarah Szanton		30%	NIH	\$2,405,495
9/11-8/14	Bio-behavioral mediators of enhanced daily function in disabled low-income older adults 69351	Sarah Szanton	PI	60%	Robert Wood Johnson Foundation	\$350,000
7/09-6/11	Pilot testing the CAPABLE intervention for low income older adults 09-232	Sarah Szanton	PI	80%	Building Academic Geriatric Capacity Initiative of the John A. Hartford Foundation	\$60,000
7/08 – 6/09	Pilot Trial of a Health Intervention for Minority Older Adults 5P30NR008995-05	Sarah Szanton	PI	In-kind	Center for Collaborative Intervention Research	\$20,000
5/08 – present	Baltimore Study of Black Aging R01AG024108	Keith Whitfield	Co-Investigator	In-kind	NIA	
7/07 – 6/10	Psychological stress, oxidative stress, and atherosclerosis 1KL2RR025006-01	Neil Powe	Trainee	80%	NIH Roadmap Johns Hopkins Multidisciplinary Clinical Research	

Career Development  
Award

9/05-5/10	Reducing Cardiovascular Risk in an Urban Community R01HL082638	Jerilyn Allen	Co-Investigator	In-kind	NHLBI, NIH, RO1	\$801,023
1/04 – present	Women’s Health and Aging Study R01AG011703	Linda Fried	Co-Investigator	In-kind	NIA, NIH, R01	\$591,560
7/05 – 6/07	Stress, Poverty and Cardiovascular Disease in Older Women 05-122	Sarah Szanton	PI	100%	Building Academic Geriatric Capacity Initiative of the John A. Hartford Foundation	\$49,000
6/05 – 5/07	Stress, Poverty and Cardiovascular Disease in Older Women 1F31NR009470-01	Sarah Szanton	PI	100%	NINR, NIH, F31	\$44,760
1/03 – 12/04	Soy and Lipoproteins in Post-Menopausal Women R01HL070553	Jerilyn Allen	Research Residency	In-kind	NHLBI, NIH, R01	\$1,053,976
1/03 – 12/04	Health Disparities Predoctoral Fellowship T32NR007968	Jerilyn Allen	Trainee	100%	NINR, NIH, T32	
9/96-5/98	MSN Nurse Traineeship	Sarah Szanton	PI	100%	Maryland Department of Health and Hygiene	Full tuition for MSN

1996	Financial Support for MSN education	Sarah Szanton		100%	Maryland Nurses Foundation	\$1000
6/87 – 5/88	The Black Panther Party's Breakfast Program for Children	Sarah Szanton	PI	100%	Phi Beta Kappa of Radcliffe	\$2000

**Funded Research (Mentees)**

2021-2022	HEROIC- Heart Failure Resilience Intervention for Caregivers Building Interdisciplinary Research in Women's Health; Funded by NICHD Office of Women's Health, (K12HD085845) Abshire (Trainee), D. Ford (PI), 1/1/2021-12/31/2022; 75% effort Primary Mentor <b>Szanton, Sarah</b>					
2018-2022	Harold Amos Medical Faculty Program Communication Behaviors and Development of Depression Pain Intervention among Older African American Women; P.I.: Taylor, Janiece. Primary Mentor <b>Szanton, Sarah;</b>					
2017-2022	Household income, financial stress and physiologic aging markers in low income adults across the life course; Funded By: NIA (K01AG054751), Role: PI, 75% effort, Total Direct costs: \$651,375; P.I: Samuel, Laura. Primary Mentor: <b>Szanton, Sarah</b>					

**Practice**

2008-2012	East Baltimore Nursing Clinic, Apostolic Towers, 10% effort
2005-2007	Nurse Practitioner, The Shepherd's Clinic, 5% effort
2001-2003	Bon Secours, House Calls Program, 30% effort
2000-2001	Nurse Practitioner, Health Care for the Homeless, 30% effort
1998-2000	Nurse Practitioner, Urban Medical Institute, 30% effort

**Scholarship**

**Publications**



## Peer Reviewed Journal Articles

1. Sherry, Melissa K., Bishai, David M., Padula, William V., Weiner, Jonathan P., **Szanton, Sarah L.**, Wolff, Jennifer L. (2021). Impact of Neighborhood Social and Environmental Resources on Medicaid Spending. *American Journal of Preventive Medicine*
2. Hladek, M., Gill, J. M., Lai, C., Bandeen-Roche, K., Xue, Q.-L., Allen, J., Leyden, C., Kanefsky, R., **Szanton, S. L.** (2021). High Social Coping Self-Efficacy Associated With Lower Sweat Interleukin-6 in Older Adults With Chronic Illness. *Journal of Applied Gerontology*  
<https://doi.org/10.1177/07334648211006518>
3. Appel, LJ, Michos, ED, Mitchell CM, Blackford, AL, Sternberg, AL, Miller, ER, Juraschek, SP, Schrack, JA, **Szanton, SL**, Charleston, J., Minotti, M., Baksh, SN, Christenson, RH, Coresh, J., Drye, LT, Guralnik, JM, Kalyani, RR, Plante, TB, Shade, DM, Roth, DL, Tonascia, J. (2020). The Effects of Four Doses of Vitamin D Supplements on Falls in Older Adults: A Response-Adaptive, Randomized Clinical Trial. *Journal of the American College of Physicians*. doi.org/10.7326/M20-3812
4. Liu, M., Xue, Q., Samuel, L., Gitlin, L.N., Guralnik, J., Leff, B., **Szanton, S.L.** (2020). Improvements of disability outcomes in CAPABLE older adults differ by financial strain status. *Journal of Applied Gerontology*. Advance online publication. doi: 10.1177/0733464820975551
5. Davidson, P.M., Szanton, S.L. (2020) Nursing Homes and COVID-19: We can and should do better. *Journal of Clinical Nursing*
6. LaFave, S., Drazich, B., Sheehan, O., Leff, B., **Szanton, S.L.**, Shuchman, M. (2020) The value of home-based primary care: Qualitative exploration of homebound participant perspectives. *Journal of Applied Gerontology*. *Epub ahead of print*
7. Liu, M., Xue, Q., Gitlin, L.N., Wolff, J., Guralnik, J., Leff, B., **Szanton, S.L.** (2020). Disability prevention program improves life-space and falls efficacy: A randomized control trial. *Epub ahead of print at Journal of the American Geriatrics Society*
8. Samuel, L.J., **Szanton, S.L.**, Fedarko, N.S., Simonsick, E.M., (2020). Leveraging naturally occurring variation in financial stress to examine associations with inflammatory burden among older adults. *Journal of Epidemiology & Community Health*. 74:892-897
9. Nkimbeng, M., Taylor, J.L., Roberts, L., Winch, P.J., Commodore-Mensah, Y., Thorpe Jr, R.J., Han, H., **Szanton, S.L.** (2020) "All I know is that there is a lot of discrimination": Older African Immigrants' Experiences of Discrimination in the United States. *Geriatric Nursing*
10. Turkson-Ocran, Ruth-Alma N., **Szanton, Sarah L.**, Cooper, Lisa A., Golden, Sherita H., Ahima, Rexford S., Perrin, Nancy, Commodore-Mensah, Yvonne (2020) Discrimination Is Associated with Elevated Cardiovascular Disease Risk among African Immigrants in the African Immigrant Health Study (with doctoral student as first author), 30(4): 651-660

