Reducing Avoidable Hospitalizations

Background

Why Reduce Avoidable Hospitalizations?

One in four patients receiving Home Health Services is hospitalized during their episode of care.

27% of Home Care patients hospitalized annually which costs the US Healthcare system $6,400,000,000

Acute Care hospitalization Rate (ACH)
- Home Health Outcome Measure
- Home Health episode is 60 days

Total # of Hospitalizations
Total # of HHS Discharges and Transfers
*excluding deaths and planned hospitalizations

Methods

Our Approach: Leadership, Accountability, Data-Driven Decisions

Results

Contributing Factors to Re-hospitalization
- Patient’s Anxiety 31%
- Non Adherence 25%
- Candidate for Hospice 16%
- Inconsistent Caregiver 16%
- Home Environment 6%
- Financial Hardship 3%

Funding Source:
The Helene Fuld Leadership Program for the Advancement of Patient Care Quality and Safety

Conclusions

Reducing hospitalizations require the collaboration of the entire interdisciplinary team, as well as providing education, and self-management of the patient and family

Data shows that Home Care patients are most likely to be re-admitted within one week of hospital discharge.

Emphasis is placed on front loading and identifying, prioritizing and addressing re-hospitalization risk factors, as well as assessing patient understanding through teach back, and engaging patient’s in their own self care and disease management.

JHHCG has identified the importance of cooperation with members of the interdisciplinary team including medical doctors, nurses, social work staff, and occupational and physical therapists to generate a clear plan of care upon acute care discharge.