



COURSE NUMBER AND TITLE

NR.110.201 Human Growth and Development through the Lifespan

CREDITS

3 credits

PRE- AND COREQUISITES

None

COURSE DESCRIPTION

This course provides an overview of major concepts, theories, and research related to human development through the lifespan from the prenatal period to the end of life. Significant factors that influence individual functioning are explored.

OBJECTIVES

The course objectives are organized in line with the program outcomes. At the end of the course, the student will be able to:

1. Analyze theoretical and conceptual frameworks and research findings related to human development through the lifespan.
2. Apply theoretical models and research findings of human development and functioning to health and illness behaviors through the lifespan and within a variety of biological, environmental, social and cultural contexts.

REQUIRED TEXTBOOKS AND OTHER COURSE MATERIALS

Berk, L. (2017). *Development Through the Lifespan (7th ed.)*. Boston, MA: Pearson

Medina, J. (2014). *Brain Rules for Baby How to Raise a Smart and Happy Child from Zero to Five (2nd ed.)*. Seattle, WA: Pearson Press

SUMMARY OF LEARNING ASSESSMENTS/ASSIGNMENTS

LEARNING ASSESSMENT/ ASSIGNMENT	COURSE OBJECTIVES ADDRESSED	WEIGHT TOWARD FINAL COURSE GRADE
Module Quizzes, 10 quizzes in total (10pts each)	1, 2	20%

110.201 Human Growth and Development through the Lifespan

LEARNING ASSESSMENT/ ASSIGNMENT	COURSE OBJECTIVES ADDRESSED	WEIGHT TOWARD FINAL COURSE GRADE
Weekly Discussions, 9 Discussion Boards in total (10pts each)	1, 2	18%
Advocacy Assignment: Letter to Congressperson	1, 2	2%
Human Development Interview	1, 2	20%
Advanced Directive	1, 2	P/F
Exam 1	1, 2	20%
Exam 2	1, 2	20%

LEARNING ASSESSMENTS/ASSIGNMENTS

Lectures and Readings

Most modules will include recommended reading from the required text and associated lectures. It is expected that students will read the material and listen to the lectures as to best facilitate their successful completion of course assignments.

Discussion Posts

Students are required to contribute to weekly discussion board topics. Post a thoughtful and complete response and reply to at least two classmates' posts by the assigned deadline to receive full credit.

Quizzes

Regular quizzes will test student understanding of course content. Quizzes can be attempted one time and students are encouraged to consult course materials as needed to complete the quiz.

Exams

Comprehensive exams consisting of multiple choice questions will be given to assess student understanding of course content. They are open book, open notes and timed. Only one attempt is allowed for each exam. There are no makeup exams.

Written Assignments

Written assignments should be composed in complete sentences and include proper grammar, spelling, and punctuation. Files can be submitted in .doc and .pdf formats. All work submitted should include references for any resources consulted. Please cite work in formats consistent with the American Psychological Association. Guidelines for work can be found at: www.apastyle.org.

ACADEMIC POLICIES

For a full list of academic policies, please see the current academic catalog and handbook.

COURSE POLICIES

All course assignments must be turned in by the specified due date and time. Once the due date and time have passed, 10% of the total points you have earned on the assignment will be deducted per day (per 24 hour period). There are no makeup or extra credit assignments allowed, and assignments submitted more than 7 days late will not receive credit. Please contact the course instructor prior to the due date in the case of extenuating circumstances.

GRADING SCALE

RANGE	LETTER GRADE	GRADE POINT
97 – 100	A+	4.0
93 – 96	A	4.0
90 – 92	A-	3.7
87 – 89	B+	3.3
83 – 86	B	3.0
80 – 82	B-	2.7
77 – 79	C+	2.3
73 – 76	C	2.0
70 – 72	C-	1.7
67 – 69	D+	1.3
63 – 66	D	1.0
60 – 62	D-	0.7
<60	F	0

HONOR CODE

Students enrolled in the Johns Hopkins University School of Nursing are expected to conduct themselves in a manner that upholds the values of this institution of higher education. Each student is obligated to refrain from violating academic ethics and maintaining high standards of conduct. In addition, the School of Nursing upholds the professional code of ethics established in the Code of Ethics for Nurses (ANA, 2015). Each student is held accountable for adhering to the American Nurses Association Code of Ethics. For the full Johns Hopkins School of Nursing Honor code, please see the current [academic catalog and handbook](#).