11. Cudjoe, T. K.M., Roth, D. L., **Szanton, S. L.**, Wolff, J. L., Boyd, C. M., Thorpe Jr, R. J. (2020) The Epidemiology of Social Isolation: National Health and Aging Trends Study, *The Journals of Gerontology: Series B*; 75(1): 107-113
12. Hladek, M., Gill, J., Lai, C., Lorig, K., **Szanton, S.** (2020) High Coping Self-Efficacy Associated with Lower Sweat Inflammatory Cytokines in Adults: *A Pilot Study*; 22(1): 75-81
13. Michos, E. D., Mitchell, C. M., Miller III, E. R., Sternberg, A. L., Juraschek, S. P., Schrak, J. A., **Szanton, S. L.**, Walston, J. D., Kalyani, R. R., Plante, T. B., Christenson, R. H., Shade, D., Tonascia, J., Roth, D. L., Appel, L. J.; (2018) Corrigendum to "Rationale and design of the Study to Understand Fall Reduction and Vitamin D in You (Sturdy): *A randomized clinical trial of Vitamin D supplement doses for the prevention of falls in older adults.* 90(73): 111-122
14. Turkson-Ocran, RA, N., Nmezi, N. A., Botchway, M.O., **Szanton, S. L.**, Golden, S.H., Cooper, L. A., Commodore-Mensah, Y. (2020) Comparison of Cardiovascular Disease Risk Factors Among African Immigrants and African Americans: An Analysis of the 2010 to 2016 National Health Interview Surveys; *Journal of the American Heart Association*: 9(5)
15. Van Neste, C.W., Thundat, T., Khosla, A., **Szanton, S.**, Nagahara, L. A.; (2020) Perspective- Maintaining the Quality of Life in Depopulating Communities: Expanding Smart Sensing via a Novel Power Supply; *Journal of the Electrochemical Society*; 167(3)
16. Liu, M., Taylor, J., Perrin, N., **Szanton, S.L.** (2020) Distinct clusters of older adults with common neuropsychological symptoms: Findings from National Health and Aging Trends Study. *Geriatric Nursing*. 41(3): 222-228
17. **Szanton, S.L.**, Clemson, L., Liu, M., Gitlin, L. N., Hladek, M. D., LaFave, S. E., Roth, D. L., Marx, K. A., Felix, C., Okoye, S. M., Zhang, X., Bautista, S., Granbom, M. (2020) Pilot Outcomes of a Multicomponent Fall Risk Program Integrated Into Daily Lives of Community-Dwelling Older Adults; *Journal of Applied Gerontology*;
18. Reckrey, Jennifer M., Morrison, Sean R., Boerner, Kathrin, **Szanton, Sarah L.**, Bollens-Lund<sup>1</sup>, Evan, Leff, Bruce, Ornstein, Katherine A. (2020) Living in the Community With Dementia: Who Receives Paid Care? *Journal of the American Geriatrics Society*: 68(1): 186-191
19. Cudjoe, TKM. Roth, D.L **Szanton, S.L.**, Wolff, J.W, Boyd CM, Thorpe, R.J. (2020) The Epidemiology of Social Isolation: National Health & Aging Trends Study" *epub ahead of print at Journal of Gerontology: Social Sciences* 75(1): 107-113
20. Russell, D. Oberlink, M.R., Onorato, N., Feinberg, J.L., Bowles, K.H., **Szanton, S.L.** (2020) Identifying barriers in the home environment among urban community-dwelling older adults with functional impairment: an exploratory multimethod study *Activities and Aging* 43(4): 315-333
21. Samuel, L. J., **Szanton, S. L.**, Wolff, J. L., Ornstein, K. A., Parker, L. J., Gitlin, L. N.; (2020) Socioeconomic disparities in six-year incident dementia in a nationally representative cohort of U.S. older adults: An examination of financial resources. *BMC Geriatrics*) 20: 156
22. Hladek MD, Gill J, Bandeen-Roche K, Walston J, Allen J, Hinkle JL, Lorig K, **Szanton SL.** (2020) High Coping Self-Efficacy Associated with Low Odds of Pre-Frailty/ Frailty in Older Adults with Chronic Disease. *Aging & Mental Health*. 24(12): 1956-1962 doi.org/10.1080/13607863.2019.1639136

23. Samuel, L.J., **Szanton, SL**, Seplaki, CL, Cudjoe, TKM (2019) Longitudinal and reciprocal associations between financial strain, home characteristics and mobility in the National Health and Aging Trends Study; 19(338)
24. Taylor, J.L., Drazich, B.F., Roberts, L., Okoye, S., Rivers, E., Wenzel, J., Wright, R., Beach, MC, **Szanton, S.L.**; (2020) Pain in low-income older women with disabilities: A qualitative descriptive study. *Journal of Women and Aging* 402-423
25. Simning, Adam, Caprio, V., Thomas, **Szanton, Sarah L.**, (2019) Tempkin-Greener, Helena, Conwell, Yeates, The association of patient-reported improvement and rehabilitation characteristics with mortality, June 2019; 20(6): 620-628
26. Granbom, Marianne, **Szanton Sarah L.**, Gitlin, Laura N., Paulsson, Ulrika, Zingmark, Magnus (2019) Ageing in the Right Place- A Prototype of a Web-Based Housing Counselling Intervention for Later Life. 27(4): 289-297
27. Granbom, M., Nkimbeng, M., Roberts, LC., Gitlin, LN., Taylor, JL., **Szanton, SL** (2020) "So I am Stuck, but it's OK": Residential Reasoning and Housing Decision-Making of Low-Income Older Adults with Disabilities. *Housing and Society*
28. Ge, F., Liu, M., Tang S., Lu, Y., **Szanton, S. L.** (2019) Comparing the FRAIL-NH scale and Frailty Index in assessing frailty in nursing homes. *Journal of Nutrition, Aging and Health*. 23: 291-298
29. Taylor, J.L., Roberts, L., Hladek, M.D., Liu, M., Nkimbeng, M., Boyd, C.M., **Szanton, S.L.** (2019). Achieving self-management goals among low income older adults with functional limitations. *Geriatric Nursing*. 40(4): 424-430
30. Jeon YH; Krein L.; Simpson J.M.; **Szanton S.L.**; Clemson L.; Naismith S.L.; Low LF; Mowszowski L.; Gonski P; Norman R.; Gitlin L.N.; Brodaty H; (2019) Feasibility and potential effects of interdisciplinary home-based reablement program (I-HARP) for people with cognitive and functional decline: a pilot trial
31. LaFave, S.E., Granbom, M., Cudjoe, T.K., Gottsch, A., Shorb, G., **Szanton, S.L.** (2019). Attention control group activities and perceived benefit in a trial of a behavioral intervention for older adults. *Research in Nursing and Health*; 42(6): 476-482
32. Parisi, J. M., Roberts, L., **Szanton, S. L.**, Hodgson, N. A., & Gitlin, L. N. (2019). Valued activities among individuals with and without functional impairments: Findings from the National Health and Aging Trends study (NHATS). *Activities, Adaptation, & Aging*. 43(4): 259-275
33. Hladek MD, Gill J, Lai C, Lorig K, **Szanton SL**. (2019) High Coping Self-Efficacy Associated with Lower Sweat Inflammatory Cytokines in Adults: A Pilot Study. *Biological Research for Nursing*; 22(1): 75-81
34. \*Nersesian, P.V., Starbird, L. E., Wilson, D. M., Marea, C. X., Uveges, M. K., Choi, S.S.W., **Szanton, S. L.**, & Cajita, M. I. (2019) Mentoring in Research-focused Doctoral Nursing Programs and Student Perceptions of Career Readiness in the United States. *Journal of Professional Nursing*. 35(5): 358-364

35. Hladek, Melissa D., Gill, Jessica, Bandeen-Roche, Karen, Walston, Jeremy, Allen, Jerilyn, Hinkle, Janice L., Lorig, Kate, **Szanton, Sarah L.** (2019): High coping self-efficacy associated with lower odds of pre-frailty/frailty in older adults with chronic disease, *Aging & Mental Health*
36. Crews D., Delaney A., Taylor J., Cudjoe T., Nkimbeng M., Roberts L., Savage J., Evelyn-Gustave A., Roth J., Han D., Lewis Boyer L., Thorpe R., Roth D., Gitlin L.N., **Szanton S.L.** (2018) Pilot Intervention Addressing Social Support and Functioning of Low Socioeconomic Status Older Adults with End Stage Renal Disease: The Seniors Optimizing Community Integration to Advance Better Living with ESRD (SOCIAABLE) Study. *Kidney Medicine*; 19(10): 864-870
37. Nkimbeng, M., Cudjoe, J., Turkosn-Ocran, R.-A., Commodore-Mensah, Y., Thorpe, R. J. Jr., **Szanton, Sarah L.**, Disparities in the Prevalence and Correlates of Disability in Older Immigrants in the USA: a Systematic Review of the Literature, 6(3): 552-562
38. Ge, F., Liu, M., Tang, S., Lu, Y., Szanton, Sarah L., Assessing Frailty in Chinese Nursing Home Older Adults: A Comparison between the Frail-NH Scale and Frailty Index; 23( 3): 291-298
39. **Szanton, S.L.**, Xue, Q., Leff, B., Guralnik, J., Wolff, J.L., Tanner, E.K., Boyd, C.M., Thorpe, R.J., Bishai, D., Gitlin, L.N., (2019) Reducing Disability Through a Bio-Behavioral Environmental Approach: Results from a Randomized Clinical Trial *JAMA Internal Medicine*; 179(2):204-211
40. Granbom, M., Clemson, L., Roberts, L., Hladek, M.D., Okoye, S., Liu, M., Felix, C., Roth, D.L., Gitlin, L.N., **Szanton, S.L.** (2019) Preventing Falls among older fallers: Study protocol for a two-phase pilot study of the multicomponent LIVE LiFE program Trials
41. Jeon YH; Simpson J M; Low LF; Woods R; Norman R; Mowszowski L; Clemson Lindy; Naismith Sharon L.; Brodaty H.; Hilmer S.; Amberber A.M.; Gitlin L.; **Sarah S.L.** (2019) A pragmatic randomized controlled trial (RCT) and realist evaluation of the Interdisciplinary Home-bAsed Reablement Program (I-HARP) for improving functional independence of community dwelling older people with dementia: An effectiveness-implementation hybrid design *BMC Geriatrics* 19(199)
42. Spoelstra, S.L., Sikorski, A., Schueller, M, Gitlin, L.N., **Szanton, S.L** (2019) "Dissemination of CAPABLE Model of Care in a Medicaid Waiver Program to Improve Physical Function *Journal of American Geriatrics Society* 67(2), 363-370
43. Davidson, P.M., Abshire, M.A., Paull, G.M., **Szanton, S. L.**, (2018) Family caregivers- important but often poorly understood. *Journal of Clinical Nursing*; 27(23-24): 4242-4244
44. Nkimbeng, M., Roberts, L., Tanner, E.K., Gitlin, L.N., Thorpe, R.J. **Szanton, S.L.** (2018) Recruiting Older Adults with Functional Difficulties into a Community-based Research Study *Journal of Applied Gerontology*; 39(6): 644-650
45. Vick, JB., Ornstein, KA, **Szanton, S. L.**, Dy, S.E., Wolff, J.L., (2019) Does Caregiving Strain Increase as Patients with and Without Dementia Approach the End of Life?, *Journal of Pain and Symptom Management* 57(2): 199-208
46. Taylor, J.L., Parker, L., **Szanton, S.L.**, & Thorpe, R.J. (2018) The Association of Pain, Race and Slow Gait Speed in Older Adults *Geriatric Nursing*; 39(5): 580-583

47. Nersesian, P., Han, H., Blumenthal, R., Nolan, M., **Szanton, S.L.**, (2018) Loneliness in Middle Age and Biomarkers of Systemic Inflammation: Findings from Midlife in the United States *at Social Science and Medicine*; 209: 174-181
48. Simning, A., Caprio, T.V. Seplaki, C.L., Temkin-Greener, H., **Szanton, S.L.**, Conwell, Y. (2018) Patient-Reported Improvement in Functioning Following Inpatient Rehabilitation: Findings from the National Health and Aging Trends Study *journal of the American Medical Directors Association*; 19(10): 864-870
49. Pherson, E., Roth, J., Nkimbeng, M., Boyd, D. **Szanton, S.L.**, (2018) Ensuring Safe and optimal medication use in older community residents: a collaboration between a nurse and a pharmacist *Geriatric Nursing*; 39(5): 554-559
50. E. Michos, C.C. Mitchell, Miller, E.R. III, Sternberg, A., Juraschek, S.P., Schrack, J.A., **Szanton, S.L.** Walston, J.D., Kalyani, R.R., Plante, T.B., Christenson, PhD, R.H., Shade, S., Tonascia, J. Roth, D.L., Appel, L.J., for the STURDY Collaborative Research Group. Rationale and Design of the Study to Understand Fall Reduction and vitamin D in You (STURDY): a Randomized Clinical Trial of Vitamin D Supplement Doses for the Prevention of Falls in Older Adults *Contemporary Clinical Trials* doi: 10.1016/j.cct.2018.08.004. PMID 30138718; 73: 111-122
51. Xu, J., Arruda, S., Gallo, J. J., Wenzel, J., Nolan, M. T., Flowers, D., **Szanton, S. L.**, Dennison-Himmelfarb, C., Han, H. R. (2018) Use of vignettes to understand heart failure self-care decisions. *Journal of Clinical Nursing* doi: 10.1111/jocn.14581. 27(19-20): 3554-3560
52. Walker Taylor, J., Campbell, C., Thorpe, R.J., Whitfield, K., Nkimbeng, M., **Szanton, S.L.**, (2018) Pain and Racial Discrimination Among African American Women *Pain Management Nursing* 19(1) 79-87
53. Bahouth, MN,<sup>1,2</sup> Hillis, AE,<sup>1</sup> Gottesman, RF,<sup>1</sup> **Szanton, S.L.**<sup>2,3</sup> (2018) Primary dehydration and acute stroke: a systematic research review. *Journal of Neurology* (with doctoral student as first author); 265(10): 2167-2181
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### **Publications in press**

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2. Samuel, L.J., **Szanton, S.L.**, Wolff, J.L., Gaskin, D.J., (2021) (In Press). "Supplemental Nutrition Assistance Program 2009 Expansion and Cardiometabolic Markers Among Low-Income Adults". *Preventive Medicine*.
3. Wanigatunga AA, Sternberg AL, Blackford AL, Cai Y, Mitchell CM, Roth DL, Miller ER, Szanton SL, Juraschek SP, Michos EM, Schrack JA, Appel LJ. (2021). The Effects of Vitamin D Supplementation on Types of Falls. *Journal of the American Geriatrics Society*. (in press).
4. Li, J., Szanton, S.L., McPhillips, M., Lukkahatai, N., Pien, G.W, Chen, K., Hladek, M., Hodgson, N., & Gooneratne, N. (2021) An mHealth-facilitated personalized intervention for physical activity and sleep in community-dwelling older adults. *Journal of Aging and Physical Activity* (Accepted).
5. Samuel, L.J., Wright, R., Granbom, M., Taylor, J.L., Hupp, C. Lavigne, L., **Szanton, S.L.**, (In Press). Community-dwelling older adults who are low-income and disabled weathering financial challenges. *Geriatric Nursing*.
6. Regier, N.G., Taylor, J.L., **Szanton, S.L.**, Parmelee, P.A., Perrin, N., Liu, M., Rivers, E., Hodgson, N.A., Gitlin, L.N. (In Press) Pain in persons with dementia and the direct and indirect impacts on caregiver burden. *Geriatric Nursing*.
7. Li, Y., Liu, M., Sun, X., Hou, T., Tang, S., **Szanton, S. L.** (In Press) Independent and synergetic effects of pain, insomnia and depressive on older adults' falls. *BMC Geriatrics*.
8. Nkimbeng, M., Commodore-Mensah, Y., Angel, J.L., Bandeen-Roche, K. Thorpe Jr, R.J., Han, H., Winch, P, J., **Szanton, S.L.** (In press) Longer residence in the United States is associated with more Physical Function Limitations in Older African Immigrants. *Journal of Applied Gerontology* (with doctoral student as first author)
9. Li Z., Li J., Yu G., Yu F., Li K., **Szanton S.** (In Press) The Effect of Resistance Training on Sleep in Chinese Older Adults: A Randomized Controlled Trial. *Geriatric Nurse*
10. Nkimbeng, M., Cudjoe, J., Turkson-Ocran, R., **Szanton, S.L** (In Press). Prevalence and correlates of disability in older immigrants in the United States: A systematic review. *Journal of Immigrant Health* (with doctoral student as first author)
11. Granbom, M., Perrin, N. Cudjoe, T. **Szanton, S. L** Gitlin, L.N; (In Press) "Home and Neighborhood Factors Associated With Relocation in Community-Dwelling Older Adults: Findings From the National Health and Aging Trends Study" *Journal of Gerontology B*
12. Samuel, L.J., Gaskin, D.J., Trujillo, A.J., **Szanton, S.L.**, Samuel, A., Slade, E. (2021) (In Press). "Race, ethnicity, poverty and the social determinants of the coronavirus divide: U.S. county-level disparities and risk factors". *BMC Public Health*.
13. Roberts Lavigne, L.C., Tian, J., Hladek, M., LaFave, S.E., **Szanton, S.L.**, Samuel, L.J. (In press). Residential Street Block Disorder and Biological Markers of Aging in Older Adults: The National Health and Aging Trends Study. *The Journals of Gerontology: Series A*. <https://doi.org/10.1093/gerona/glab166>