EXAM INTEGRITY & STUDENT IDENTITY VERIFICATION

This course may require the use of technology and/or software to ensure exam integrity and verify the identity of the student taking the exam. Additional information and

110.201 Human Growth and Development through the Lifespan

directions will be provided in the course website.

COMMUNICATION POLICY

Students may communicate with the instructor by email, which is provided in the Contact Information area. The instructor will respond to students within 48 hours. Assignment feedback will be provided to students within two weeks of submission.

All official communication, notices, & announcements will be distributed through student JHU-SON e-mail accounts via blackboard. The student is accountable for checking this account regularly and for all course communication sent to it.

Students are responsible for reading “Netiquette” which is located under Syllabus & Course Info on the Blackboard site. Netiquette provides simple guidelines for civil on-line discourse & behavior, that participants are to follow and expect of one another.

DISABILITY SERVICES

If you have a disability and may require accommodation in this course, please contact the *Office of Student Affairs* at (410) 955-7545 or SON-DSS@jhu.edu to discuss your specific needs.

COURSE SCHEDULE

Module	Module Subtopics	Learning Activities & Resources	Learning Assignments/ Assessments
Welcome – Start Here	<ul style="list-style-type: none"> • Getting Started 	Familiarize yourself with Blackboard	Discussion Board: Introduce Yourself Avoiding Plagiarism Module
Module 1: Introduction to Human Development: Theoretical Overview	<ul style="list-style-type: none"> • History, theory, and research strategies • Genetic and environmental foundations 	<p>Berk, L. E. (2014). <i>Development through the lifespan (6th. ed.)</i>. Boston, MA: Pearson Education, Inc.</p> <ul style="list-style-type: none"> • Chapter 1: History, Theory, and Research Strategies • Chapter 2: Genetic and Environmental Foundations <p>Review the lecture materials posted in the module for this week.</p>	Module 1 Discussion Board Module 1 Quiz
Module 2: Prenatal Development, Birth and the Newborn Baby	<ul style="list-style-type: none"> • Prenatal development • Birth • Newborns 	<p>Berk, L. E. (2014). <i>Development through the lifespan (6th. ed.)</i>. Boston, MA: Pearson Education, Inc.</p> <ul style="list-style-type: none"> • Chapter 3: Prenatal Development, Birth and the Newborn Baby <p>Medina, J. (2014). <i>Brain rules for baby: how to raise a smart and happy child from zero to five (2nd ed.)</i>. Seattle, WA: Pear Press.</p> <ul style="list-style-type: none"> • Introduction, Pregnancy, Relationship, Sleepy Baby 	Module 2 Discussion Board Module 2 Quiz

110.201 Human Growth and Development through the Lifespan

Module	Module Subtopics	Learning Activities & Resources	Learning Assignments/ Assessments
		Review the lecture materials posted in the module for this week.	
Module 3: Infancy and Toddler: the First Two Years	<ul style="list-style-type: none"> • Physical development • Cognitive development • Emotional and social development 	<p>Berk, L. E. (2014). <i>Development through the lifespan (6th. ed.)</i>. Boston, MA: Pearson Education, Inc.</p> <ul style="list-style-type: none"> • Chapter 4: Physical Development in Infancy and Toddlerhood • Chapter 5: Cognitive Development in Infancy and Toddlerhood • Chapter 6: Emotional and Social Development in Infancy and Toddlerhood <p>Review the lecture materials posted in the module for this week.</p>	<p>Module 3 Discussion Board Module 3 Quiz</p>
Module 4: Early Childhood: Two to Six Years	<ul style="list-style-type: none"> • Physical development • Cognitive development • Emotional and social development 	<p>Berk, L. E. (2014). <i>Development through the lifespan (6th. ed.)</i>. Boston, MA: Pearson Education, Inc.</p> <ul style="list-style-type: none"> • Chapter 7: Physical and Cognitive Development in Early Childhood • Chapter 8: Emotional and Social Development in Early Childhood <p>Review the lecture materials posted</p>	<p>Module 4 Quiz Advocacy Assignment: Letter to Congressperson</p>