## Book Chapters

1. Robinson, M., **Szanton, S.L.**, (2019) Home Assessments- Improving Patients' Capacity for Self-Management. Home- Based Medical Care for Older Adults 2020
2. **Szanton, S.L.**, Thomas, K. "Thriving In Community" Chapter in *Handbook of Geriatric Assessment; 5<sup>th</sup> edition*. Edited by Terry Fulmer and Bruce Chernof: Jones and Bartlett
3. **Szanton, S.L.** Aging in Place: Innovative Teams (2017) chapter in *Nursing Research shaping Health Policy*: Springer Publishers. Edited by Patricia Grady and Ada Sue Hinshaw
4. Thorpe, R., **Szanton, S.L.**, Walker, J., Cary, M. Hill, L., Morgan, A.T.A., Whitfield, K.E., (2015) Book Section in *The Encyclopedia of Adulthood and Aging* :John Wiley and Sons
5. **Szanton, S.L.**, Gill, J.G., Thorpe Jr., R.J., Whitfield, K.E. (Ed.). (2010). The society-to-cells model of resilience in older adults. *Annual Reviews of Gerontology and Geriatrics*. 30(1): 5-34.
6. Whitfield, K.E., Thorpe, R., **Szanton, S.L.**, Schaie, W. (Ed.). (2010). Health disparities, social class, and aging. In *Psychology and Aging*, Elsevier. 205-216.
7. Seplaki, C.L., **Szanton, S.L.** (2008). Frailty and Robustness, Book section for *The Encyclopedia of the Life Course and Human Development* (Ed: D. Carr).

## Conference Meetings/Presentations

### International (Invited)

- 2015 **Szanton, S.L.**, Invited speaker at Swiss Conference on Integrated Health Care " Inter-professional Care for a Sustainable Health System "Promoting Aging in Place through Inter-professional care and person-environment focus." Berne, Switzerland. 10/16/15 (invited)
- 2015 Invited keynote at University of Sydney Research Week Conference "Using clinical insights to design research and affect policy: the CAPABLE journey." 7/1/2015, Sydney, Australia (invited)
- 2014 **Szanton, S.L.**, Invited panelist for symposium on "The complexity of community-based care for frail older people" 3/26/2014, Maastricht University, Holland. (Invited)
- 2014 **Szanton, S.L.**, Invited speaker "Designing and implementing an interprofessional and Multi-component intervention for older adults with disability." 3/28/14. Lund University, Lund, Sweden. (Invited)

### National (Invited)

- 2021 S.E. LaFave, A. Bergman, J.L. Taylor, **S.L. Szanton**, Older African Americans' exposure to structural racial discrimination in healthcare: A qualitative study. *Association for Clinical and Translational Science Annual Meeting*, Poster Presentations, March 2021
- 2019 **S.L. Szanton**, Investing in Interventions that Address Non-Medical Health-Related Social Needs. National Academies of Sciences, Engineering, and Medicine. 4/2019, Washington, D.C.
- 2019 Association of Healthcare Journalist Conference, Baltimore MD, 5/4/19 "Successful Aging in Place: What's working?"

- 2018 National Academies of Sciences, Engineering, and Medicine, Integrating Health Care and Social Services for People with Serious Illness, Washington, D.C., 7/19/18 (invited)
- 2016 National Academies of Sciences, Engineering, and Medicine Affordable and Accessible Housing for Vulnerable Older Adults and People with Disabilities Living in the Community, Washington, D.C., 12/12/16 (invited)
- 2016 Center for Medicare and Medicaid Services Quality Conference, Baltimore MD, 12/13/16 (invited)
- 2016 Habitat for Humanity Learning Collaborative Conference, Philadelphia, PA 12/7/16 (invited)
- 2016 Federal Reserve of Philadelphia. Invited panelist. "Improving Population Health through Housing, Function and Income" Philadelphia, PA, 5/5/16 (invited)
- 2015 Social Justice Symposium. Invited panelist. University of Massachusetts, Amherst, MA., 3/30/15 (invited)
- 2015 World Health Congress. Invited panelist in Innovations in Medicaid and Medicare integration. Washington, D.C., 3/24/15 (invited)
- 2014 Neighborworks Symposium on Exponential Impact: Connecting Health, Housing and Community, Washington, DC. 12/10/14 (invited)
- 2014 Institute of Medicine workshop of the Future of Home Health Care, **S.L. Szanton**, invited presenter, Washington DC, 9/30/14. (Invited)
- 2014 Research Based Policy Initiatives to Reduce Hospital & Nursing Home Transition, a State Perspective. *Gerontological Society of America*, 11/2014, Washington D.C., **S.L. Szanton**, (invited)
- 2013 The Missing Link: Connecting Assessment of Family Caregivers to Care Recipient Outcomes *Gerontological Society of America*, 11/2013, New Orleans, LA. **S.L. Szanton**, (invited)
- 2013 **Szanton, S.L.**, Invited speaker to Academy Health's Interdisciplinary Research Group on Nursing Issues , Baltimore, MD. June 22, 2013. (Invited)
- 2013 **Szanton, S.L.** Invited panelist for the Atlantic Magazine's Generations Forum. "Navigating New Urban Landscapes: Infrastructure Needs and Livable Communities" Washington, D.C. May 22, 2013 (invited)
- 2013 **Szanton, S.L.** Invited plenary at the Science of Chronic Illness Self-Management forum of National Nursing Research Roundtable entitled "A Community-based Approach to Self-Management" Bethesda, MD March 8, 2013 (Invited)
- 2012 **Szanton, S.L.** Resnick, B., Prevost, S., Nathanson, P. Invited discussant for Plenary IV "The Changing Situation of Seniors" at 12<sup>th</sup> Annual Building Academic Geriatric Nurse Capacity (BAGNC) Leadership Conference, San Diego, CA 11/14/2012. (Invited)
- 2012 **Szanton, S.L.** Popejoy, L. Invited speaker for Concurrent session "Sustaining Optimism, Seeking Balance" at 12<sup>th</sup> Annual Building Academic Geriatric Nurse Capacity (BAGNC) Leadership Conference, San Diego, CA 11/13/2012. (Invited)

- 2012 **Szanton, S.L.**, Terhaar, M. "Getting on the Same Page with the IRB." Podium Presentation at AACN's 2012 Doctoral Education Conference at Naples Grande Beach, Naples, FL. (Invited)
- 2011 **Szanton, S.L.**, Enabling Aging in Place: Designing and implementing an interprofessional and Multi-component intervention for older adults with disability." Invited talk as part of a Gerontological Society of America pre-conference workshop entitled: Current and Future Challenges in Designing Behavioral Interventions: From Randomized Trials to Community Implementation. November 2011. (Invited)
- 2011 **Szanton, S.L.**, Laura Gitlin. Webinar "How the CLASS benefit could be used by individuals." 5/2011. (Invited)
- 2011 **Szanton, S.L.** Putting practice into research to decrease health disparities among older adults. Invited presenter at Center on Biobehavioral and Social Aspects of Health Disparities at Duke University conference "Issues and Challenges in Health Disparities Research on Older Adults." 1/2011. (Invited)
- 2010 Williams, Sharon. Transitions in Stroke Care: findings from the Stroke Telemedicine Access Recovery (STAR) Project *Gerontological Society of America*, 11/2010, New Orleans, LA. **S.L. Szanton**, (invited)

#### International (Peer Reviewed)

- 2017 **Szanton, S.L.**, Leff, B., Wolff, J.L., Roberts, L., Guralnik, J., M., Gitlin, L.N. CAPABLE is associated with Decreased Disability in Low Income Older Adults in Baltimore. *International Association of Gerontology and Geriatrics* San Francisco, CA, 7/17 (peer reviewed)
- 2017 **Szanton, S.L.**, Leff, B., Wolff, J.L., Roberts, L., Guralnik, J., M., Gitlin, L.N. Cost Savings for CAPABLE program driven by Decreases in Hospital and Long Term Care for Participants. *International Association of Gerontology and Geriatrics* San Francisco, CA, 7/17 (peer reviewed)
- 2017 **Szanton, S.L.**, Soliman, D. Leff, B., Gitlin, L.N. Moving from Trial to Multiple Markets: Planning with a National Foundation for Implementation. *International Association of Gerontology and Geriatrics* San Francisco, CA, 7/17 (peer reviewed)
- 2017 **Szanton, S.L.**, Gitlin, L.N., Delaney, A.L., Walker, J.L., Thorpe, R.J., Roth, D.L., Crews, D. Tailoring a Successful Program to New Population; From CAPABLE to SOCIABLE *International Association of Gerontology and Geriatrics* San Francisco, CA, 7/17 (peer reviewed)
- 2017 Walker, R., **Szanton, S.L.**, Adaptation of an Aging-in-Place Intervention to Address the Needs of Rural Cancer Survivors *International Association of Gerontology and Geriatrics*, San Francisco, CA, 7/17 (peer reviewed)
- 2017 Spoelstra, S., Kohler, M., Roth, J., Evelyn-Gustave, A., Schueller, M., **Szanton, S.L.**, Implementing CAPABLE as MI-CAPABLE in a Medicaid Waiver. *International Association of Gerontology and Geriatrics* San Francisco, CA, 7/17 (peer reviewed)



- 2017 Russell, D., Feinberg, J.L., Bowles, K. **Szanton, S.L.**, A pilot study assessing in-home performance among vulnerable older adults in New York City. *International Association of Gerontology and Geriatrics* San Francisco, CA, 7/17 (peer reviewed)
- 2015 Walker, R., Samuel, L., **Szanton, S.L.** Dignity Matters: A Society to Cells Perspective on Physiological and Cellular Effects on Threats to Dignity in Later Life *Sigma Theta Tau International*, San Juan, Puerto Rico, 6/15

### **National (Peer Reviewed)**

- 2020 Bean, Jonathan F., Stevens-Lapsley, Jennifer, Brach, Jennifer, **Szanton, Sarah** (2020) Bridging the Gap Between Innovative Research and Clinical Care: New Models of Preventative Rehabilitative Care for Older Adults
- 2020 Missell, R., **Szanton, S.**, Caprio T.V., Nathan K., Simning, A., (2020) CAPABLE Transitions: A home health agency-based intervention to optimize the SNF-to-home transition. The Gerontological Society of America's 2020 Annual Scientific Meeting, Online. *Selected for Oral Presentation*
- 2020 Liu, M., Li, Y., Sun, X., Miyawaki, C.E., Hou, T., Tang, S., & **Szanton, S.L.** (2020). Bidirectional longitudinal relationships between homebound status and falls among older adults. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2020 Liu, M., Xue, Q., Gitlin, L.N., Wolff, J., Guralnik, J., Leff, B., & **Szanton, S.L.** (2020). Disability prevention program improves life-space and falls efficacy: A randomized control trial. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2020 Li, Y., Liu, M., Miyawaki, C.E., Hou, T., Sun, X., Tang, S., & **Szanton, S.L.** (2020). Bidirectional relationship between subjective age and fear of falling: findings from the NHATS. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2020 Li, Y., Liu, M., Miyawaki, C.E., Sun, X., Hou, T., Tang, S., & **Szanton, S.L.** (2020). Bidirectional relationship between subjective age and frailty: findings from the NHATS. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2020 Sun, X., Liu, M., Miyawaki, C.E., Li, Y., Hou, T., Tang S., **Szanton, S.L.** (2020). Longitudinal relationships between favorite activities and homebound status in older adults. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2020 Sun, X., Liu, M., Miyawaki, C.E., Li, Y., Hou, T., Tang S., **Szanton, S.L.** (2020). The association between personality and homebound status in older adults: results from the NHATS. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2020 Hou, T., Liu, M., Miyawaki, C.E., Li, Y., Sun, X., Tang S., **Szanton, S.L.** (2020). Favorite activity patterns among older adults with and without dementia: findings from the NHATS. The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting Online.
- 2019 **Szanton, S.L.**, Kell, J., Bourdon, T., Purvis, J., Zhang, X., Gitlin, L., An Aging in Place model in the innovation pipeline: Testing an evidence-based program in an Accountable Care Organization. *Academy Health* (peer reviewed)
- 2018 **S.L. Szanton**, Xue, Q.L., Leff, B., Wolff, J.L., Boyd, C.M., Bishai, D., R. Thorpe, R.J. Jr., Tanner, E.K. Guralnik, J., Gitlin, L.N., Reducing Disability Among Low Income Older Adults: Results from the CAPABLE trial. 7/2018, Seattle, WA.

- 2018 L. J. Samuel, M. Granbom, C. Hupp, **S. L. Szanton**. An Exploration of the Financial Situations Faced by Low-Income Older Adults and Strategies for Handling Finances. Thursday November 15, 2018, *Gerontological Society of America* (peer reviewed)
- 2018 L. J. Samuel, L. Roberts, R. J. Thorpe, **S. L. Szanton**. Financial Strain Predicts Incident Disability in Older Adults in the National Health and Aging Trends Study. Thursday November 15, 2018 (peer reviewed)
- 2018 J. L. Taylor, N. G. Regier, G. C. Hanson, E. Rivers, N. A. Hodgson, P. A. Parmelee, **S. L. Szanton**, L. N. Gitlin. Pain in Persons Living With Dementia and Associated Caregiver Burden. Thursday November 15, 2018 *Gerontological Society of America* (peer reviewed)
- 2018 S. M. Okoye, **S. L. Szanton**, M. Nkimbeng, N. Perrin, A. Spira. Sleep and Physical Performance in Disabled Low- Income Older Women. Thursday November 15, 2018 *Gerontological Society of America* (peer reviewed)
- 2018 S. L. Spoelstra, A. Sikorskii, M. Schueller, A. Chatfield, **S. L. Szanton**. Improving Function in the Community: Implementing Community Aging in Place, Advancing Better Living for Elders. Thursday November 15, 2018 *Gerontological Society of America* (peer reviewed)
- 2018 C. L. Nieman, J. J. Suen, H. Han, B. Slogeris, M. S. Weikert, **S. L. Szanton**, L. N. Gitlin, F. R. Lin. Can We Accelerate the Pipeline?: Lessons From HEARS on Social Design and Entrepreneurship in Intervention Research. Thursday November 15, 2018 *Gerontological Society of America* (peer reviewed)
- 2018 L. J. Parker, J. L. Taylor, L. Samuel, **S. L. Szanton**, L. N. Gitlin. Discrimination and Executive Functioning Among a Racially Diverse Sample of Community-Dwelling Adults. Thursday November 15, 2018 *Gerontological Society of America* (peer reviewed)
- 2018 Spoetra, S., Gitlin, L.N., **Szanton, S.L.** Dissemination of capable model of care in a Medicaid waiver home and community based waiver program to improve function. Tuesday, December 4, 2018 *Gerontological Society of America* (peer reviewed)
- 2016 **S.L. Szanton**, Samuel, L.J. Cahill, R. Thorpe, R.J. Jr., Wolff, J.L., Betley, C. Public benefits are associated with fewer nursing home days in dually eligible older adults. *Gerontological Society of America*, 11/2016, New Orleans, LA.
- 2016 **S.L. Szanton**, Walker, J.L., Roth, J., Hladek, M. Roberts, L. "The CAPABLE approach to self-management: Nursing Care of Older Adults Special Interest Group Session: *Gerontological Society of America*, 11/2016, New Orleans, LA.
- 2016 Samuel, L.J., **Szanton, S.L.**, Thorpe, R.J., Seplaki, C.L., Agree, E.A., Roth, D.L. (November 2016) Cross-Lagged Associations Among Financial Strain, Home Environment, and Walking Speed. *Gerontological Society of America*, New Orleans, LA.
- 2016 Thorpe, Jr. RJ, **Szanton S.L.**, Kasper J. "Race Differences in Mobility Tasks Among Men in the National Health and Aging Trends Study", Minority Health Symposium, *Gerontological Society of America*, New Orleans, Louisiana 11/2016,