110.201 Human Growth and Development through the Lifespan

Module	Module Subtopics	Learning Activities & Resources	Learning Assignments/ Assessments
		in the module for this week.	
Module 5: Middle Childhood: Six to Eleven Years	<ul style="list-style-type: none"> • Physical development • Cognitive development • Emotional and social development 	<p>Berk, L. E. (2014). <i>Development through the lifespan (6th. ed.)</i>. Boston, MA: Pearson Education, Inc.</p> <ul style="list-style-type: none"> • Chapter 9: Physical and Cognitive Development in Middle Childhood • Chapter 10: Emotional and Social Development in Middle Childhood <p>Review the lecture materials posted in the module for this week.</p>	<p>Module 5 Discussion Board Module 5 Quiz</p>
Exam 1 February 17 – February 19	None	Review content in Module 1 through Module 5	
Module 6: Adolescence and Transition to Adulthood	<ul style="list-style-type: none"> • Physical development • Cognitive development • Emotional and social development 	<p>Berk, L. E. (2014). <i>Development through the lifespan (6th. ed.)</i>. Boston, MA: Pearson Education, Inc.</p> <ul style="list-style-type: none"> • Chapter 11: Physical and Cognitive Development in Adolescence • Chapter 12: Emotional and Social Development in Adolescence <p>Review the lecture materials posted in the module for this week.</p>	<p>Module 6 Discussion Board Module 6 Quiz</p>
Module 7: Early Adulthood	<ul style="list-style-type: none"> • Physical development 	<p>Berk, L. E. (2014). <i>Development through the lifespan (6th. ed.)</i>.</p>	<p>Module 7 Discussion Board Module 7 Quiz</p>

110.201 Human Growth and Development through the Lifespan

Module	Module Subtopics	Learning Activities & Resources	Learning Assignments/ Assessments
	<ul style="list-style-type: none"> • Cognitive development • Emotional and social development 	<p>Boston, MA: Pearson Education, Inc.</p> <ul style="list-style-type: none"> • Chapter 13: Physical and Cognitive Development in Early Adulthood • Chapter 14: Emotional and Social Development in Early Adulthood <p>Review the lecture materials posted in the module for this week.</p>	
<p>Module 8: Middle Adulthood</p>	<ul style="list-style-type: none"> • Physical development • Cognitive development • Emotional and social development 	<p>Berk, L. E. (2014). <i>Development through the lifespan (6th. ed.)</i>. Boston, MA: Pearson Education, Inc.</p> <ul style="list-style-type: none"> • Chapter 15: Physical and Cognitive Development in Middle Adulthood • Chapter 16: Emotional and Social Development in Middle Adulthood <p>Review the lecture materials posted in the module for this week.</p>	<p>Module 8 Discussion Board Module 8 Quiz</p>
<p>Module 9: Late Adulthood</p>	<ul style="list-style-type: none"> • Physical development • Cognitive development • Emotional and social development 	<p>Berk, L. E. (2014). <i>Development through the lifespan (6th. ed.)</i>. Boston, MA: Pearson Education, Inc.</p> <ul style="list-style-type: none"> • Chapter 17: Physical and Cognitive Development in Late Adulthood 	<p>Human Development Interview Module 9 Discussion Board Module 9 Quiz Advanced Directives</p>

110.201 Human Growth and Development through the Lifespan

Module	Module Subtopics	Learning Activities & Resources	Learning Assignments/ Assessments
		<ul style="list-style-type: none"> • Chapter 18: Emotional and Social Development in Late Adulthood <p>Review the lecture materials posted in the module for this week.</p>	
Module 10: End of Life	<ul style="list-style-type: none"> • Death, dying, and bereavement 	<p>Berk, L. E. (2014). <i>Development through the lifespan (6th. ed.)</i>. Boston, MA: Pearson Education, Inc.</p> <ul style="list-style-type: none"> • Chapter 19: Death, Dying, and Bereavement <p>Review the lecture materials posted in the module for this week.</p>	<p>Module 10 Discussion Board Module 10 Quiz</p>
Exam 2	None	Review content in Module 6 through Module 10	