- 2016 Ornstein, K., **Szanton, S.L.**, Leff, B. Does it take a Village? Examining the Caregivers of a National Sample of Homebound Older Adults *Gerontological Society of America*, New Orleans, Louisiana
- 2016 Xu, J., Arruda, S., Gallo, J. J., Wenzel, J., Nolan, M. T., Flowers, D., **Szanton, S. L.**, Dennison-Himmelfarb, C., Han, H. R. (November 2016) Use of vignettes to understand heart failure self-care decisions. Podium presentation, 2016 *Gerontological Society of America*, New Orleans, Louisiana.
- 2015 Spoelstra, S., Roth, J., Evelyn-Gustave, A., DeKoekkoek, T., Schueller, M., Chartier, J., **Szanton, S.L.** Translating CAPABLE (Community Aging in Place for Better Elderly Living) in a State Waiver Program. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Walker, R., **Szanton, S.L.**, Wood, L., Lyons, K., Spencer, R., Freedson, P. THRIVE@HOME: A New Biobehavioral-Environmental Protocol to Promote Activity and Reduce Symptom Interference for Aging Cancer Survivors. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Marshall, G., Lewis, S., **Szanton, S.L.**, Stansbury, K., Thorpe, R. Financial Hardship and Psychological Distress Among Middle-Aged and Older Americans. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Samuel, L.J., **Szanton, S.L.**, Cahill, R., Mohamoud, S., Betley, C. Access to Public Benefits Programs Is Associated With Lower Hospitalization Rates in Dually Eligible Older Adults. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 **Szanton, S.L.**, Wolff, J., Roberts, L., Leff, B., Thorpe, R., Tanner, E., Guralnik, J., Gitlin, L. Improving ADL Ability Through Nurse, Occupational Therapy, and Handyman Intervention: CAPABLE. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Walker, J., Roberts, L., Waldersen, B., Wolff, J., Gitlin, L., Bridges, A., Thorpe, R., **Szanton, S.L.** Strategies to Improve Pain Management Among CAPABLE Participants With Chronic Pain. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Waldersen, B., Wolff, J., Roberts, L., Bridges, A., Walker, J., Gitlin, L., **Szanton, S.L.** CAPABLE Study: Person-Directed Functional Goal Setting Among Community Dwelling Older Adults. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Nieman, C., Mamo, S., Marrone, N., **Szanton, S.L.**, Tanner, E., Lin, F. Baltimore HEARS: A Community-Delivered Affordable, Accessible Hearing Care Intervention Pilot for Older Adults. *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Samuel, L., Thorpe, R., Usher, T., **Szanton, S.L.** Socioeconomic Status and Changes in Physical Function: A Test of Cumulative (Dis) advantage. *Gerontological Society of America*. Orlando, FL. 11/15
- 2015 **Szanton, S.L.**, Gitlin, L., Leff, B., Guralnik, J., Boyd, C., Thorpe, R. Managing Multiple Chronic Conditions to Support Physical Function: The CAPABLE Trial *Gerontological Society of America*. Orlando, FL. 11/2015
- 2015 Walker, J., Thorpe, R., **Szanton, S.L.**, Cary, M., Whitfield, K. Pain and Depressive Symptoms Among Older African American Men. *Gerontological Society of America*. Orlando, FL. 11/2015

- 2015 **Szanton, S.L.**, Samuel, L.J., Cahill, R., Wolff, J.L., Thorpe, R.J.Jr., Mohamoud, S., Betley, C. Public Benefits Reduce Risk for Nursing Home Entry Among Maryland's Dual Eligible Older Adults. *Academy Health*, Minneapolis, MN 6/15
- 2015 Samuel, L.J., **Szanton, S.L.**, Cahill, R., Mohamoud, S., Betley, C. Public Benefits and Risk for Hospitalization Among Maryland's Dual Eligible Older Adults. *Academy Health*, Minneapolis, MN 6/15
- 2015 Nkimbeng, M., Savage, J. **Szanton, S.L.** "Fall Prevention in the Community Aging in Place: Advancing Better Living for Elders (CAPABLE) program" Population Health Alliance Forum 11/15 Washington, DC.
- 2014 **Szanton, S.L.**, Spoelstra, S., Gitlin, L.N., Complexities and Actualization: Embedding a Home-based Functional Improvement Intervention within a Medicaid Waiver. *Dissemination and Implementation Conference, jointly sponsored by the National Institutes of Health and Academy Health* Bethesda, MD, 12/2014
- 2014 **Szanton, S.L.**, Gitlin, L.N., Leff, B., Thorpe, R.J., Guralnik, J., Xue, Q-L, Tanner, E.K. A Home-Based, Interdisciplinary Model Of Care for Older Adults: Early Findings from CAPABLE *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 Spoelstra, S., **Szanton, S.L.**, Research Based Policy Initiatives to Reduce Hospital & Nursing Home Transition, a State Perspective *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 Marshall, G., **Szanton, S.L.** Thorpe, R.J., Financial Strain and Self-rated Mental Health Among Older Black Americans. *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 Nieman, C.L., **Szanton, S.L.**, Tanner, E.K., Thorpe, R.J., Lin, F.R., The Baltimore HEARS Study: A Novel Community-based Hearing Health Care Intervention *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 Ornstein, K. Leff, B., Roberts, L. Covinsky, K., Federman, A., Ritchie, C., **Szanton, S.L.**, Determining the Prevalence of the Homebound Elderly in the U.S. *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 **Szanton, S.L.**, Roberts, L., Leff, B., Federman, A., Covinsky, K Ritchie, C., Seplaki, C.L., Ornstein, K. Home but Still Engaged: Functional and Social Correlates of Being Homebound *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 **Szanton, S.L.**, Gitlin, L.N., Fidelity Challenges and Opportunities in a Bio-behavioral-environmental Intervention: CAPABLE Study *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 **Szanton, S.L.**, Klimmek, R.W., Roberts, L., Thorpe, R.J., Wolff, J. Agree, E., Gitlin, L.N., Seplaki, C.L. Older Adults' Favorite Activities *Gerontological Society of America*. Washington, D.C. 11/2014
- 2014 Roberts, L., Lawrence, A., Delaney, A., Thorpe, R., **Szanton, S.** Multilayered Recruitment of Frail Older Adults for a Home-Based Disability Intervention in Baltimore. *Health Care Innovation Awards National Summit*. Baltimore, MD, 10/27/14
- 2013 **Szanton, S.L.**, symposium chair, Reducing Risk Factors At Home To Improve Function: Findings Of Studies From 3 Continents *Gerontological Society of America* New Orleans, LA 11/24/2013

- 2013 **Szanton, S.L.**, Robert, L. Thorpe. R., Gitlin, L.N. Home hazards, mood, and pain among urban, disabled older adults *Gerontological Society of America*. New Orleans, LA 11/24/2013
- 2013 Thorpe RJ, Walker JL., Cary MP, **Szanton SL**, Whitfield KE. "Association between Chronic Conditions and Disability in African Americans" Gerontological Society of America 2013 Meeting, New Orleans, LA, November 20-24, 2013
- 2012 **Szanton, S.L.**, symposium chair, New Frontiers in Technology Use to Monitor, Engage, and Strengthen Older adults. *Gerontological Society of America*. San Diego, CA 11/15/2012
- 2012 **Szanton, S.L.**, Thorpe, R. Leff, B. Tanner, E. Guralnik, J.M., Gitlin, L.N. Fiscal and Policy Implications for Improving Functional Ability in the U.S.: the CAPABLE program. *Gerontological Society of America*. San Diego, CA 11/16/2012
- 2012 Kahn, J.R., Ling, J., **Szanton, S.L.**, Shardell, M., Alley, D. Financial Strain and Older Couples: A Fixed Effects Model. *Gerontological Society of America*. San Diego, CA 11/17/2012
- 2012 Klimmek, R.W., Wenzel, J., **Szanton, S.L.**, Nolan, M.N. "We're Gonna Do This:" Case Studies of Older Rural African American Cancer Survivors and their Caregivers Transitioning After Treatment. 2012 *Science of Eliminating Health Disparities Summit*, National Harbor, MD, 11/1/2012
- 2012 **Szanton, S.L.**, Thorpe, R.J., Gitlin, L.N. Beat the Blues depression program improves depression symptoms in older African-Americans with financial strain. 2012 *Science of Eliminating Health Disparities Summit*, National Harbor, MD, 11/1/2012
- 2012 **Szanton, S.L.**, Tanner, E.K., Leff, B., Wolff, J., Gitlin, L., CAPABLE – A Bio-behavioral-environmental program to increase function and decrease institutionalization *Academy Health*, 6/12, Orlando, FL.
- 2011 **Szanton, S.L.**, Granger, D.A., Cherry, B.J., Mandel, D., Lai, M.Y., Carlson, M., Azen, S., Clark, F. Biological Sensitivity to Lifestyle Redesign intervention in the Well Elderly: Links between Treatment Effects and Salivary cortisol *American Psychosomatic Society*. 3/2011, San Antonio, TX
- 2011 Palta, P. Samuel, L, Miller, E.R., **Szanton, S.L.**, Psychological Stress Is Associated with higher Oxidative Stress: Results from a Meta-analysis of Observational Studies. *American Psychosomatic Society*. 3/2011, San Antonio, TX
- 2010 **Szanton, S.L.**, Tanner, E.K., Ornstein, K., Dennison, C. Novel interventions to decrease transitions to acute care. *Gerontological Society of America*, 11/2010, New Orleans, LA. **Szanton** was symposium organizer.
- 2010 **Szanton, S.L.**, Tanner, E.K., Agree, E.A, Boyd, C.M, Weiss, C.O., Guralnik, J.M., Gitlin, L., A Multi-Component Pilot To Enhance Aging-In-Place Capacity For Low-Income Older Adults *Gerontological Society of America*, 11/2010 New Orleans, LA
- 2010 **Szanton, S.L.**, Palta, P., Hayat, M., Connolly, A.B., Piferi, R.P. Mindfulness-based stress reduction may lower blood pressure in low income minority older adults: a pilot study. *Presented at the American Psychosomatic Society*. 3/2010, Portland, OR

- 2010 **Szanton, S.L.**, Palta, P., Hayat, M., Connolly, A.B., Piferi, R.P, Page, G.G. Can health disparities in immune function and blood pressure improve with mindfulness-based stress reduction? *Presented at the Council for the Advancement of Nursing Science*, 9/2010, Washington, DC
- 2010 **Szanton, S.L.**, Gill, J.S. Resilience from society to cells: a theoretical psychosomatic model of health disparities. *Presented at the American Psychosomatic Society*, 3/2010, Portland, OR
- 2009 **Szanton, S.L.**, Thorpe, R.J., Whitfield, K.E. Life-course financial strain and health in African-American Adults. *Presented at Gerontological Association of America*, 11/2009, Atlanta, GA
- 2009 Thorpe, R.J., **Szanton, S.L.**, Bell, C., Whitfield, K. Socioeconomic differences in health and disability by age in African Americans. *Gerontological Society of America 2009 Meeting*, Atlanta, GA, November 18-22, 2009 (Oral)
- 2009 **Szanton, S.L.**, Miller, E.R., Thorpe, R.J., Epel, E.S., Rifkind, J.M., Mohanty, J.G., Zonderman, A.B., Evans, M.K. Psychological stress associated with red blood cell oxidative stress: results from the healthy aging in neighborhoods of diversity across the life span (HANDLS) study. *Presented at American Psychosomatic Society*, 3/2009, Chicago, IL
- 2008 **Szanton, S.L.**, Thorpe, R.J., Whitfield, K.E. African-American educational attainment: identical and fraternal intra-twin correlations. *Presented at Gerontological Association of America*, 1/2008, Washington, DC
- 2008 Seplaki, C.L., **Szanton, S.L.**, Thorpe, R.J., Gonzalgo, S., Fried, L.P. Socioeconomic status and trajectories of geriatric frailty and survival: Findings from the women's health and aging studies. *Presented at Gerontological Association of America*, 11/2008, Washington, DC
- 2008 Thorpe, R.J., **Szanton, S.L.**, Whitfield, K.E. Lung function and disability: Does gender and age matter? *Abstract presented at Gerontological Association of America*, 11/2008, Washington, DC
- 2007 **Szanton, S.L.**, Fried, L.P., Thorpe, R.J., Bandeen-Roche, K., Allen J.K. Perceived income inadequacy as a risk factor for cardiovascular disease in older community dwelling women. *Sigma Theta Tau International 39<sup>th</sup> Biennial Convention*, Baltimore, MD
- 2007 **Szanton, S.L.**, White, K., Stanik-Hutt, J., Wharton, F. Becoming a nurse educator. Special invited session sponsored by the *American Colleges of Nursing*. *Sigma Theta Tau International 39<sup>th</sup> Biennial Convention*, 11/2007, Baltimore, MD
- 2007 **Szanton, S.L.**, Allen, J.K., Seplaki, C.L., Bandeen-Roche, K., Fried L.P. Perceived income inadequacy is associated with mortality in older community-dwelling women. *Gerontological Society of America National Congress*, 11/2007, San Francisco, CA
- 2007 **Szanton S.L.**, Thorpe, R.J., Bandeen-Roche, K., Fried L.P., Allen, J.K. Perceived income inadequacy is associated with incident cardiovascular disease in older community dwelling women. *American Heart Association Council on Cardiovascular Disease Epidemiology and Prevention*, 3/2007, Orlando, FL
- 2006 **Szanton, S.L.**, Allen, J.K., Seplaki, C.L., Bandeen-Roche, K., Fried, L.P. Allostatic load and frailty: A possible link between chronic stress and health disparities in older adults. *National Congress on the State of the Science in Nursing Research*, 9/2006, Washington, DC

- 2006 **Szanton, S.L.**, Allen, J.K., Seplaki, C.L., Bandeen-Roche, K., Fried, L.P. Relationship between allostatic load, education and frailty. *Gerontological Society of America National Congress* 11/2006, Dallas, TX
- 2006 Seplaki, C.L., **Szanton, S.L.**, Augustin, T., Fried, L.P. Understanding socioeconomic differentials in health: Associations between income satisfaction and physiological dysregulation. *Gerontological Society of America National Congress*, 11/2006, Dallas, TX (poster)
- 2006 Allen, J.K., **Szanton, S.L.**, Lindenstruth, K. Effect of metabolic syndrome on lipoprotein subclass particle size and concentration in postmenopausal women. *American Heart Association Annual Scientific Session*, 11/2006, Dallas, TX
- 2006 **Szanton, S.L.** Allostatic load and frailty: Does their relationship help us understand health disparities. *Women's Health and Aging Investigator's Meeting*, 3/2006, Baltimore, MD
- 2005 Allen, J.K., Becker, D., Kwiterovich, P., Paez, K., **Szanton, S.L.**, Lindenstruth, K., Curtis, C., Soy improves lipoprotein particle number in postmenopausal women. *American Heart Association Annual Scientific Sessions*, 11/2005, Dallas, TX
- 2005 Allen, J.K., **Szanton, S.L.**, McGready, J., Lindenstruth, K., Curtis, C. Impact of obesity on atherogenic lipoprotein subclasses in healthy African American and Caucasian postmenopausal women. *American Heart Association 45th Annual Conference on Cardiovascular Disease Epidemiology and Prevention*, 3/2005, Washington, DC
- 2005 **Szanton, S.L.** Presented to National audience of Johnson and Johnson grantees on evaluating community projects 5/2005, Washington, DC
- 2005 **Szanton, S.L.**, Gill, J., Allen, J.K. Allostatic load: a mechanism of geriatric cardiovascular health disparities? *Preventive Cardiovascular Nurses Association National Conference*, 3/2005, New Orleans, LA (poster)
- 2002 **Szanton, S.L.** Reaching and Serving Populations with Special Needs. *National Conference of the National Family Planning and Reproductive Health Association*, 4/2002, Washington, DC (invited)
- 2009 Southern Nursing Research Society symposium on Health Promotion and Quality of Life. Baltimore, MD (Moderator)

### Regional

- 2015 **Szanton, S.L.** "Supporting older adults' functional goals through person-environment fit: the CAPABLE studies." Invited speaker for CMS Regional Innovation Summit, Philadelphia, PA, October 2, 2015 (invited)
- 2015 **Szanton, S.L.** "Supporting older adults' functional goals through person-environment fit: the CAPABLE studies." Invited speaker for Purdue Center on Aging and the Life Course Annual Research Symposium, West Lafayette, IN October 2, 2015 (invited)

- 2014 **Szanton, S.L.** "Decreasing the gap between person and environment: the CAPABLE approach to self-management" Invited speaker for Annual Joint Geriatrics and General Internal Medicine Grand Rounds, Mount Sinai School of Medicine, New York, January 30, 2014. (Invited)
- 2014 **Szanton, S.L.** "Services for Older Adults: A Changing Landscape for In-Home Care" Invited Speaker For Public Health Practice Grand Rounds at The Johns Hopkins Bloomberg School Of Public Health Mid-Atlantic Public Health Training Center, Baltimore, MD January 15, 2014 (invited)
- 2013 **Szanton, S.L.** "Shortening the research translation pipeline through current policy opportunities." Invited speaker to University of Pennsylvania School of Nursing Grand Round, October 30, 2013 (invited)
- 2013 **Szanton, S.L.** Marilyn Geare Edmunds endowed lecture invited speaker September 17, 2013 at the University of Maryland School of Nursing. (Invited)
- 2012 **Szanton, S.L.** "Leverage your practice problems into research opportunities" Promoting Excellence in Nursing Research Rounds, George Mason University, 10/12 (invited)
- 2012 **Szanton, S.L.** "Using Practice to Develop a program of Research" Public Health Grand Rounds, University of Rochester, 4/ 2012 (invited)
- 2012 **Szanton, S.L.** Excellence in Research series, George Mason University School of Nursing, Fairfax, VA invited for 10/2012 (invited)
- 2011 **Szanton, S.L.** "A Multi-component Pilot To Decrease Disability In Low-income Older Adults" Invited speaker for New Investigators' Day at Johns Hopkins University School of Nursing, 5/3/11, Baltimore, MD (invited)
- 2011 **Szanton, S.L.** "Putting practice into research for safety and mobility with older adults." Invited speaker for Public Health Week at Johns Hopkins University School of Nursing, 4/6/11, Baltimore, MD (invited)
- 2011 **Szanton, S.L.** "Using the Wii to help disabled older adults function." Invited speaker for Health and Technology Scholars session with accreditation by the National League for Nursing. 3/18/11, Mt Washington, MD (invited)
- 2010 **Szanton, S.L.** "CAPABLE: A novel intervention to bend the cost curve" Invited speaker for University of Maryland Epidemiology and Public Health Grand Rounds. 11/2/2010, Baltimore, MD (invited)
- 2010 **Szanton, S.L.** Early Career Advice from an Early Career Academic." Invited speaker at Johns Hopkins Clinical Research Scholars Program Meeting 10/12/2010, Baltimore, MD (invited)

### **Peer Review Activities**

2018-present Reviewer for *Archives of Physical Medicine and Rehabilitation*



- 2018-present Reviewer for *Clinical Interventions in Aging*
- 2016-present Reviewer for *Health Affairs*
- 2016-present Reviewer for *Health Services Research*
- 2016-present Reviewer for *Research on Aging*
- 2016 Invited peer reviewer for Patient Centered Outcomes Research Institute
- 2015 Invited peer reviewer for National Science Foundation
- 2015 Invited peer reviewer for State of Israel, Ministry of Science, Technology and Space
- 2013-present Reviewer for *Journal of the American Geriatrics Society*
- 2013-present Reviewer for *Contemporary Clinical Trials*
- 2011-present Reviewer for *BMC Geriatrics*
- 2011-present Reviewer for *Journal of the American Academy of Nurse Practitioners*
- 2010 Abstract reviewer for Council Advancement of Nursing Science
- 2010-present Reviewer for *Annals of Behavioral Medicine*
- 2009-present Reviewer for *Psychosomatic Medicine*
- 2008-present Reviewer for *Journal of Gerontology: Medical Sciences*
- 2007-present Reviewer for *Journal of Gerontology: Social Sciences*
- 2009-present Reviewer for *Biological Research in Nursing*

**Peer Review Proposal Activities**

**External to School of Nursing**

- 2020 Special Emphasis Panel, NIH, Innovations to Foster Healthy Longevity in Low-Income Settings; Szanton, S.L.
- 2014-present Reviewer for Patient Center Outcomes Research Institute; Szanton, S.L.
- 2014-present Grant reviewer for Medical Research Council, UK
- 2014-present Grant reviewer for Irish Health Research Board
- 2012 Grant reviewer for NIH on Special Emphasis Panel: Stroke Prevention/Intervention Research Program 7/12

- 2010-present Grant reviewer for American Nurses Foundation
- 2010-present Grant reviewer for Alzheimer's and Related Diseases Research Award Fund

### **Editorial Activities**

- 2015-present Sr. Editor *Ethnicity and Health*
- 2012-present Editorial board member for *Geriatric Nursing*

### **Professional Activities**

#### **Society/Association Memberships and Leaderships**

- 2021 Member, National Institute for Nursing Research Strategic Planning Committee
- 2020-2021 Panelist, Medical Research Council, UK Dementia Research Institute
- 2020-present Member, National Health and Aging Trends Survey Data Management Committee
- 2021 Invited National Academy of Medicine Member, Planning Committee for the NAM Workshop, "Financing that Rewards Better Health and Well-being."
- 2020-2023 Member, National Advisory Council for Betty Irene Moore Fellowship Program for Nurse Leaders and Innovators
- 2018-2021 Member, National Committee for Quality Assurance (NCQA) National Advisory panel on developing person-driven outcome measures
- 2018-2019 Member, American Occupational Therapy Association Systematic Review Advisory Group
- 2017-2018 Chair, Hillman Innovations in Care Program Advisory Committee for Rita and Alex Hillman Foundation
- 2017 Invited Technical Advisory Panel member for ASPE of Health and Human Services for developing models that of preventive home visits for older adults
- 2017 Invited Technical Advisory Panel member for Department of Housing and Urban Development on supportive services demonstration model
- 2017-present Baltimore City Falls Prevention Advisory Committee member, Baltimore City Health Department
- 2012-present Long term care interest group, Advisory Council member of Academy Health

2011-present Academy Health, member

2011-present American Geriatrics Society, member

2010-present Abstract reviewer for Gerontological Society of America National Congress

2009-present Senior Advisor, Baltimore City Housing Department, Senior Home Preservation Project

2005-present Gerontological Society of America, member 2016 Invited expert panelist, The Department of Housing and Urban Development "Overcoming Obstacles to Policies Preventing Falls".

2000-present Sigma Theta Tau, Nu Beta Chapter, member

1998-present Nurse Practitioner Association of Maryland, member

1998-present American College of Nurse Practitioners, member

2016 Invited participant in Technical Advisory Panel for Center for Medicare and Medicaid Services Accountable Communities Initiative

2014 Invited expert reviewer for Robert Wood Johnson Foundation policy brief on innovation in long term care services and supports

2014 Invited expert panelist, Stanford Clinical Excellence Research Center, care delivery redesign project on acute conditions treated at home.

2012-2013 Chair of the Margret M. and Paul B. Baltes Awards Committee for the Gerontological Society of America

2011-2012 Chair-elect of the Margret M. and Paul B. Baltes Awards Committee for the Gerontological Society of America

2011 Invited and served as "Leader –in-residence" for Leading Age 2012 Leadership Academy national cohort of Fellows

2008 Consultancy: Duke University on Carolina African-American Twins Study

2007- 2009 Communications Committee for Preventive Cardiovascular Nurses Association, member

2009-2011 Liaison Committee for American Psychosomatic Society, member

2003- 2008 Preventive Cardiology Nurses Association, member

2003- 2007 American Heart Association, member